

## College Community Services Wellness Center Central Advisory Board MEETING MINUTES

Friday, July 17, 2020 - 11:00am to 12:30pm

# Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866 REMOTE MEETING, Conducted on WebEX Meeting Number: 928 330 861

Attendees: Kimberly J., Deanna L., Justine P., Robin G., Paulina S.

Visitor: Rob L. (WCS), Mary F. (WCS), Vivian D.(WCS)

Guest: Sohail E., Julia A.-K., Alycia W., Lana T., Ambar G.(Job Coach), Chrissy S. (OCHCA

Central Services),

#### I. Call to Order – 11:05 am

a) Welcome and Introductions

- i. Welcomed visitors and guests from Wellness Center South (Sohail E.)
- b) Approval of Agenda The agenda was emailed to the MAB members, so they could read and approve. (Sohail E.)
  - i. Agenda was approved by Kimberly J., seconded by Deanna L.
- c) Approval of Minutes Minutes were approved by Kimberly J., seconded by Robin G.

#### II. Reports

- a) Program Director Report-Sohail E.
  - i. Sohail read the Program Director's Report.
- b) President's Report- Johnny Case, not in attendance. No report given.
- c) Vice President-Deanna L., called upon to give report
  - Sohail is still ordering masks, hand sanitizer, and face shields to get the center ready for re-opening.

#### III. Unfinished Business

- a) Reading a portion of the MAB bylaws
  - i. Read MAB Mission Statement (Aly W.)
- b) Wellness Center Central MAB Roster
  - i. At the end of the meeting please call Sohail to get him your updates information to add to the roster. His phone number is 714-640-7832 (Sohail E.)
- c) WCC Peer Specialist Open Position
  - i. This position was filled by Daneeka W. a previous staff at WCS.

#### IV. New Business

- a) New Proposal for WCC Social Agreement
  - i. In the process of adding information to the social agreement about Covid-19, will present information to MAB once it is finalized (Sohail E.).
- b) WCC Annual Events

i. We are collaborating with the other Wellness Centers. We don't want to have events that are on the same dates/time. Some of the events are being combined with the other centers for further collaboration. We will share more information once it is finalized. (Sohail E.)

#### c) WCC Contractual Goals

i. Contractual Goals for FY 19/20 are complete. Despite not working at office for the last 4 months, we were still able to meet or exceed many of our goals for our stakeholders and to OCHCA. One notable thing about the contractual goals is that we were able to see 9 members gain employment during the pandemic and being remote. (Sohail E.)

#### d) MAB Subcommittee Report

i. Tabled to next meeting due to Debbie A. not being present

#### e) Art Calendar

- Staff and members are asking about the art calendar. WCC typically hosts the art fair and collects poetry and art from members of all of the Wellness Centers.
   Working with staff about how we can collect art, will let everyone know who they have to contact to submit their art submission to. There will be a 2021 art calendar. (Sohail E.)
- ii. How will art be collected? (Deanna L.)
- iii. Can take a picture of it and email or text it (Sohail)
- iv. Suggestion-A curb side service where people can drive up and drop off art at the wellness centers to submit. (Vivian D.)

#### f) Virtual Garden

- i. Members have mentioned that they would like a virtual gardening class. (Sohail E.)
- ii. We are looking into having staff who help in the gardening record themselves to be able to present during a group or showing videos on how to garden at your own homes. (Aly W.)

#### V. Announcements (MAB Members)

- a) What are the guidelines for the members who come to the group with their video cameras on? (Deanna L.)
  - i. We have guidelines and want members to be sure they are aware of their surroundings, with no other people visible so everything can be confidential. We also want to make sure people are wearing the appropriate clothing. If someone is not appropriate, they will be asked to leave the group if they are not going to comply. (Sohail E.)
- b) What is the timeline when we can return to the wellness center? (Deanna L.)
  - i. There is no timeline at this point, we will eventually go back, but right now there is no timeline. (Sohail E.)
  - ii. As of right now, there is no timeline from the county. Currently centers are submitting plans to return which will need to be approved by the county and admin prior to return to the centers. (Chrissy S.)

iii. When we get the green light from Pathways, County and all the officials, will communicate with members via telephone, website, and mailers. (Sohail E.)

## VI. Open Forum (Visitors)

- a) When will the MAB meetings resume for WCS? (Rob L.)
  - i. Working on getting a date to get the South MAB meeting up and running ASAP. Will be reaching out next week to get the date on the calendar. (Lana T.)

### VII. Upcoming Calendar

- a) WCC Community Resource Fair August 19, 2020 1:00-3:00 (TBD)
- b) Next meeting, Friday August 21, 2020 11:00am-12:30pm

## VIII. Adjournment

a) Sohail adjourned the meeting at 12:05pm