## Serious Mental Illness and Employment

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## **Four Points**

- People with serious mental illness want to work
- Supported employment increases competitive employment by three-fold, to 60-70%
- Employment enhances self-esteem, quality of life, management of illness, and decreasing involvement in the mental health system
- Barriers: lack of health insurance and lack of supported employment





"The most lucid and hopeful memoir of living with schizophrenia I have ever read." -Oliver Sacks

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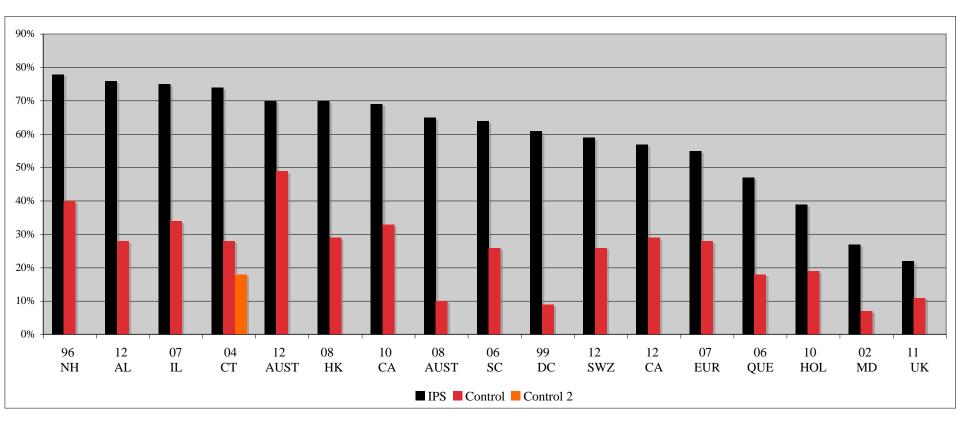


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#### ELYN R. SAKS

### **Competitive Employment Rates in 17 Randomized Controlled Trials of Individual Placement and Support**



# **Non-Employment Outcomes**

- Self-esteem
- Quality of life
- Symptom Control
- Decreased mental health service use
- No changes with sustained sheltered employment

(Bond et al., 2001)

### **Barriers to Employment**

- Fears of losing insurance and benefits
  - -Medicaid has been linked to SSI
  - -ACA may change
- Lack of vocational services
  - -1% Medicaid beneficiaries get supported employment
  - -Misalignment between CMS, VR, and evidence base