

Shriver Management Group, Inc
Long-Term Care Facility Reopening Plan
March 26, 2021

Governor Kemp's Executive Order, Empowering A Healthy Georgia, dated 03/12/2021 requires residents of Georgia who meet the criteria for higher risk of severe illness as defined by the Centers for Disease Control and Prevention to continue to Shelter in Place within their residences. Specifically listed in this criteria are those persons who live in a Long-Term Care Facility. For such persons, the Governor's Order only allows for those activities and visitors which are recommended in the Georgia Department of Public Health's Long-Term Care Facilities Reopening Guidance Administrative Order dated 03/15/2021.

The Georgia Department of Public Health's Administrative Order provides guidance to Long-Term Care Facilities on how to ease operational restrictions that have been put in place to mitigate the entry and spread of COVID-19. The overall goal is to balance efforts to protect the most vulnerable from the virus with maintaining their quality of life and dignity. In order to accomplish this, the Administrative Order outlines recommended infection prevention, control, and mitigation steps for Long-Term Care Facilities to incorporate into their COVID-19 policies and procedures.

In accordance with Governor Kemp's Executive Order and the State of Georgia Department of Public Health's Long-Term Care Facilities Reopening Guidance Administrative Order, the following is hereby adopted for all Long-Term Care Facilities operated by Shriver Management Group, Inc.

M. Shane Shriver

M. Shane Shriver, President

03/26/2021

Date

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Pandemic Phase

In order to reduce the risk of introduction and spread of COVID-19, consideration must be given to the current COVID case status in the local community as well as in the facility and overall resident vaccination percentages. Therefore, certain policies and procedures may vary depending upon whether the facility is in Phase I or II of the Pandemic as defined by the Administrative Order. Any change in Phase for a facility will be communicated in a timely manner to residents and their representatives as well as to staff.

1. Phase Identification

Phase I: Vigilant infection control during periods of heightened virus spread in the community and low resident vaccination rates.

14-day COVID-19 County Positivity Rate* = RED <u>AND</u> < 70% of Residents Vaccinated <u>OR</u> New Resident or Staff COVID-19 Positive Case in Last 14 Days

Phase II: Eases some of the restrictions of Phase I related to activities and visitation. Baseline testing has been completed for Autumn Terrace, Heritage House, and Twelve Oaks Senior Living. The resident vaccination status is currently greater than 90% at each facility and no new resident or staff COVID-19 cases have been reported in the last 14 days. Both Houston and Laurens County's 14-day COVID-19 Positivity Rates are currently YELLOW. Therefore, all facilities are currently Phase II.

One-time Baseline Testing of Residents/Staff Conducted <u>AND</u> > 70% of Residents Vaccinated <u>AND</u> No New Resident or Staff COVID-19 Cases in Last 14 Days <u>OR</u> 14-day COVID-19 County Positivity Rate* = GREEN/YELLOW

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2. Phase Regression

Each facility will monitor for the presence of COVID-19 through resident screenings, staff screenings, and testing, when necessary. If any staff member or resident is confirmed positive for COVID-19, the facility will return to Phase I. Once 14 days have passed with no additional residents or staff testing positive for COVID-19, the facility will return to Phase II. The facility will also be required to regress to Phase I whenever the resident vaccination status is less than 70% and the county 14-day COVID-19 Positivity Rate equals RED.

*14-day COVID-19 County Positivity Rate: <https://dph.georgia.gov/covid-19-long-term-care-facilities>

COVID-19 Monitoring

In order to determine the current COVID case status in the facility, the following testing and screening will be utilized for staff and residents.

1. Baseline Testing: One time baseline testing for staff and residents has been completed for Autumn Terrace, Heritage House, and Twelve Oaks Senior Living.

2. Screening of Residents and Staff:

- Residents will be screened for signs and symptoms of COVID-19 once per shift. Staff members will document each completed screening, as instructed by the facility Administrator. If any resident is experiencing symptoms of COVID-19 or a fever of 100.4 and above, the Administrator will be notified immediately.
- Staff screening and documentation will be completed upon entry of the facility at the beginning of each shift. Any staff member experiencing symptoms of COVID-19 or a fever of 100.4 or above, will notify the Administrator and leave the facility immediately.

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3. Additional Testing: Ongoing testing will be conducted in the following cases. Any staff member who refuses testing will be treated as having a positive or unknown COVID-19 status.

- Any resident or staff with symptoms.
- Any staff member who has had close contact with a COVID-19 positive individual where the exposure is considered high risk as defined by the CDC. Exposed staff will be excluded from work for 10 days following exposure.
- Any new staff as a condition of employment.

4. Test Result Reporting:

- Resident and staff cases will be reported the District Health Department and to the State COVID Long Term Care Facility Database at <http://168.62.42.231/dchcovid19/Reports.aspx>
- Residents and their representatives will be notified by 5:00pm the next calendar day following the occurrence of either a single confirmed infection of COVID-19 or three or more residents or staff exhibit new respiratory symptoms within 72 hours of each other.

Infection Prevention & Control

Infection prevention and control for COVID-19 requires a continued focus on universal source control as well as careful management of COVID-19 positive, exposed, and symptomatic residents and staff members.

1. Universal Source Control/Use of PPE

- All visitors entering the facility will wear a facemask at all times, maintain social distancing, and perform hand washing or sanitizing upon entry to and frequently during their visit. Visitors who violate these requirements will be asked to leave the facility.
- All facility staff members and essential healthcare personnel will wear a facemask as well as perform frequent hand washing or sanitizing.

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- Residents will wear a facemask when interacting with visitors and staff members if able to tolerate and wear it safely and perform hand washing or sanitizing frequently. Fully vaccinated residents may engage in close contact with their visitors while wearing a facemask with proper hand hygiene before and after the visit.
- All facility staff members and essential healthcare personnel who enter the room of a resident with suspected or confirmed COVID-19 will wear a facemask, gown, gloves, and eye protection. Facility staff will clean all high-touch surfaces in the resident's room everyday.

2. Positive, Exposed & Symptomatic Residents

- Unless hospitalization is determined necessary by their physician, residents with COVID-19 will isolate in a single-person room with the door closed and with access to a dedicated bathroom. Isolation will last for 10 days from symptom onset as long as there has been at least 3 days without a fever and the other symptoms of COVID-19 are improving. If illness from COVID-19 is severe then the facility will follow the healthcare provider's recommendations for isolation.
- Residents who have been exposed to someone with COVID-19 will quarantine in their rooms for 14 days and will be monitored for fever or symptoms consistent with COVID-19. Should a fever or COVID-19 symptoms develop, the resident will be tested. The CDC defines exposure as being within 6 feet for more than 15 minutes of a person that is COVID-19 positive, having direct physical contact or being sneezed or coughed on by that person.
- Residents who develop a fever or symptoms consistent with COVID-19 will quarantine in their rooms while ill and be tested.
- Facility staff will monitor positive, exposed and symptomatic residents for COVID-19 symptoms and follow care instructions from their healthcare provider and local health department. If a resident is showing any of the emergency warning signs such as trouble breathing, persistent chest pain, new confusion, inability to stay awake, or bluish lips or face, facility staff will seek emergency medical care immediately.

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3. Admissions & Readmissions

- New residents and current residents who are returning from a stay in another facility who are fully vaccinated and have not had prolonged close contact with a COVID-19 positive person in the past 14 days will not be required to quarantine.
- New residents and current residents who are returning from a stay in another facility who have fully recovered from COVID-19 and completed transmission based precautions and is within 3 months of COVID-19 onset and are asymptomatic will not be required to quarantine.
- New residents and current residents who are returning from a stay in another facility who are not fully vaccinated will quarantine in their rooms for 14 days and will be monitored for fever or symptoms consistent with COVID-19. Should a fever or COVID-19 symptoms develop, the resident will be tested.

4. Positive, Exposed & Symptomatic Staff

- Facility staff who test positive for COVID-19 will be excluded from work for 10 days from symptom onset with at least 3 days without fever. For those staff who are asymptomatic, the 10 days will be counted from the test date.
- Facility staff who have been exposed to someone with COVID-19 will be excluded from work for 10 days and will self monitor for 14 days for fever or symptoms consistent with COVID-19. Should a fever or COVID-19 symptoms develop, the staff person will arrange for testing. The CDC defines exposure as being within 6 feet for more than 15 minutes while not wearing a facemask or not wearing eye protection if the COVID-19 positive person was not wearing a facemask. Exposure also includes not wearing a gown, gloves, face shield, and facemask while performing an aerosol-generating procedure for a COVID-19 positive person.
- Facility staff who develop a fever or symptoms consistent with COVID-19 will be excluded from work while ill and arrange for testing.

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Resident Activities & Visitations

1. Resident Trips Outside Facility:

Non-medically necessary trips outside the facility are allowed for COVID-19 negative residents. Residents with multiple comorbidities and immunodeficiencies are not recommended to participate in non-medically necessary resident trips. For trips away from the facility, the following precautions must be taken:

- Non-medically necessary trips must be approved in advance by the Administrator and will be limited to 2 hours and 1 trip per week.
- The facility will share the resident's COVID-19 status with the transport person and doctor's office.
- Residents must wear a facemask at all times and use hand sanitizer upon entry and exit of the facility.
- Transport persons must wear a facemask at all times and use hand sanitizer upon entry and exit of the facility.
- Transportation equipment must be sanitized between transports.
- If the facility is required to regress to Phase I, non-medically necessary trips will be paused until it returns to Phase II status.

2. Communal Dining:

Communal dining is limited to residents who are not exhibiting any signs or symptoms of COVID-19. The following precautions must be taken when engaging in communal dining:

- Residents must be social distanced, with a limited number of people at each table and spaced by at least 6 feet.
- The number of individuals in the dining area at one time must not exceed the greater of 50% of capacity or 10 people.
- Any staff assisting with meal time must practice appropriate hand hygiene and use appropriate PPE.
- All tables, chairs, and other dining areas must be cleaned and disinfected after each use.

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- If the facility is required to regress to Phase I, communal dining will be paused until it returns to Phase II status.

3. Group Activities:

- Small group activities of no more than 10 people may occur with social distancing, hand hygiene, and use of a facemask.
- Any activities that encourage multiple residents to handle the same object are prohibited.
- Communal high touch surfaces will be disinfected after residents or staff vacate an area.
- If the facility is required to regress to Phase I, group activities will be paused until it returns to Phase II status.

4. Non-essential Healthcare Personnel:

Entry of non-essential healthcare personnel/contractors is allowed with screening and additional precautions, including social distancing, hand hygiene, and facemasks.

5. Visitation

a. Window and Outdoor Visits*

- Window/outdoor visits must be approved by Administrator **prior to arrival** and will be limited to 1 hour.
- Staff must wear a facemask when transporting residents to outdoor visitations and perform hand hygiene before and after resident contact.
- Residents and resident's family members must wear a facemask at all times during window/outdoor visits, practice social distancing at all times, and practice hand hygiene with hand sanitizer or soap and water before and after any visits.
- Staff must disinfect any wheelchair or walker used by residents prior to and after any visits.

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b. Limited Indoor Visits*:

- Visitation must be approved by Administrator **prior to arrival** and will be limited to 1 hour. It is requested that families contact the facility Administrator at least 24 hours prior to visitation in order to give staff enough time to prepare accordingly. Indoor visitation hours are daily from **10:00 am-4:00 pm**.
- Only **four visitors** will be allowed in the facility at one time.
- Upon arrival, all visitors will be screened and have their temperature taken. Any visitor who is currently positive for COVID, has a temperature of 100.4 or higher, has any COVID-19 symptoms, or has been exposed to someone with COVID-19 in the past 14 days will be asked to leave the facility.
- Visitors will document in a visitor log their name, contact information, and visit location for contact tracing purposes.
- All visitors must wear facemasks at all times during the visitation and use hand sanitizer upon entry to the facility. If visitors remove their masks at any point during the visitation, they will be asked to leave the facility.
- Visitors will be escorted directly to and from the resident's room by facility staff. Visitors are not permitted to go anywhere else in the facility.
- Residents must wear a facemask at all times during indoor visits, practice social distancing, and practice hand hygiene with hand sanitizer or soap and water before and after any visits.
- The door to the resident's room must stay open throughout the entire visitation.
- Visitation will be timed and monitored by facility staff.
- If the facility is required to regress to Phase I, indoor visitation will be paused until it returns to Phase II status.

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c. Compassionate Care Visits*:

Compassionate care situations include not only end of life but struggling to adapt to a new home, recent grief from loss, experiencing weight loss and dehydration, and signs of emotional distress. All residents will be assessed ongoing for need for compassionate care visits. Whether or not a resident is considered to be in a compassionate care situation is left to the discretion of the facility Administrator.

- Upon arrival, all visitors will be screened and have their temperature taken. Any visitor who is currently positive for COVID, has a temperature of 100.4 or higher, has any COVID-19 symptoms, or has been exposed to someone with COVID-19 in the past 14 days will be asked to leave the facility.
- Visitors must wear a facemask and conduct hand hygiene frequently during visit; at a minimum upon entrance to the facility, exit from the resident's room, and exit from the facility.
- Residents must wear a facemask if able, practice social distancing, and practice hand hygiene with hand sanitizer or soap and water before and after any visits.
- Staff will escort visitors to and from the resident's room. They will not be permitted to go anywhere else in the facility.
- The door to the resident's room must stay open throughout the entire visitation.
- Staff will continuously monitor for social distancing and wearing of PPE during visit.

***If any guidelines for visitation are violated, visitors will be asked to leave the facility and may not be permitted to participate in any future visitations.**