




September 2017

McMinn Senior Activity Center *"Encouraging Seniors to Age Successfully."*

Monday-Friday 8am-4pm

www.mcminnsenior.com

205 McMinn Ave. | Athens, TN 37303

423-745-6830 |  Find us on Facebook

Weekly Events: Maneuvers & Billiards: Daily | Canasta: Wed 12pm | Fiber Arts-Weaving, Crocheting, Knitting, Etc.: Tues 1pm | Rook: Tues 12pm | Pinochle: Thurs 12pm | Duplicate Bridge: Thurs 1pm | Shuffleboard, horseshoes & pool tournaments begin at 9:30 am; you must be signed up by 9:15am to qualify to play.

Monday	Tuesday	Wednesday	Thursday	Friday
4 Closed for Holiday 7:00 Band/Dance	5 9:00 BP/Life Care 9:00 Quilting 9:00 Creekside Chair Massage 10:00 Choir 11:20 Lunch w/Friends	6 8:30-9:30 Blood Sugar Check/ Starr Regional 10:00 Sign Language 10:00 Bingo/Athens Place 11:20 Lunch w/Friends 1:00 Bowling 2:00 Yoga 4:00 Pickleball (AMS)	7 11:20 Lunch w/Friends 12:00 United Way Luncheon 3:00 Chess Club	8 8:00-2:00 Senior Expo No Dance/Jam Session 11:20 Lunch w/Friends 6:30 Board Games 7:00-9:00 Friday Night Dance
11 10:00 Bingo/Avalon 10:00 Sign Language 11:20 Lunch w/Friends 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	12 9:00 BP/Guardian 9:00 Quilting 10:00 Choir 11:20 Lunch w/Friends 4:00 Diabetic Support Group	13 10:00 Sign Language 10:00 Bingo/Eagle Home Care 11:20 Lunch w/Friends-NHC 1:00 Bowling 2:00 Yoga 4:00 Pickleball (AMS)	14 11:20 Lunch w/Friends 12:00 Wii Bowling 12:00 Sr. Olympic Meeting 3:00 Chess Club	15 9:00 Essential Oils Class 9:30 Dance/Jam Session 11:20 Lunch w/Friends 6:30 Board Games 7:00-9:00 Friday Night Dance
18 10:00 Bingo/Beltone 10:00 Sign Language 11:20 Lunch w/Friends 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	19 9:00 BP/NHC Homecare 9:00 Quilting 9:00 Creekside Chair Massage 10:00 Choir 11:20 Lunch w/Friends	20 10:00 Sign Language 10:00 Bingo/Etowah Health Care 11:20 Lunch w/Friends-ARMC 1:00 Bowling 2:00 Yoga 4:00 Pickleball (AMS)	21 10:00-2:00 St. Mary's Clinic 11:20 Lunch w/Friends 12:00 Wii Bowling 3:00 Chess Club	22 9:30 Senior Olympic Opening Ceremony 11:20 Lunch w/Friends-Intrepid 6:30 Board Games 7:00-9:00 Friday Night Dance/Food

Dates and time for events are accurate at the time of printing but are subject to change. If there any problems with the Calendar please see Tina. 9.6.17

Monday	Tues	Wednesday	Thursday	Friday
25 9:30 Bingo @ Shoney's by Caris Cares 10:00 Sign Language 11:20 Lunch w/Friends 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	26 9:00 BP/Starr Regional 9:00 Quilting 10:00 Choir 11:20 Lunch w/Friends	27 10:00 Sign Language 10:00 Bingo/Family Home Care 11:20 Lunch w/Friends 1:00 Bowling 2:00 Yoga 4:00 Pickleball (AMS)	28 9:30 Pool Tournament 9:30-10:30 Bowen Massage 11:20 Lunch w/Friends 12:00 Wii Bowling 3:00 Chess Club	29 9:30 Dance/Jam Session 11:20 Lunch w/Friends-Bob Elliott 6:30 Board Games 7:00-9:00 Friday Night Dance



Riddle of the Month.....

What is the most curious letter?

Be the first to get the correct answer and win a \$5 Gift Card to the Corner Gift Shop. Check your guess at the Front Office.



Lunch with Friends

Join us each day for a hot, delicious and nutritious meal. Please sign up on the Wednesday the week prior that you plan to eat so that Melody can be sure she has purchased enough food. The Menu is subject to change. Would you like to help with the lunch program-either in the kitchen or as a sponsor? See Melody in the Front Office today!

4th Annual BINGO & BBQ McMinn Senior Activity Center Friday, October 13, 2017

Doors open at 5pm & Bingo follows. This is a family friendly event and will be a great opportunity to get a great meal* and win some great prizes.

Ticket in advance \$10 & \$12 at the door.

*Dinner includes bbq, baked beans, slaw, dessert & a drink.

Join us for the 19th Annual CHRISTMAS BAZAAR & CRAFT SHOW

November 17 & 18, 2017

Shop a wide selection of holiday gifts from local artists in all price ranges from stocking stuffers to that one of a kind gift.



NEW! Join us for the Jingle Mingle Preview Party on Friday, November, 17th from 6pm-8pm for early access to all your favorite vendors as well as for hor d'oeuvre's & holiday music. Tickets are \$15.

Friday, November 17th 6pm-8pm | Jingle Mingle | \$15

Saturday, November 18th 9am-3pm | Free Admission

We are also accepting applications for vendors for the Show.

See Diane for an application or go online www.mcminneniors.com