

# Best Dog Hikes Alabama

## Basic Gear and First Aid Kit Items

### First Aid Kit Essentials Checklist

- Canine first-aid manual
- Paperwork: Shot records and photos of your pet in a waterproof bag
- Vet and ASPCA Poison Control Center (800-426-4435) contact information
- Extra collar and nylon leash
- Any medications your pet is on
- Soft muzzle to prevent biting (do not use if they are vomiting)
- Vet wrap (the stretchy kind to hold bandages in place)
- Scissors
- Tweezers
- Digital rectal thermometer
- Petroleum jelly (to lubricate the thermometer)
- Absorbent gauze pads
- Adhesive tape
- Antiseptic wipes, spray, powder, or lotion
- Cotton balls or swabs
- Gauze roll
- Non-latex disposable gloves
- Sterile non-stick gauze pads for bandages
- Sterile saline solution
- Matches and fire starter
- Their favorite treats to help calm them and reward them for letting you treat them

### Day Hike Checklists

- Day pack
- Dog pack (Optional)
- Health and vaccination certificate
- Collar, harness, leash, ID tag (with home/cell number), rabies tag
- Collapsible water bowl
- Water and metal or plastic (BPA free) containers
- Water purifier or iodine tablets for long day hikes
- Kibble, snacks, and extra protein energy snacks
- Dog booties
- Hiking Boots
- Bug repellent in sealed bag
- Sun hat
- Sunscreen for you and your dog (apply it to the tips of their ears)
- Biodegradable poop-bags
- Wire grooming brush to remove burrs and stickers from your dog's fur
- Multi-function knife (IE: Swiss Army Knife)
- Flashlight
- Matches or lighter and fire starter
- Space blanket
- Whistle
- USGS maps and compass (and know how to use them)
- GPS (optional)
- Camera
- First aid kit (see Appendix B)