

QUIETING THE SOUL: 2019

Directed Retreat at Chiangmai

Spend eight or five days of quiet prayer and solitude with God in a sanctuary of peace in Chiangmai, Thailand. A Spiritual Director will accompany you as you journey into your own heart and into the heart of God. This quality time with God will be spent in “listening” to God’s voice – through His words, movements in your heart, the wonders of nature and in the silence. The retreat hopefully would help you be in touch with that One Love we all desire – God!

❖ **Eight day Retreat: Nov.29 to Dec 08- 2019**

S\$700.00 per person

Includes:

- *Nine nights single-room accommodation at Seven Fountains Retreat Center (eight full days for retreat and one day free and easy)*
- *Breakfast, lunch, dinner and snacks at the Center*
- *Spiritual direction*

❖ **Five-day Retreat: Dec. 2 to Dec 08 -2019**

S\$600.00 per person

Includes:

- *Six nights single-room accommodation at Seven Fountains Retreat Center (five full days for retreat and one day for free and easy)*
- *Breakfast, lunch, dinner and snacks at the Center*
- *Spiritual direction*

**Spiritual Directors: Cenacle Sisters and team and
Jesuit Fathers from Seven Fountains**

Not included:

- *Airfare and taxes*
- *Transportation to airport and v.v. in Singapore and Chang Mai*
- *Gratuities (tips to porters, service staff, etc.)*

Note: see next page

- *A 50% non-refundable deposit must be given upon confirmation of retreat and balance on orientation day 02 November 2019. Cheques are to be made payable to "CENACLE MISSION (SINGAPORE) LTD."*
- *Orientation Day: Saturday 02 November 2019 at 2.00 pm to 5.00 pm at Cenacle*
- *Limited places available, please register early.*
- *DO NOT book flights **before** you get acceptance of your registration. We will notify you as soon as we receive your registration form.*
- *Closing date: 31 August 2019 or when no more space.*
- *For an extension of stay outside the retreat days: Seven Fountains only give extension for one day, subject to room availability. The cost will vary accordingly.*
- *Should you wish to stay for more than one day, Seven Fountains can assist in finding you accommodation in Chang Mai.*

CENACLE MISSION

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 Email: cenaclesingapore@gmail.com

QUIETING THE SOUL: 2019- Nov/Dec

Directed Retreat at Chiangmai

PERSONAL INFORMATION:

Name: _____ Age : _____ Civil Status: _____

Address: _____ Postal Code: _____

Tel. Nos. (Res.) _____ (Office) _____ (HP) _____

E-mail address: _____ Occupation: _____

Religion: _____ Parish: _____

Which retreat do you want to take? ☐ 8-day retreat ☐ 5-day retreat

Is this your first time to make an individually-directed silent retreat? ☐ Yes ☐ No

What made you sign-up in this retreat? _____

What do you hope for in this retreat? _____

Briefly describe your prayer life: _____

AGREEMENT TO TERMS AND CONDITIONS:

I, _____, hereby agree to the terms and conditions of the retreat program *Quieting the Soul* and all that it entails, as stated in page 1 of this document.

Full Name in Print: _____

Signature:

Date :

Please email back this form to: cenaclesingapore@gmail.com

or Fax (65)65652875

or mail to Cenacle Mission, 47 Jurong West Street 42, Singapore 649368