FOOD FOR THOUGHT

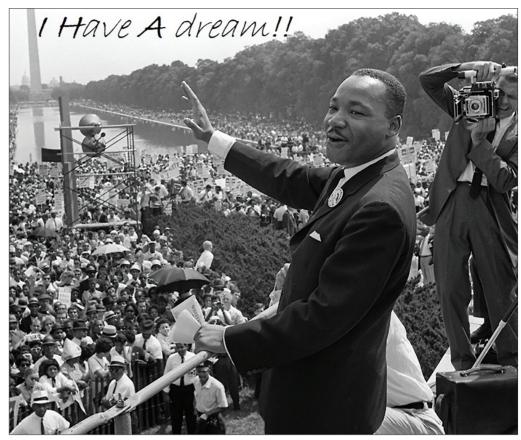


"You don't learn from successes; you don't learn from awards; you don't learn from celebrity; you only learn from wounds and scars and mistakes and failures. And that's the truth." — Jane Fonda

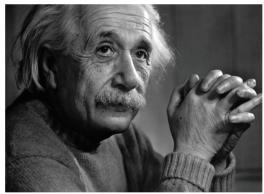


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"Too many people are buying things they can't afford, with money that they don't have, to impress people that they don't like!" — Will Smith



"In the End, we will remember not the words of our enemies, but the silence of our friends." — Martin Luther King Jr.



"If today were the last day of your life, would you want to do what you are about to do today?" — Steve Jobs

"The difference between stupidity and genius is that genius has its limits." — Albert Einstein



"You never know how strong you are until being strong is the only choice you have." — Bob Marley



"Advice is what we ask for when we already know the answer, but wish we didn't." — Erica Jong