



Part IA

	Friday	
8:00	REGISTRATION	
8:30 -10:00	History of Fascial Manipulation© theory	Theory
9:00 - 9:45	Basic Principles of Fascial Manipulation ©: fascial layers and continuity, histology, innervation	Theory
9:45 -11:00	Basic Principles of Fascial Manipulation (cont) Glossary of terms used in Fascial Manipulation©.	Theory Theory
11.00-11.15	break	
11:15 - 1:00	Sequence of antemotion: head and trunk Presentation, demonstration of centers of coordination, movement tests, position of treatment,	Theory/Demonstration
1:00 - 2:00	Lunch (on own)	
2:00 - 4:15	Sequence of antemotion : lower limb	Theory/Demo /Practical
4:15- 4:30	break	
4:30 - 6:30	Sequence of antemotion: upper limb	Theory/Demo Practical
	Saturday	
8:30 - 9:30	Anatomy of the myofascial unit and mf sequences.	Theory
9:30 -11:00	Sequence of retromotion: head and trunk	Theory/Demo/Practical
11:00-11:15	break	
11:00 - 1:00	Sequence of retromotion: lower limb	Theory/Demo/Practical
1:00 - 2:00	Lunch (on own)	
2:00 - 3:00	Sequence of retromotion: upper limb	Theory/Demo/Practical
3:00 - 4:00	The Assessment Chart for Fascial Manipulation (from anamnesis to hypothesis – significant questions, abbreviations; from hypothesis to treatment – procedure, verification)	Theory/Demonstration
4:00-4:15	break	
4:00 - 6:30	Treatment of a patient by instructor – anamnesis, hypothesis, movement tests and palpation verification, treatment, reassessment. Questions	Theory
	Sunday	
8:00 -11:00	Sequence of lateromotion: head and trunk	Theory/Demo/Practical
11:00 - 1:00	Sequences of lateromotion: lower limb	Theory/Demo/Practical
1:00 - 2:00	Lunch (on own)	
2:00 - 2:45	Sequences of lateromotion: upper limb	Theory/Demo/Practical
2:45 - 4:00	Treatment of a patient by instructor – anamnesis, hypothesis, movement tests and palpation verification, treatment, reassessment. Questions	Demo/Practical
Total : 24 hrs		



Fascial Manipulation[©] WORKSHOPS

Part IB

	Friday	
8:00	Registration	
8:30 - 9:15	Manipulation of the Fascia - Treatment	Theory
9:15 - 10:30	Sequence of mediomotion: head and trunk	Theory/Demo/Practical
10:30-10:45	break	
10:30 - 12:00	Sequences of mediomotion: lower limb	Theory/Practical
12:00 - 1:00	Sequence of mediomotion: upper limb	Theory/Demo/ Practical
1:00 - 2:00	Lunch (on own)	
2:00 - 3:30	Sequences of extrarotation: head and trunk	Theory /Demo Practical
3:30-3:45	break	
3:30 - 5:15	Sequence of extrarotation : lower limb	Theory/Demo /Practice
5:15 - 6:30	Sequences of extrarotation: upper limb	Theory /Demo
	Saturday	
8:30 - 9:15	Sequence of Intrarotation: head and trunk	Theory /Demo/Practical
9:15 - 10:45	Sequence of intrarotation: lower limb	Theory/Demo/Practical
10:45 - 11:00	Break	
11:00 - 1:00	Sequence of intrarotation: upper limb	Theory /Demo/Practical
1:00 - 2:00	Lunch (on own)	
2:00 - 4:00	Compilation of assessment chart by students hypothesis, movement tests, palpatory verification, and treatment	Group hands-on work
4:00-4:15	break	
4:00 - 6:30	Assessment Chart for Fascial Manipulation	Group hands- on work
	Sunday	
8:00 - 9:30	Presentation and discussion of cases by students	Discussion
9:30- 10:30	Fascial Manipulation - treatment strategies, progression of treatment, patient advice	Theory
10:30 - 1:00	Treatment of a patient by instructor – anamnesis, hypothesis, movement tests and palpation verification, treatment, reassessment.	Practical
1:00 - 2:00	Lunch (on own)	
2:00 - 4:00	Guided case studies based on Assessment charts	Practical
Total : 24 hrs		