



It is March 24th let's hope for a rebirth of better things for our Country and our World very soon. Nothing is so beautiful as spring---

I attended a webinar last week with the Ohio Department of Aging, I was so excited when the meeting started, and the Director said senior centers would no longer be required to do bi-weekly COVID testing for their staff. My excitement was short lived because later in the meeting they said, the mandates are going to be lifted, they just haven't yet and didn't give us a date. I have been checking the website every day since for any news or updates; I have checked twice while writing this letter. I was so hoping I would be able to give you an opening date in this newsletter.

So all I am going to say is this, I know you see everything opening around us, we do too. Once again the active senior population is left hanging and it is very frustrating. I've heard comments through the grapevine, yes, the senior centers are allowed to be open, but they are required to test their staff, including any volunteers, bi-weekly right now. We do not have the budget to test 15 staff members and a half a dozen or more volunteers every two weeks. Our center is not the only senior center not open because of these testing requirements. I know they think they are doing the right thing to protect the senior population, no arguing that, but I know you have all had enough, and should have the right to choose if you want to come to your senior center, we agree.

I have said this in every letter for the last year, we miss you! We want to hear laughter in our building once again, we want to see active happy people. We aren't happy about this situation either. What a long year it has been.

On a positive note, the picnic tables for the shelter house were delivered today, Wayne and Luther are going to get them put together. If it is a nice day and you want to use the shelter house, please use it, play cards, exercise, line dance, just hang out, it's your shelter house.

AS SOON AS THE TESTING MANDATE IS LIFTED WE ARE OPENING OUR CENTER!

I miss your laughter, and can't wait until we can be together again.

Stay safe and healthy, get your vaccination!

Misty



Find the seed packet hidden inside this newsletter. When you find it call the center at 740-852-3001 by Friday, April 16th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Remember it will not necessarily be on a color page. Last month the leprechaun was on page 2. Congratulations to Michael Toy, March's lucky winner!



Our shelter house is complete! We can't wait to start using it for classes, events, picnic lunches, card playing and more.



We are so excited that our picnic tables arrived for our shelter house! Staffers Wayne, Patsy and Luther assembled them for us.



Hey Jeanna! You have a little whipped cream on your nose!



Janisse showing off her Irish roots for St. Patrick's Day.



**Welcome New
Members!
Joyce Lemmon
Patrick and Loretta Woliver**



London Parks and Recreation and The London Municipal Pool are proud to announce that we have partnered with Renew Active, the gold standard in Medicare Fitness Programs. The London Municipal Pool is offering a **FREE SEASONAL POOL MEMBERSHIP** to those 65 years and older that qualify.

The London Municipal Pool is located at 203 Park Ave and is open daily from 12pm-8pm from May 25th, 2021 to August 17th, 2021. The London Municipal Pool has five pools and a new splash pad. Of the five pools, one is an **ADULT ONLY POOL!** We also offer Water Aerobics classes at scheduled times through out the week for a small fee.

You can learn more at www.uhcrenewactive.com or by giving us a call at 740-852-4462.

Tammy Braskett

Director of Parks and Recreation

tbraskett@londonohio.gov



2021 Governing Board Members

Donna Sheridan-President

Jerry Tompkins- Vice President

Shirley Witwer-Secretary

Loretta Anthony Eilene Duncan

Steve Saltsman

Sharon Manion



Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

Classes & Activities not available at this time.

WEEKLY SCHEDULE

SUBJECT TO CHANGE



Monday:

8:30 a.m.—Indoor Walking/Exercise Class

9:00 a.m.—Chair Volleyball

9:30 a.m.—Crocheting, Knitting & Needle Crafts

10:30 a.m.—Sitting Exercise/ Strengthening

1:00 p.m. – Euchre

Tuesday:

9:00 a.m.— 3 p.m. Quilting Class

10 a.m.-12:00 p.m.—Bowling at Madison Lanes

1:30 p.m. Rays of Hope for Seasons of Life Support Group

5:00 p.m.—Cards and Billiards

5:30 p.m.—6:30 p.m. Line Dancing

6:30 p.m.—7:00 p.m. Couples Dancing

Wednesday:

8:30 a.m.— Indoor Walking/Exercise Class

9:00 a.m.—Chair volleyball

10:00 a.m.—Pickleball at London Community Center

10:30 a.m.—Aerobics/Strengthening Class

12:05 p.m.—Bridge

1:15 p.m.— Yoga

2:00 p.m.—Diabetes and Weight Loss Support Group

7:00 p.m.—Bingo. To be announced

Thursday:

9:00 a.m.—Chair volleyball

9:00 a.m.—Fun Bingo first and third Thursdays

1:00 p.m.—Pickleball at London Community Center



Friday:

8:30 a.m.—Indoor Walking/Exercise Class

9:00 a.m.—Painting Class with Harry Croghan

10:00 a.m.—Chimes, first and third Fridays

1:00 p.m.—Free Movie and Popcorn at the senior center.

UPCOMING DAY TRIPS!!

April (Not a) Mystery Lunch—Friday, April 16th. Old Bag of Nails Pub, 4065 Main Street, Hilliard, OH 43026. Let's meet there at 11:00 a.m.

May (Not a) Mystery Lunch—Friday, May 14th. Outside the Box Café, 10 South Main Street, Jeffersonville, OH 43128. We will meet at the restaurant at 11:00 a.m.

Do You Like Flowers & House Plants? - Wednesday, May 19th we are taking a trip to **The Groovy Plant Ranch!** I know some of you are familiar with it but if you aren't let me fill you in! You can find just about any house plant, succulents, perennials, annuals, hostas, etc. at this place! They were featured in Better Homes and Gardens. As you can tell, once you visit, you love it.

We will be taking our 2 vans and we are only allowing 8 per van so there will be some spacing. We prefer that you have had a Covid vaccine. It is \$5 to ride on the vans or you can follow us. It is in Marengo, about an hour away. We will be taking an extra van to haul your purchases.

Lunch will be at The Legacy.

We will leave the Center at **9:00 a.m.** Call the Center to sign up at 740-852-3001.



Southern Ohio—Serpent Mound, Picnic and Amish Bakery—Thursday, June 17th. The

Great Serpent Mound is a 1,348-foot-long (411 m), three-foot-high prehistoric effigy mound on a plateau of the Serpent Mound crater along Ohio Brush Creek in Adams County, Ohio.

We will leave the Senior Center at 9:00 a.m. and travel to the Serpent Mound with a rest stop on the way at McDonald's in Hillsboro. We will tour the Mound, gift shop and museum and have a picnic lunch on the grounds there. There is a tower you can climb to get an even better view of the mound. The Senior Center will provide water, please pack a lunch for yourself. Coolers will be provided.

After lunch we will travel to Miller's Bakery & Gifts in West Union. They might just have ice cream there! Miller's has been in business for over 40 years. Amish owned and Amish operated.

When we are finished we will head back towards London with another rest stop in Hillsboro, if needed.

This trip is \$35 and we will be using a 32 passenger motor coach. **Deadline to pay is May 12th.**

Delightful Dining

Don't forget to call the Center and let us know if you plan to come, so we can give the restaurant an accurate count. Sign up early! Sometimes late reservations cannot be accommodated at the restaurants.

Monday, April 5th—Eat Greek, 275 East Main Street, West Jefferson, OH 43162. We will meet at the restaurant at 5 p.m.

Monday, May 3rd—Werner's Smokehouse BBQ, 11396 Allen Road, Jeffersonville, OH 43128 (across from the Outlet Mall). We will meet at the restaurant at 5 p.m.

Pennsylvania Rail Adventure! September 14-17, 2021! Highlights include: Laurel Highlands, Flight 93 Memorial & Visitor Center, Lancaster County, Sight & Sound Theatre's Queen Esther, World famous Horseshoe Curve, Bird-in-Hand Farmers Market, Kitchen Kettle Village, Amish Countryside, Dutch Apple Dinner Theater, Kreider Farms, Amtrak's Pennsylvanian Train.



Tour Includes:

Motorcoach & rail transportation,
Three nights lodging
Five meals—3 breakfast and 2 dinners
Reserved show tickets
All sightseeing & admissions, baggage handling
Gratuities for local guides & porters
Professional Tour Manager

Tour Fare:

\$849.00 per person double occupancy

\$819.00 per person triple occupancy

\$1049.00 per person single occupancy

Deposit of \$100 secures your spot on the trip
and final payment is due by June 15, 2021.

Day 1 – Home City ~ Laurel Highlands ~ Flight 93 Memorial ~ Greensburg: Depart aboard a deluxe highway coach for southeastern Pennsylvania. Rest and meal stops will be made en route. Later today, we arrive in the heart of the lovely Laurel Highlands area to Flight 93 Memorial & Visitor Center which honors those brave souls who gave their lives on September 11, 2001. Continue to Greensburg and to our hotel for the night.

Day 2: Amtrak's "Pennsylvanian" ~ Horseshoe Curve ~ Lancaster County, PA ~ Kitchen Kettle Village ~ Dutch Apple Dinner Theater - This morning after breakfast we board Amtrak's "Pennsylvanian" for an exciting and scenic train ride to Lancaster, PA. Travel into the heart of the Alleghenies and around Horseshoe Curve, an engineering masterpiece completed in 1854 which revolutionized rail travel. Continue across the state through scenic mountainous terrain and into the placid Amish farmlands of Pennsylvania's Dutch Country. Enjoy spectacular views that can only be seen by train. Travel aboard Amtrak's spacious passenger cars equipped with comfortable reclining coach seats. Upon arrival in the Lancaster area, transfer to Kitchen Kettle Village which features 32 country shops filled with local crafts: fine furniture making, leather tooling, folk carvings, sand foundried pewter, exquisite quilting, and plenty of good foods. Later today, we arrive at Dutch Apple Dinner Theater for a delicious dinner followed by an exciting musical performance. After the show transfer to our hotel for a delightful two-night stay.

Day 3: Amish Country ~ Kreider Farms ~ Sight & Sound Millennium Theatre ~ Pennsylvania Dutch Dinner - After enjoying breakfast at the hotel, depart for a delightful visit at Kreider Farms. Enjoy a guided tour aboard the motorcoach through a dairy loafing barn the same length as the Titanic and witness a 54-cow merry-go-round state-of-the-art milking station. Later this afternoon we arrive at the Sight & Sound Millennium Theatre for the spectacular new show, *Queen Esther*. Everyone has a story. Set in the opulent yet perilous Persian Empire, *Queen Esther* is a captivating tale of beauty and bravery. Following the show, we gather for a delicious Pennsylvania Dutch family-style dinner before returning to our hotel for the night.

Day 4: Lancaster County~ Bird-in-Hand Farmers Market ~ Journey Home – Following breakfast, travel to Bird-in-Hand Farmers Market, a lively market loaded with Amish jams, spreads, pickles, beets, candies, crafts, toys, specialty items and baked goods. Later this morning we leave eastern Pennsylvania and begin our journey home. Rest and meal stops will be made periodically.

When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If we are taking a motorcoach, the cost of the coach is not refundable within 30 days of the trip. If you have questions please contact Janisse at 740-852-3001.

*****Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

Little Cheddar Meatloaves for Two

- 1 large egg, lightly beaten
- 1/3 cup quick-cooking oats
- 2 tablespoons ketchup
- 1 tablespoon dried minced onion
- 1/2 pound lean ground beef (90% lean)
- 4 teaspoons ketchup
- 4 tablespoons shredded cheddar cheese

1. In a large bowl, combine the egg, oats, ketchup and onion. Crumble beef over mixture and mix well. Coat 4 muffin cups with cooking spray; fill three-fourths full with meat mixture. Spread ketchup over loaves.

2. Bake at 400° for 15 minutes. Sprinkle with cheese. Bake until no pink remains and a thermometer reads 160°, about 5 minutes longer. Let stand for 5 minutes before removing from muffin cups.

Mandarin Broccoli Salad

3/4 cup mayonnaise

1/4 cup sugar

4 teaspoons cider vinegar

4 cups fresh broccoli florets

1 small red onion, halved and sliced

1/2 cup raisins

1/2 cup pecan halves, toasted

1 can (11 ounces) mandarin oranges, drained

1. Whisk mayonnaise, sugar and vinegar; set aside. In a salad bowl, combine broccoli, onion, raisins and pecans. Drizzle with dressing; toss to coat. Gently stir in oranges. Refrigerate, covered, at least 3 hours before serving.



Easy Apple Crumble for Two

- 2 apples
- 1/3 cup all-purpose flour
- 2 tablespoons sugar
- 1.5 tablespoons cold butter

Preheat the oven to 375F and grease two small ramekins with butter.

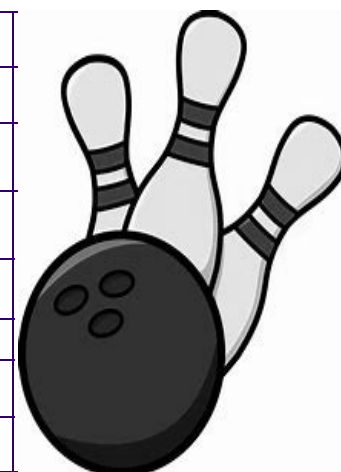
Peel, core and chop with apples into small chunks. Evenly divide the apple chunks between the two ramekins.

In a small bowl, stir together the flour and sugar. Rub in the butter with your fingertips until you've got a breadcrumb-like consistency. Evenly sprinkle the crumble topping on the apple chunks.

Place the apple crumbles into the preheated oven and cook for 30 minutes, until the apples are soft and the top is golden.

**B
O
W
L
I
N
G**

Andrix, Barb	102	Hackworth, Paul	120	Noble, Gene	116
Cameron, Carol	134	Hardin, Jim	119	Pickens, Ann	112
Cooper, Barb	95	Hastings, Judy	120	Potocki, Dave	120
Cweikalo, Bert	143	Johnson, Charlie	120	Ridolfo, Linda	161
Ernst, Terry	103	King, Carl	160	Shepler, Greg	159
Florence, Barb	120	King, Karen	141	Sheridan, Ray	161
Glass, Duane	182	Link, Bill	120	Threlkeld, Larry	117
Goff, Terry	156	McDonley, Dolly	91	Weisman, Deb	101



Time to Enjoy Spring!!

Outdoor Exercise

Exercising is more enjoyable when we can be outdoors. For seniors, however, extra cautions should be in place if leaving home for physical activity. Always have a buddy system policy in place. Not only is exercising with a friend or loved one safer, it is also mentally engaging. If for some reason a senior will be outdoors alone, making sure they have a fully charged cell phone for emergencies is imperative. There are many physical activities that are appropriate for seniors. A few are listed here, but be creative and come up with your own!

Nature walks. A park or sidewalk lined community are great places to meet friends for a walk. For a more strenuous workout, find a hiking trail and see what new growth you can discover. This is a fun activity to do with children – they love to explore, and you'll be teaching them new things at the same time! Cowling Park in London has a new paved walking path. April 7th is National Walking Day.

Gentle yoga. There are many, many different types of yoga, so experiment and find your personal favorite. Hatha yoga is typically a good type of class for beginners. Restorative yoga usually incorporates tools to help you relax muscles more fully. Yoga is wonderful for helping with flexibility and balance.

Biking. Bicycling is a very enjoyable activity that gives the freedom to explore larger areas of a community. Make sure to have the correct size bike for you or your loved one to use. Take a test drive of the course before riding the route on a bike and make sure everyone is familiar with the area and comfortable with the route surface. Before beginning a bicycling routine, please ensure that you are still fully capable of handling a bicycle. Those with balance issues should use bikes with great caution. We are lucky to have the Rails to Trails bike paths in our county.

Lightweight training. Weight training is so good for muscles and bones. And the best part is that the weights do not have to be heavy to provide benefit! So, grab those 3-pound hand weights and head outside. A bench is a good place to do bicep curls and shoulder raises.

Gardening

Nothing says SPRING like freshly grown flowers and vegetables! Not only does gardening provide a tangible result, it offers the gardener a chance to get back to nature and engage in gentle exercise as well. A few tips will help a senior more fully enjoy the "fruits of their labors!"

- Choose early morning or evening hours. Working in the heat of the day can stress the plants and the senior.
- Think vertical. Bending over gets more difficult with age. Building a trellis for a senior allows for flowers and training vegetable to grow up, and not out.
- Watch for trip hazards! During the winter, limbs fall from trees or stumps become hidden beneath leaves that remain on the ground. Helping clean an area before gardening begins will make the area safer.
- Inspect railings and stairs. Ensuring there are solid rails on decks and stairs will help prevent slips and falls.

Get and give help! Be prepared to help with tasks that may have once been easy for a loved one. Carry the potting soil, lift the tools down from the high shelf or hire someone to make needed repairs to outdoor living space.

April Birthdays!

Patron	Birthday	Patron	Birthday
Seaman, Leora	04-01	King, Jean	04-14
Kelley, Beverly	04-02	Bird, Sandy	04-14
Dever, Ruth	04-02	Finchum, Gary	04-14
Watkins, Audrey	04-02	Tatman, Wayne	04-14
Lewis, Wilma	04-02	Amling, Barbara	04-15
McCarty, Sandy	04-02	Molt, Chester	04-16
Miller, Tom	04-02	Hix, Mary Lou	04-16
Harden, Johnetta	04-02	Elam, Steve	04-16
Yost, Rosella	04-02	Sherman, Mary	04-17
Brockman, Emagene	04-03	Bee, Joseph	04-17
Donohoe, James	04-03	Blake, Mike	04-17
Toy, Donna	04-04	Rardon, Audrey	04-19
Weimer, Linda	04-05	Hayes, Patricia	04-19
Woodard, Beverly	04-05	Stewart, Lila	04-20
Leach, Janice	04-05	Lane, Donald	04-20
Bush, Mary	04-06	Saupe, Margaret	04-20
Nesser, Marion	04-06	Komives, Mary	04-22
Carter, Anne	04-06	Walker, Gary	04-23
Fordyce, Beth	04-07	Hanna, Jeannette	04-23
Parsons, Martha	04-07	Williams, Delorise	04-24
Ditalia, Peter	04-07	Finchum, Jane	04-24
Saxour, Nancy	04-08	Simmons, Faith	04-25
Smith, Joe	04-08	Boggs, Jerry	04-27
Stonecipher, Timothy	04-08	Florence, Barbara	04-27
Ison, George	04-09	Wamer, Nancy	04-29
Majka, Kay	04-10	Hicks, Norma	04-29
Follrod, Phyllis	04-11	Ellis, Cheryl	04-29
Hysell, David	04-12	Gloyd, Nancy	04-29
Gates, Patty	04-12	Mongold, Gloria	04-29
Baxter, Jean	04-12	Rayburn, Pat	04-30
Komives, Marty	04-12	Porter, Betty	04-30
Porter, Howard	04-12	McCann, Dottie	04-30
Radcliff, Bonnie	04-13		





YES, I'M A SENIOR CITIZEN!

I'm the life of the party . . . even if it lasts until 8 p.m.

I'm very good at opening childproof caps-with a hammer!

I'm awake many hours before my body allows me to get up.

I'm smiling all the time, because I can't hear a thing you're saying.

I'm sure everything I can't find is in a safe secure place, somewhere.

I'm wrinkled, saggy, lumpy, and that's just my left leg; but I haven't made my skin look like wall paper or snake skin.

My ears, nose, tongue, or naval haven't been pieced with metal rings.

I'm beginning to realize that aging is not for wimps.

Yes, I'm a SENIOR CITIZEN, and I think I am having the time of my life!

Spread the laughter

Share the cheer!

Let's be happy while we're here!



3 Easy ways to support the Center!

amazonsmile

If you shop on **Amazon**, the Center can benefit.

All you have to do is go to the following address: **https://**

smile.amazon.com/ch/31-1195151.

Use your usual Amazon login and it will automatically send 0.5% of your purchases to the Center.

Planned Giving—What is it about?

It means you are planning to give a gift later. It is a plan that you put in your will, an item that is worked out with your family and attorney. From time to time, the Senior Center receives such gifts. Whether these amounts are small or large, they are extremely important.

If you would like more information, please contact Misty Bradley, Executive Director, at 740-852-3001. Your call or meeting is strictly confidential. This is one of the easiest ways to leave a legacy to the Senior Center.

Required Minimum Distribution

from your IRA—If you are 70 1/2 or

older and have an IRA, you know that each year you must take your Required Minimum Distribution (RMD). But did you know that you can make a transfer directly from your IRA to a charity of your choice and the contribution is not taxed? You can give up to \$100,000 from your IRA to a charity and it will be counted towards your RMD but isn't included in your adjusted gross income. If you want further information on how you can make a gift to the Senior Center from your IRA, please contact your financial advisor.



April Quotes

"April is the kindest month. April gets you out of your head and out working in the garden." — **Marty Rubin**

"Spring is the time of the year when it is summer in the sun and winter in the shade" — **Charles Dickens**

"Spring is nature's way of saying, 'Let's party!'" — **Robin Williams**

"In the spring, at the end of the day, you should smell like dirt." — **Margaret Atwood**

"Spring is the time of plans and projects." — **Leo Tolstoy**

"I suppose the best kind of spring morning is the best weather God has to offer." — **Dodie Smith**



Public
Welcome!!

Madison County Senior Citizens Center, Inc.

280 West High Street, London

To Be Announced

First Wednesday each month at 7:00 p.m.

Coverall Jackpot

Progressive Games

Hog Wild

Smoke Free Facility


**Friends of
Madison County
Parks & Trails**
P.O. Box 308
London, Ohio 43140
WWW.FMCPT.COM

Membership Individual \$15
Family \$25 Sponsor \$50+
Individual Lifetime \$250
Registration Form on Website
E-mail FMCPT@columbus.rr.com

Support:

The Madison
County
Park District

GET INVOLVED

London Public Library

Your Everyday Library!

Visit www.mylondonlibrary.org

- Educational Events for all Ages
- Online Services/Computers
- Newest Books
- Latest DVDs
- Video Games
- Wifi Hotspot
- Audiobooks



20 E. First Street, London Ohio



CHANEY & THOMAS
Insurance



Deeann Blake

104 Lafayette Street
London, Oh 43140
(740) 852-2323

The X-TERMINATOR

BUGS... won't be back!!

614-600-6496

West Jefferson, Ohio
mike.conway66@yahoo.com

**Spiders, Bees, Ants, Roaches,
Termites, Bed Bugs, Mosquitos,
and all general pests**





"WINGS OF BEAUTY"

Butterflies from around the world.

Ruth Mills

gmills003@live.com

937-215-6669

Just when it thought

life was ending,

the caterpillar

became a butterfly.



MERCHANTS NATIONAL BANK

279 Lafayette Street

London, Ohio

740-852-4900

"A REAL Community Bank,
with Real Customer Service"



MEMBER
FDIC

Madison County Senior Citizens Center

P.O. Box 389
280 West High Street
London, OH 43140

Phone: 740-852-3001
Fax: 740-852-3052

We're on the Web!

mcseior.org or on Facebook at Madison
County Senior Citizens Center



April 2021

Misty Bradley, Executive Director

Ramalingam Selvarajah, M.D., Medical Director

Janisse Williams, Activity Coordinator/Marketing

Marilyn Lowery, Front Office/ Substitute Driver

Ruth Kennedy, Staff Nurse/Wellness Coordinator

Beth Dillion, Adult Day Center Coordinator

Jeanna Bernard, Adult Day Center Aide

Patsy Bricker, Adult Day Center Aide

Bonnie Radcliff, Adult Day Center Aide/Substitute

Sandy Darlington, Adult Day Center Aide/Substitute

Steven Wehrs, Cook

Gayle Summers, Cook

Brenda Castle, Transportation Coordinator

Wayne Bricker, Driver

Don Hawkins, Substitute Driver

Mark Bires, Substitute Driver

Martha Parsons, Substitute Driver

Luther Dolby, Maintenance

Dated Material

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.