

Serving Your Community Since 1987!

#### Volume 35 Issue 7

January 2022

**16 Pages** 





#### Mentor City Council

FRONT (left to right): Janet A. Dowling – Councilperson-at-Large; Bruce R. Landeg - President of Council, Councilperson, Ward 3; Scott J. Marn – Councilperson -at-Large

REAR (left to right): Matthew E. Donovan - Vice-President of Council, Councilperson, Ward 2; Ray Kirchner – Councilperson-at-Large; Sean P. Blake - Councilperson, Ward 1; John A. Krueger -Councilperson, Ward 4

#### Mentor Heisley Racquetball & Fitness Club FAQs

Many Mentor residents are probably already aware that the City of Mentor has agreed to purchase the Mentor Heisley Racquet and Fitness Club (MHRFC) and will took possession on December 31st. We are excited about the future of the facility and how it will continue to serve the greater Mentor community as it transitions to a public facility.

We realize that there are a number of other questions that people may have related to the facility as it transitions to becoming the new Mentor Civic Recreation Center.

#### FREQUENTLY ASKED QUESTIONS

#### Is the facility closing?

The City will formally take possession of the property on December 31, 2021. The MHRFC will continue to operate as it does today through April 30, 2022. The facility will close on May 1, 2022 so that renovations and other improvements can be implemented. The intent is to reopen the new Mentor Civic Recreation Center in summer 2022.

What is happening with leagues and programs that are currently in session?

Continued on page 2



Our library programs are hosted in-person at one of our branches, unless indicated otherwise. When registration is required, you can sign up by calling the library or at www.mentorpl.org.

#### Headlands Jeopardy

Saturday, Jan. 8, at noon Headlands Branch

Kids can test their trivia knowhow and learn something new with a fun afternoon of trivia challenges on the second Saturday of the month at MPL's Headlands Branch. Signup required to play.

#### **ROBLOX Saturday**

Saturday, Jan. 8, at 2 p.m. Headlands Branch Join the library online or inperson for a different game from ROBLOX each month. Register to get in the game.

#### Jr. Pinterest

Wednesday, Jan. 12, at 4 p.m. James R. Garfield Room, Main Branch

Each month, kids in second through fifth grade can make a new craft creation inspired by Pinterest. Registration required.

#### Magic for Muggles

Wednesday, Jan. 12, at 6:30 p.m. • Headlands Branch

The library is transforming its Headlands Branch into Hogwarts this year! Each month, kids will enjoy a different class that covers an important magical topic. In January, kids will make their own magic wand, case, spell book, and other supplies they'll need for a year of magic. Registration required.

#### **Rubber Ducky Day**

Thursday, Jan. 13

Children's Area, Main Branch Kids should keep an eye out for little rubber duckies hiding in the Children's Area. If they find one, they can take it home. One ducky per child, while supplies last.

#### Tiny Art Show

Thursday, Jan. 13, at 4 p.m. Village Room, Main Branch

Kids (ages six to 12) can contribute to a Tiny Art Exhibit that will be displayed in the Children's Department for everyone to view. Each young artist will receive a small canvas and easel to create their miniature masterpiece. Registration required. Open to all skill levels. Dress for a mess.

#### Paws to Read

Thursday, Jan. 13 First session starts at 6:30 p.m. Second session starts at 7:00

p.m. • Main Branch in the Children's Area Kids who are able to read

independently are invited to sign up for a 30-minute session. Children will be paired with a gentle dog that is licensed and trained to be a good listener. This event will fill quickly. Registration begins two weeks before each session.

#### **Silent Library**

Monday, Jan. 17, at 3 p.m.

Children's Area, Main Branch Just like the TV show, teams of kids (ages eight to 12) will have to perform tasks without making a sound. The tasks will include movement and involve using their senses of taste, touch, sound, smell

and sight. Registration required to

#### **Cozy Reading Afternoons**

Tuesdays, Jan. 18 and 25, from 2:30 to 4:30

Lobby, Main Branch

play.

Teens (seventh grade and older) can earn an extra raffle ticket for the library's Winter Reading Challenge by coming to the library for some quiet reading time. The library will provide soothing music and warm beverages. No registration required.

#### Hawaiian Beach Party: Shirts & Skirts

Tuesdays, Jan. 18 and 25, at 4

p.m. • The HUB

Beat the winter blues by feeling like you're at the beach. Kids (ages five to 12) can bring a shirt to decorate or make a hula skirt at The HUB. Registration is required. The library is hosting two sessions of this craft to make room for as many people as possible. Only register for one.

#### **BUILD Club**

Thursday, Jan. 20, at 4 p.m. James R. Garfield Room, Main Branch

Kids (kindergarten through fifth grade) can enjoy the library's BUILD Club. Kids provide the creativity and the library provides the building materials and a different theme or challenge each month.

#### **Laser Engraver Basics**

Thursday, Jan. 20, at 6 p.m. The HUB

Discover the potential of The HUB's laser engraver. Get inspired for your next project and take home and engraved souvenir. All ages welcome to attend. Registration required.

#### Paws to Read

Saturday, Jan. 22 First session starts at 2 p.m.

Second session starts at 2:30

p.m.• Headlands Branch

Kids who are able to read independently are invited to sign up for a 30-minute session. Children will be paired with a gentle dog that is licensed and trained to be a good listener. This event will fill quickly. Registration begins two weeks before each session.

#### **Interactive** Movie: The **Princess Bride**

Saturday, Jan. 29, at 1 p.m. Village Room, Main Branch

Families can enjoy the classic film with interactive activities to go along with the movie. Registration required.

Permit #621 Mentor, Ohio Ы∀А U.S. Postage Presort Std

### Mentor Monitor

Willoughby Times Eastlake Gazette Willowick Courier = Painesville Pride

#### Rosey's Words. In



#### Cleaning House

It's that time of year again to begin anew! This is my plan.

Put away all the holiday decorations and special florals, place settings and candelabras!

So before you rush everything into storage, many decide to filter through all those things that for years needed to be recycled.

For example, pass down special ornaments to the grandchildren and give your children all the fun ornaments they've made over the years. (They may not care)

Our memories began when the children were born, with an ornament added to the tree reflecting all the highlights and accomplishments in their lives (You may be laughed at)

There were 1st Christmas ornaments, skiing, volleyball, cheerleading, baseball, college, and all related items of their lives, including puppies!

Be careful for the tears and smiles as you go.

Some will make the decision to cut the storage boxes in half by doing this as well.

As I get older I find myself

Mentor Monítor A Lake Community News Publication Matt Nelisse Publisher Deanne Nelisse Advertising Production Nancy Fath

Kristy Neville Julie Warren Sales Associates

The

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thinning out the very things I treasured for most of my life (I can't remember what they're for)

The reason is to lessen my burden of box after box, lifting, reviewing and storing.

This is also a way of passing down a lot of memories and traditions to the next generations. (Who hate your stuff anyway)

Many of the holiday ornaments had the children's names and year on them, so they could relate those special moments in their own lives that were so special that an ornament was searched out to make it noteworthy.

It's never too late to start this process.

A photo album is great conversation for all to share. (If anyone will listen)

Don't you think it's harder to throw away these kinds of things instead of paying them forward? Hmmm.

No children, no problem. organizations Several and hospitals appreciate donations of all kinds.

The leagues and programs will

continue to operate at the MHRFC

through April 30, 2022. We will

attempt to relocate some programs

to other Mentor facilities while the

Are you getting rid of the

The facility was purchased because of the great amenities

reconfiguration and repurposing of

space may occur with the intention

of offering more recreational

What kind of programs can

Over 1,000 programs across 8

categories will be implemented

at the facility. Programs will be

in place to appeal to members of

all ages and activity levels – from

toddlers to seniors - including

some special needs programming.

What is the status of my

Your membership will remain

Members who have

membership if I am already a

valid through April 30, 2022 at the

membership rate you are currently

purchased annual memberships

through the MHRFC should have been contacted by the previous

owner to work out the prorated

opportunities to members.

exist.

Some

soccer fields, sports courts, or

facility is being renovated.

Continued from page 1

FAQ's

pools?

that currently

we expect?

member?

paying.

Charity can be a wonderful way of making a person's holiday that may not have one by sharing mittens, gloves, hats, coats, sweaters, blankets, and yes, an ornament or small tree with colorful bulbs! (Remove dust)

Attach these things to their gifts, which serves the purpose of decorating the package, as well as passing on a memory. A note can be attached if an explanation is required as a reminder.

Spring cleaning will be a breeze if only we could part with things that can be a burden in our lives, like box after box, and storage container after storage container.

Every year I open drawers, cupboards, storage containers, closets, nooks and crannies wondering 'what was I thinking?' (I must be a hoarder)

Do I really need all of grannies doilies? Or strings of lights that don't work year after year?

And those clothes I no longer wear, unless of course I were invited to a presidential ball!

membership refund. Members

who wish to continue to use the

Magazines are recyclable as are papers, plastic, glass, metal, etc. Going through the 'junk drawer'

was actually embarrassing.

Was I really thinking I'd use 450 rubber bands, washers, assorted screws, pins, rulers, paper clips, staples, dried up pens, and two garter snaps!?

Time to get off your laurels and thin out the things that cost you your sanity!

The list:

1. Remove things against the walls, and in corners

2. Thin out closets and coat rooms (shoes and boots too)

3. If you haven't worn it in a year- you won't wear it

4. Bequeath your memories throughout the family

5. Nick-knacks belong at the Goodwill stores

6. Antiques can be sold or given away as gifts

7. Have a cocktail and sit down 8. Do you really use all those

pots and pans? 9. Fido's coats and collars/ leashes go to the Humane Society 10. Have another cocktail and two Tylenol. Sit.

11. Organize just what you

and non-residents is yet to be determined but we can ensure that memberships will cost less than the fee structure that is currently in place. It is a primary goal to ensure that memberships are affordable

#### What is happening with the current MHRFC staff?

The City of Mentor is working closely with MHRFC management to evaluate current and future staffing needs. Our hope is to retain the experienced staffers that members have come to know over the years and keep them onboard.

'must have' (careful)

there. Just get rid of ...

be used, I assure you

"Throw" them out

lids are 'no' good

Sober up first!)

time to do these things.

down.

favor.

you really need?

Pitch all

undergarments, or burn them

13. Cassettes? Let's not go

14. How many sets of dishes do

15. The old curtains will never

16. Throw rugs will trip you.

17. Plastic containers with 'no'

18. Sit down before you fall

19. They don't wear aprons anymore, except in tea houses!

20. Stop living in your car. The

only peace you may find is in the

drivers seat on a trip to nowhere,

to buy nothing else ever. (Note:

The winter months are a good

It's a good way to clean house,

You will feel better in the long

run, breath better, smile more,

earn everyone's applause, and

drink 'hot tea' much more often!

~ Motivated Rosey

and kill time doing yourself a big

the

old

12.

Additional information will be shared as it becomes available. Additional questions regarding the transition can be directed to parks@cityofmentor.com





facility from December 31, 2021, through April 30, 2022, will have to fill out the interim membership application form and return it to the front desk upon entry.

How much is the new membership fee?

The new membership fee structure including residents

for all families.



### Hotels for Real Life<sup>®</sup>

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### Where you're always welcome.

Away from home for a long work trip? Our Suburban Extended Stay<sup>®</sup> by Choice Hotels<sup>®</sup> provides you with the right amenities for longer stays—all at an affordable price.

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### UNDER NEW OWNERSHIP AND MANAGEMENT

- DAILY RATES AS LOW AS \$5999
- WEEKLY RATES AS LOW AS \$32999

WE ARE UNDERGOING A COMPLETE **INTERIOR & EXTERIOR RENOVATION!** 





### Our key amenities

- Kitchens with cooktops, microwaves & refrigerators
- Studios with no lease required
- Free Wi-Fi
- Free premium TV channels
- On-site quest laundry
- Bi-weekly housekeeping
- In-room
- refrigerator/microwave/stovetop/coffee maker
- Handicap accessible rooms
- Exterior Corridor
- Pet-friendly rooms
- Iron & ironing board
- Free parking







### Close to us

- Atlas Cinema Great Lakes Stadium
- Headlands Beach State Park
- RollHouse Entertainment Bowling Alley
- Great Lakes Mall less than 2 miles away
- Happy Moose, Starbucks, Chipotle, etc.
- Right off of Route 2 and Route 90
- Cleveland Hopkins International Airport
- Speedway, Sheetz, & Getgo within walking distance
- 20 minutes from downtown Cleveland
- Rock and Roll Hall of Fame
- Escape room & Axe Throwing
- Round1 Mentor

hotel night

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Sign up today at the hotel front desk or at ChoicePrivileges.com to get rewards right away.



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### H& H Paper Removal and Painting, Inc.

introduce myself. My name is Hal Walker and I'm the President of H&H Paper Removal and Painting Inc. We at H&H have been in business since 1970 and we have been a father and son team for a little over 27 years. My father started this business and is a 3rd generation painter. That now makes me the 4th generation in the business with my son also working in the summers which makes him a 5th generation. We have had a great business relationship with Mike from MDM Painting. We want to congratulate Mike on his retirement. We certainly hope he has a great time fishing, vacationing, or whatever it is he would like to do. We are very excited to take over his ad space in this publication. H&H has been making decorating dreams come true one home at a time. H&H has and will travel all around Northeast Ohio, Mentor, and surrounding areas.

Over the years, we have earned a remarkable reputation as leaders in the field of professional Painting, Wallpaper Removal, Wallpaper Hanging,

OH LIC. #1529

VISA

Hello Mentor; I would like to Drywall Repairs, and Faux Finishes. We also have a few Carpenters, Flooring, Heating and Air professionals that we can recommend to you. We want you to have whatever work you need done to be done right and efficient with a reputable company and that is why we don't believe in

any referrals to you. H&H is family owned, fully insured, and take pride and commitment in every job.

We will always protect and cover you furniture with brand new plastics. We make sure your Ceilings, Walls, and Woodwork

any kickbacks of any type from is prepped properly before any finish is applied. We use top of the line products such as PPG and Benjamin Moore Paints.

We always offer free estimates and no down payments. Payment is due upon completion of the job. When you receive your quote for work to be done we will not go up or down on our price unless changes are discussed. We don't like surprises and we don't want you to be surprised either. We want this to be the best experience you have ever had with a contractor. Most of our customers are repeat clients and we are hoping to add you to our list.

H&H can be reached by telephone at (440)942-7781.



# New Year, New Opportunities to Earn Your Bachelor's or Graduate Degree Close to Home, at Lakeland's Holden University Center

and widening your horizons? Look no further than Lakeland's Holden University Center. Since opening in fall of 2011,

involve expanding your education Center has provided a convenient, close-to-home option for Lake County residents to further their education. More than 1,000 students have graduated, earning

Do your goals for the new year Lakeland's Holden University bachelor's and graduate degrees, as well as graduate certificates and endorsements.

> The Holden University Center partners with 11 university college credit for partners



If earning a college degree or job-ready credential is your goal in the new year, spring semester at Lakeland is the perfect time and place to begin the journey.

Classes begin Jan. 15.

Scholarships available!

lakelandcc.edu/spring

Opportunity starts HERE



programs: Bowling Green State University, Cleveland State University, Franklin University, Hiram College, John Carroll University, Kent State University, Lake Erie College, Notre Dame College, The University of Akron, Ursuline College and Youngstown State University. Students may take their first two to three years of coursework at Lakeland - at the lower community college tuition rate - and then transfer seamlessly into a university center partnership program. Graduates of the programs receive their degrees from the partner institutions.

New last fall, Case Western Reserve University's (CWRU) Siegel Lifelong Learning program was added to the university center offering. Through this partnership, adults of all ages pursue their love of learning by participating in courses and lectures provided by CWRU faculty, renowned scholars and local subject-area experts. Topics include art, history, politics, science, religion, literature and more. The program also includes an 11-week Senior Scholars program.

New opportunities await in the new year! Learn more at "Holden University Nights" Wednesday, Jan. 26, 2022, from 6-7 p.m. The event is free, but registration is required at lakelandcc.edu/ ucevents.

### **Estate Liquidators Antiques** & Collectible Flea Market is **Getting a New Look**

market will be filled with Estate Sale items and items I have of my own. We will still offer spaces to vendors selectively and our hours and terms for vendor spaces will be updated. Still NO COMMISSION OR WORK DAYS! The shop is very successful with record weekly sales. I have made this decision based on a need to sell my own items.

The store is a wonderful place with so much to offer everyone. The variety is unbelievable and items range from old to new, antiques, collectibles, advertising, toys, glassware, handmade and the prices range from .50 to \$500. I will extend the hours at the end

Starting January 1, 2022 the of the month to WEDNESDAY-SATURDAY 10-5 PM AND SUNDAYS NOON TO 5 PM .

We will offer a variety of items and events including facebook live, Marketplace sales section, Ebay, and Etsy sections and selective estate consignments to put either in the shop or online. The traffic at our location is great and our sign you can see off the freeway.

Any questions please don't hesitate to text or call me and leave a message at 440-382-6789. We are always working to make not only the shop a success, but my dedicated vendors that are supporting me in all my efforts.

Here is to a great 2022...thanks everyone! ~ Deb



### **Bankruptcy 101:**

You are Not Your Credit Score

*Question:* What is your credit score and why do the lenders make such a big deal about it? How will it affect me in these times?

Answer: Back in the 1950's a company called the Fair Isaac Corp. (FICO) developed a formula which was marketed as a way for lenders to realistically evaluate their risk with regard to lending to a specific person. FICO assigned mathematical quantities to patterns of behavior (like how often one pays late, whether they have unsatisfied legal judgments, etc.) and computes those quantities into a numerical risk factor which is known as our "credit rating." FICO sells people's credit ratings to lenders based on their FICO formula which is a trade secret and

#### legally protected.

There are other companies like FICO which have come up with their own secret form of credit rating which they also sell to credit reporting agencies such as Equifax, Transunion and TRW. In my mind, these companies secrecy causes me to question their integrity and the efficacy of their formulas. FICO should willingly disclose the science behind their mathematical formula so it can be challenged and discussed. It only seems fair that a rating factor which affects so many people's lives, whether it be for getting credit, a job, security clearance or the trust of another person, should be open to investigation. How do we really know its not complete voodoo?

There is a widely held belief that FICO and the entire individual

credit rating system was developed by the elite to keep the average person in their place. "Their place" is presumably in a constant state of fear over their financial rating willing to pay the banks any interest rate or penalty without question.

In our bankruptcy practice, we spend a large portion of our time helping people get back on financial track. I see people regularly who enter my office in a state of hopelessness and are healthy, happy, laughing and spirited six months down the line. Bankruptcy stays on your credit for ten years. But my response to that is "So what?" Anybody who really wants to get credit and buy another house can do it in three years or better. Even with a very low credit rating. They will have to be creative nowadays. But that is a topic for a different day. So the focus should not be on your credit rating but on your ability to pay back a specific amount of a loan within a specific period of time.

The "fresh start" that one can receive, often times, through bankruptcy is extremely valuable in terms of peace of mind and freedom from stress. Do not put yourself or your family through unnecessary mental hardship. If you think bankruptcy can help, there is only one way to find out. Schedule a free consultation. Often times, we can do the consultation over the phone. The bottom line is that a bankruptcy will not make most people's credit rating much worse than it was already. And it is a new start for your credit rating also.

### Window Savings at Shoreline

Deciding who to call to get your always keep you informed of the best deal when it's time to replace your outdated windows & doors is easier than you realize.

Start by calling Shoreline Window and Remodeling Company. A company with a professional, experienced track record dating back to 1954. That's 65 years of total customer satisfaction made possible by all our past clients who trusted in our ability to meet or exceed their expectations on receiving the "real deal" for their remodeling projects.

We start by reviewing your project and listening to your goals and concerns and we welcome any recommendations you may have. Then together we establish a budget and work to stay within that cost.

Your materials selections are hands-on, not from pictures out of brochures and once all your selections have been made, we order any products that are not in stock.

After scheduling a start date and work begins, we stay on the project from start to finish. To make your remodeling experience

Because Shoreline Window and Remodeling Company is a family owned business, you will always be dealing directly with the owner, no pushy salesman or inexperienced tradesmen. Our

progress of the job.

company is bonded and insured, and our workers are covered by workers compensation for your protection. We have the highest ratings with the Better Business Bureau and Angie's List. We take pride in our workmanship so you will not only be current client, but in the future, we want to be "the one" contractor you call to take advantage of our other professional services including kitchen and bathroom remodeling. Plus, we also accept

Let us show you how to make your next remodeling project a little easier by calling Shoreline Window and Remodeling Company at (440) 946-1495 or (440) 336-3300. You can also look us up at www. shorelinewindowandremodeling.

all major credit cards & special

financing.





### Now is the Time for Laser Removal Cosmetic Laser Medi-Spa & Medical Doctors, Cosmetic Juvederm, laser hair removal, and regular visits for 1-2 years. We

Cosmetic Laser Medi-Spa & More has been providing laser and other cosmetic services for over 18 years. Our staff of

Medical Doctors, Cosmetic Therapists, and Nurses are licensed medical professionals with years of experience in Botox, Juvederm, laser hair removal, and mole and spider vein removal. Our Estheticians and Massage Therapists can also help you relax and rejuvenate your skin, body, and mood! Our goal is to offer services affordable to the average person because we all deserve to invest in ourselves but rarely make it a priority. Whether you're looking for an outpatient cosmetic procedure or a self-care pick me up, we've got the service for you!

We pride ourselves in our deep knowledge of skin, lasers, and how energy all interact. Laser and electrology are our primary focus as Cosmetic Therapists are the expert health care professional in permanent hair removal. We also guide you through the expectations and recommend which treatments or combination of that would provide your desired outcome. Lasers can be used on dark hair to reduce or remove growth on large surface areas. Laser hair removal typically requires 8-14 treatments at 4-week intervals. Electrolysis works on all hair types and can clean up any hairs the laser is not able to do such as white, grey or blonde hairs. Since this treats one hair at a time it typically requires

regular visits for 1-2 years. We are a LGBT friendly business and come highly recommended from the Transgender community including Dr. Cecile Ferrando's team at the Cleveland Clinic Transgender Surgery & Medicine program, and University Hospitals, Metro Pride Clinic and the VA.

Learn more about the standard cosmetic procedures performed at Cosmetic Laser Medi Spa & More under the guidance of our Medical Director, Dr. Robert Salamon, Board certified in Plastic & Reconstructive Surgery. Our most popular service is Botox and it is a safe cosmetic procedure when administered by a welltrained doctor to an appropriate candidate. Botox can reduce or eliminate wrinkles without surgery.

Our Estheticians are experienced in facial peels to address concerns like fine wrinkles, uneven tones and improves texture with topical applications. The skin consultation will also advise on the proper exfoliation methods best for your lifestyle for continued care.

Microblading is a much-

desired treatment because it is a manual technique of implanting pigment into the skin to create a manicured and full eyebrow effect. Unlike typical eyebrow tattoos, microblading tends to look extremely natural where you can hardly tell that it's not real hair. We offer skin resurfacing with E Matrix and Microneedling.

We specialize in structural integration massage, a technique that uses therapeutic deep tissue and relaxation elements to provide an enjoyable experience while addressing chronic muscular issues.

Cosmetic Laser Medi-Spa & More has two convenient locations in Mentor and Chardon. We are in the historic Corning White House located on 8353 Mentor Ave. Mentor, OH 44060 and recently opened our second location on the Chardon Square, 133 Main Street Upper Chardon, OH 44024.

Visit www.takeawayhair.com and please find us on facebook at Cosmetic Laser Inc. Now on Instagram @cosmeticlaser\_ medispa.

For more information call or text 440-477-4074 to schedule and consult.





## Money Back from Medicare? Here are some facts. We have all seen the celebrity- available everywhere, and the As an insurance broker I 5700 or email most I mutched of the facts.

endorsed television ads for Medicare Advantage plans that say they will pay you \$140 to \$148 a month. Can this be real?

While the plans these celebrities are promoting are perfectly legitimate, they may not deliver everything these pitchmen appear to promise. The commercials do not tell the full story.

Let's begin with some facts. To enroll in one of these plans, you must:

- Be a Medicare beneficiary enrolled in Part A and Part B,

- Be responsible for paying the Part B premium,

- Live in a service area of a plan that has chosen to participate in this program, and

- Find a plan that offers this 'give-back' benefit

While this type of plan is widely promoted, it is not

specifics of each plan will vary. Unfortunately, if you live in an area that does not provide one of these plans, there is no way for you to take advantage of this benefit.

Not everyone gets the full \$148 reimbursement back. The plan determines the amount of the reduction which can range anywhere from \$25 on up. The 'giveback benefit' is not a direct payment to the insured. It is a reduction in their Part B premiums.

The television commercials make references to providing benefits not offered by Original Medicare. They list things like private home aides, home delivered meals, vision, hearing, dental and prescription drug coverage. This can be misleading because not all plans include these benefits.

work with a variety of insurance companies and know which plans are offered in this area. I am always on the lookout for opportunities to offer my clients quality insurance plans at affordable prices. Before you choose a plan based solely on a celebrity endorsement, please call me. I will show you plans that cover your prescriptions, includes your health care providers, provide the best customer service, and will be at an affordable price to you. You can count on me to be available to help with any questions you have now and throughout the year. Call Laura Mutsko at 440-255-

mutskoinsurance.com to make an appointment today.

Laura Mutsko is a licensed insurance broker offering a complete line of health and life insurance products, including Individual, Group and Family Health, Annuities, Long Term Care Insurance, Medicare Advantage, Medicare Supplement Plans, Medicare Part D Prescription Coverage, Vision, Dental and Life Insurance. Mutsko Insurance Services, LLC is located at 6982 Spinach Drive in Mentor, Ohio 44060. Laura can be reached at 440-255-5700 or through email at Lmutsko(a) mutskoinsurance.com.

For more information, visit www.mutskoinsurance.com.



### No Job Too Big or Too Small for Handyman On Call!

Plumbing, electrical repairs are emergency the specialties of Handyman on Call. No job is too small or too large. Home improvement is part of every homeowner's life and Handyman on Call can make getting the job done easier.

Our retired tradesmen are available to provide expertise, quality and dependability at an affordable price. All of our

and tradesmen have at least 25 years experience in home building and/ or home improvements.

Give our office a call weekdays between the hours of 7:30 a.m. and 6:00 p.m. where you will be greeted by a live person and never by a recording. Ask about our seniors discount and money saving coupons.

Call Handyman on Call at 440-951-0999.

. . . . . .



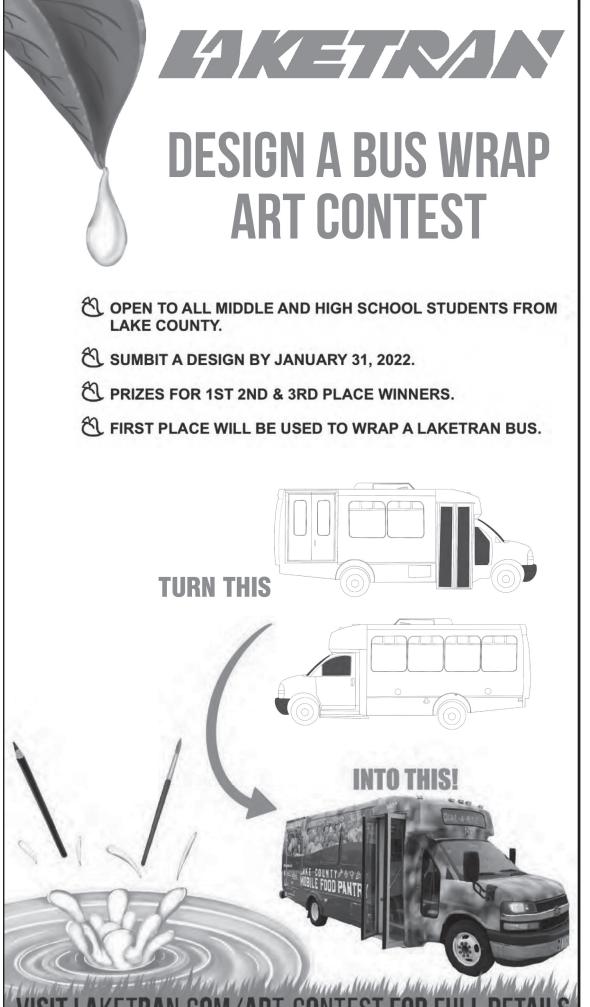
### Enter Laketran's Design a Bus Wrap Art Contest

student art contest is open for entry submittals.

Middle school and high school students from Lake County are eligible to enter by submitting original artwork with a positive, environmentally

Laketran's Design a Bus Wrap friendly message. Participants are encouraged to create a design using the contest theme "Building a Greener Lake County" to promote public transit or ways to be environmentally responsible and care for Lake County's outdoors.

One student's winning design will be featured on a Dial-a-Ride bus wrap for six months and travel throughout the county. Entries are due Monday, January 31, 2022 and the bus wrap will be installed from March – July 2022



school and high school students from Lake County or students enrolled in a Lake County school, art school or homeschooled during the 2021-2022 school year.

Learn more about the contest and prizes on the Laketran website, where you can also download the entry form and art templates.

"We received over 75 entries

The contest is open to middle be able to offer this contest to our young Lake County artists again this year," shared Laketran spokesperson Julia Schick. "Many transit systems incorporate public art into their transit properties or vehicles, because it's a great way to share art in the community."

The 2021 art contest winners, along with 18 additional entries, are on display at the Frank J. Polivka transit center at Lakeland Community College that is open last year and are excited to to the public Monday – Saturday.

### Lake County Genealogical Society **Meeting - January 27<sup>th</sup>** The Lake County Genealogical Kentucky-Tennessee Associates based in Springfield, TN; past

Society (LCGS) meeting will be held on January 27th from 10:00 am to noon. The LCGS is meeting on Zoom due to COVID-19. Please join us for a short business meeting followed by our speakers, Dr. Deborah Abbott and Louis M. "Lou" Lentine (an LCGS member). Our topic is "Lou's Brick Wall."

So, You Think You Have a Brick Wall! Lake County Genealogical Society member Lou Lentine thought he had a brick wall. He shared his frustration in researching his father-in-law, Frank Piunno, with the Society's special interest group (SIG). Armed with oral history it would take more than Lou's eyes to see that his brick wall had a crack. Lou's ancestor talked about his days playing for the New York Celtics and even playing against the Harlem Globetrotters but left gaps. Dr. Abbott, who is very interested in basketball, took up the challenge and they bulldozed the brick wall and learned more. The methods used in this research can help you work through your brick walls as well. Come with us and follow the journey confirming the oral history of Lou's ancestor, Frank Piunno.

Deborah A. Abbott, PhD, is a professional genealogist, specializing in African American research, manuscript collections and genealogy methodology. She serves as a member of the Cuyahoga County (Ohio) Archives Advisory Commission. She is an associate with the



president of the African American Genealogical Society, Cleveland, OH; and a retired professor of Counseling from Cuyahoga Community College in Cleveland.

Dr. Abbott is an instructor as well as the coordinator for both the weeklong African American tracts at the Institute of Genealogy and Historical Research (IGHR) held at the University of Georgia in Athens, GA and the Genealogy Research Institute of Pittsburgh held at LaRoche University in Pittsburgh, PA. She is also an instructor at the Salt Lake Institute of Genealogy (SLIG) in Salt Lake City, UT. She presents lectures and workshops at a variety of national, state, and local genealogy conferences across the country, as well as colleges, businesses & libraries.

Visit our Society web site at www.lcgsohio.org site to learn more about us and to find the email address to contact us for an invitation to our Zoom Meeting. Also, our members help each other at the Lake County Genealogical Society Special Interest Group (SIG), which meets virtually the first Thursday of each month at 10am. If you do not have a computer, you can join the Zoom meeting from your phone; so, call Bonnie or Cynthia to get the phone number for the meeting.

If you have any questions, call Bonnie at 440-428-3783 or Cynthia at 440-951-0914.

Join us to learn how to research and organize your findings on your ancestors, find your "Roots" and create your own Family Tree. You can also join our genealogy group, meet new people, and get help from other members besides from listening to the speakers

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> From a measurable sense, Healthy Humidity is between 40% and 60%. If your humidity is too low, you'll be more prone to sickness, your skin will be dry, and your house's wood flooring and furniture will be more likely to crack from drying out. On the other hand, if your home has too much humidity you might start to see bacteria grow and

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Don't ignore these caregiver burnout warning signs.

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-Guilt -Sadness Exhaustion - Loneliness - Helplessness - Frustration

Here are some tips for reducing

caregiver stress:

- Ask for and accept help - Don't feel guilty that you are not perfect

- Accept what you can and cannot change

- Find out about caregiving resources in your community We have felt all these emotions

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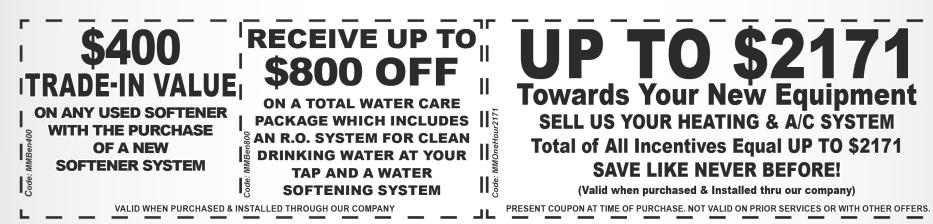


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"Only about 5% of the Home Improvement companies in

### "We Made History" Presented February 9th

The Women's Committee of The Fine Arts Association will celebrate Presidents Month with a program entitled "We Made History," The story of the 16th President during that great conflict from life in a log cabin to the White House and Mary's tragic life as portrayed by historians.

The February 9, 2022 program begins 11:00 a.m. at The Fine Arts Association, 38660 Mentor Avenue, Willoughby, followed by the luncheon at noon in the lobby. Covid protocols will be

respected.

À menu is roasted pork loin with Dijon sauce, potatoes, green beans almondine and red velvet cupcakes.

Cost is \$15 a member; \$20 nonmember; \$10 for program only (which can be purchased at the door). All tickets payable by check or cash.

RESERVATIO	NS	AND
CONFIRMATIO	NS	ARE
REQUIRED	FOR	THE
PROGRAM LUNCHEON.		

Email: anthonyjanem@yahoo. com or phone: 440-579-5020 by noon February 4, 2022.

The Women's Committee is an independent auxiliary whose mission is to support and promote The Fine Arts Association in the appreciation of the creative arts of music, dance, art and drama (www. fineartsassociation.org).

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### **Bathroom Remodel Horror Story**

for you. You pay the wrong contractor \$9,000 upfront to give you the perfect bathroom and 9 months later you still have no working bathroom and it's less than 25% done. To make matters worse the 25% that was "completed" was completed incorrectly and needed to be torn out. This is the unfortunate story of a Lake County Resident and neighbor of yours.

That's what one local customer experienced and we wrote this article to make sure it never happens again. Here's some ways to prevent it. Check reviews online, if a company has no online reviews likely they are inexperienced and not qualified to do your job. Ask them for references, reputable companies like Monthly Upkeep will be happy to hand over a list of super satisfied customers. Never pay for a job upfront, reputable companies may require a small deposit to secure a spot on their calendar but will never require payment in full upfront.

Now imagine this, Monthly Upkeep comes in and knocks the bathroom remodel out in less than 3 weeks, start to finish.

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Bathroom remodels are a great way to give your home a fresh look. When done properly,

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8. Check drain

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