

# AUGUST 2021

## NEWSLETTER



...serving the child, one serves life; in helping nature one rises to the next stage, that of super-nature, for to go upward is a law of life. And it is the children who have made this beautiful staircase that mounts ever higher.

-Maria Montessori,  
*The Absorbent Mind*

### [ UPCOMING EVENTS ]

- Aug. 6: School closed for Teacher in-service
- Aug. 11: First day of Fall Semester
- Aug. 14, 15: Weekend Chinese school starts
- Aug 14: Online Spanish class starts
- Sept. 6: Labor Day (school closed)
- Oct. 25: Parent-teacher conference (school closed)

## AUGUST: COMMUNITY HELPERS

MON	TUES	WED	THURS	FRI
2 FIRE DEPT VISIT	3 POLICE OFFICER	4 FIREFIGHTER	5 COMMUNITY HELPER CRAFT	6 <b>NO SCHOOL (TEACHER IN SERVICE DAY)</b>
9 SCIENTIST	10 LIBRARIAN	11 FIRST DAY OF FALL SEMESTER - TEACHER	12 BRING A BOOK ABOUT TEACHERS OR LIBRARIES	13 COMMUNITY HELPER CRAFT
16 POSTMAN	17 CHEF	18 BAKER	19 BRING A BOOK ABOUT POSTAL WORKERS OR CHEF	20 COMMUNITY HELPER CRAFT
23 DOCTOR/NURSE	24 VET	25 DENTIST	26 BRING A BOOK ABOUT MEDICAL STAFF	27 COMMUNITY HELPER CRAFT / FREE DRESS DAY
30 CONSTRUCTION WORKER	31 CROSSING GUARD			

## Extracurricular Classes

Extracurricular classes will begin the week of 8/16. Contact the office to enroll.

- Chess
- Art drawing
- Dance
- Private piano lessons



## Back to School

Now that summer is over, we will be enforcing uniforms starting 8/11.

Have your child wear their navy polo shirt with khakis Mondays– Thursdays and the light blue school t-shirt with jeans or khakis on Fridays.

If you need to purchase more polo shirts are \$18, t-shirts are \$12.



## SCHOOL CALENDAR

**2021—2022 school year**

The school calendar has been posted online. Please check for planned school closures and upcoming events.

[Allen Calendar](#)

## Packing Healthy Lunches from Home

When packing lunches at home, teach your child the importance of eating a variety of foods from each of the five major food groups. Since most children consume one-third of their daily calories at their midday meal, a nutritious lunch would typically include:

- One serving of fruit
- One serving of vegetable
- Two servings of grains (bread, cereals, rice, pasta)
- One serving from the meat group
- One serving from the dairy group

Read more from [Harvard Health Publishing](#).

## Referrals

One of the best compliments is referring new families to the school.

Refer a new full-time family and earn \$100 tuition credit, or a new part-time family and earn \$50 tuition credit.

Credit is applied after the new family has attended for 30 days.