

AUGUST 2022

Preston Hollow UMC Child Development Center

Monday

Breakfast Snack: Cereal **1**
Lunch: Bean & cheese burritos, guacamole, pineapple
Afternoon Snack: Nilla Wafers

Breakfast Snack: Cereal **8**
Lunch: Bean & cheese tacos, garden salad, pineapple
Afternoon Snack: Nilla Wafers

Breakfast Snack: Cereal **15**
Lunch: Bean & cheese nachos, guacamole, pineapple
Afternoon Snack: Nilla Wafers

Breakfast Snack: Cereal **22**
Lunch: Bean & cheese quesadilla, spinach salad, pineapple
Afternoon Snack: Nilla Wafers

Breakfast Snack: Cereal **29**
Lunch: 3 Bean soup w/crackers, string cheese, pineapple
Afternoon Snack: Nilla Wafers

Tuesday

Breakfast Snack: Greek yogurt **2**
Lunch: No nut butter & jelly sandwich, salad, oranges
Afternoon Snack: Cheez Its

Breakfast Snack: Greek yogurt **9**
Lunch: No nut butter & honey sandwich, salad, oranges
Afternoon Snack: Cheez Its

Breakfast Snack: Greek yogurt **16**
Lunch: No nut butter & orange marmalade sandwich, salad, oranges
Afternoon Snack: Cheez Its

Breakfast Snack: Greek yogurt **23**
Lunch: No nut butter on raisin toast, salad, oranges
Afternoon Snack: Cheez Its

Breakfast Snack: Greek yogurt **30**
Lunch: No nut butter & jelly on Crescent roll, salad, oranges
Afternoon Snack: Cheez Its

Wednesday

Breakfast Snack: BelVita bars **3**
Lunch: Turkey & veggie pita, baked chips, fruit cocktail
Afternoon Snack: Fruit Chews

Breakfast Snack: BelVita bars **10**
Lunch: Turkey & cheese pita, baked chips, fruit cocktail
Afternoon Snack: Fruit Chews

Breakfast Snack: BelVita bars **17**
Lunch: Turkey BLT, baked chips, fruit cocktail
Afternoon Snack: Fruit Chews

Breakfast Snack: BelVita bars **24**
Lunch: Turkey salad w/roll, baked chips, fruit cocktail
Afternoon Snack: Fruit Chews

Breakfast Snack: BelVita bars **31**
Lunch: Turkey on Hawaiian roll, baked chips, fruit cocktail
Afternoon Snack: Fruit Chews

Thursday

Breakfast Snack: Biscuit w/jelly **4**
Lunch: Cheese pizza w/garden salad, peaches
Afternoon Snack: Fig Newton bar

Breakfast Snack: Biscuit w/jelly **11**
Lunch: Cheese pizza w/garden salad, peaches
Afternoon Snack: Fig Newton bar

Breakfast Snack: Biscuit w/jelly **18**
Lunch: Cheese pizza w/garden salad, peaches
Afternoon Snack: Fig Newton bar

Breakfast Snack: Biscuit w/jelly **25**
Lunch: Cheese pizza w/garden salad, peaches
Afternoon Snack: Fig Newton bar

Friday

Breakfast Snack: Nutri Grain bar **5**
Lunch: Fish sticks w/coleslaw, applesauce
Afternoon Snack: Ice Cream Sundae

Breakfast Snack: Nutri Grain bar **12**
Lunch: Fish sticks w/broccoli slaw, applesauce
Afternoon Snack: Ice cream bars

Breakfast Snack: Nutri Grain bar **19**
Lunch: Fish sticks w/veggie chips, applesauce
Afternoon Snack: "Snow" Cone

Breakfast Snack: Nutri Grain bar **26**
Lunch: Fish tacos w/coleslaw, mild salsa, applesauce
Afternoon Snack: Yogurt bars