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VOLUME MMXXIII, #2

APRIL 2023

Anchors Aweigh: The life of a sea-going gal!

Cruise ship advertisements provide the images most of us have about 'shipboard life'. But, our own active-duty, Navy member Zuraida Lima recently took time to provide her personal perspective of life on a US Navy ship.

"I know when the ship is rocking," she laughed, "because people walking through the passageways are leaning to one side!"

Zuraida Aviation is an Structural Mechanic Third Class with US Navv Strike Fighter Squadron 137 (STRKFITRON 137). homebased at Naval Air Station LeMoore, CA. Her squadron is currently deployed aboard the USS Nimitz (CVN 68) which, according to national news, is currently participating in a trilateral naval exercise with South Korea and Japan.



However, during active

launch and recovery cycles,

Zuraida's iob narrows in on

the safety and security of

"I'm up on deck inspecting

the aircraft before flight for

any discrepancies someone

might have missed on the

previous daily inspection,"

she explained. After briefing

the pilot that the jet is ready for flight, Zuraida signals

start-up approval to the aircraft handler who moves the jet around the deck to

the carrier's catapult.

her \$67.4 million baby.

Zuraida's primary job is *Zuraida working in the ship's* maintenance of the FA 18-E *hanger bay.* Super Hornet, a single-seat,

multi-mission, tactical aircraft. Her assigned tasks are just as diverse as her jet's capabilities.

When working in the ship's hangar bay, she said, her duties encompass the jet's airframe, flight control surfaces and hydraulic systems and subsystems.



Zuraida on deck with her jet.

During the remaining launch sequence, she waits on deck, holding the six chains which held the jet in place prior to the launch. If the launch

is scrubbed (cancelled), then she is there to receive the jet and shut it down.

And, of course, there is the noise that accompanies life on a US Navy ship.

"My berthing is under catapults one and two," Zuraida said with a barely perceptible wince. "When they launch the Hawkeyes and jets, it sounds like a missile hitting the ship!" But, she allows, there is some free time, and the food is pretty good.

"Down on the mess deck, early in the morning, it smells like eggs, bacon, and syrup," she said, basking in the memory, but then frowned adding, "In the aft (back of the ship) galley they have one of the trash rooms nearby, so sometimes it'll smell like trash."

And how does she spend her time off? By singing karaoke!

"My favorite karaoke songs include a Jackson 5 hit that five of the ship's Culinary Specialists (cooks) have perfected, and 'Feel the rain



Zuraida enjoys some open-air athletics on deck.

on your skin' by Natasha Bedingfield," she said. "Everyone sings along to both of those."

And why did Zuraida leave the quiet life back home to sail the seven seas?

"I joined to have a purpose in life and to also help my sister with my nephew if she ever needed it. The navy gives me purpose, versus cutting pizzas at a pizza place called Hungry Howie's, or selling shoes at Journey's. I feel like I'm actually making a difference in people's lives while enlisted."

You are making all the difference, Zuraida! Thank you for sharing your experience!



Please contact your Regional Representative listed on Page 10 of this bulletin, if you have questions.

Presidential Ponderings

by GinaMarie Doherty, National President

Well, it is the six-month mark of my term as your National President. I am grateful for all of you! How are we doing? Is there something you have in mind for our organization? Do you have an idea for an organization-wide fundraiser? Please reach out to me or a staff member. Our contact information can be found on Page 10.

Please allow me to take this opportunity to thank all of the wonderful staff members for their dedication to our organization. There are several processes which require constant attention, and follow-up communication. Sometimes this is not an easy task, but we persevere knowing one of our goals is to *"Keep female veterans connected while preserving our common history"*. We are working together to grow Military Women Across the Nation.

I hope you had the chance to visit the Military Women's Memorial online at <u>www.WomensMemorial.org</u> or call (703) 533-1155 to learn more about preserving our legacy. Please remember - each generation of military women strengthens the next generation by telling their stories. Have you told your story?

Here's to a happy and healthy Easter with family and friends! May God Bless you with a sunny and warm holiday surrounded by loved ones. Please continue to pray for our sisters who are in need of prayer, or serving in harm's way around the world.

Membership Message

by Debbie Crutchfield, Vice President for Membership

I attended the Tri-State Women Veterans Unit 157 Red Shirt Luncheon on January 21st in Soddy Daisy, TN. After the luncheon, attendees participated in creating Valentines to deliver to veterans at the Chattanooga VA Clinic. We had a great time doing this.

I also enjoyed seeing my sister members at our Triangle Military Women #144 meeting on March 25th. After the meeting, we honored Vietnam-Era veterans.

My VP for Membership duties include conducting membership drives, and I'm seeking ideas. If anyone has

Officers' Call

suggestions to help grow our membership, please email me. I'm currently working on some ideas of my own.

All members are encouraged to tell your women veteran friends about our organization. Our members are the best recruiters we have. Get your friends together and consider starting a unit. Being an active member is very fulfilling, and you will make lots of new friends. Let's grow our organization and make our voices heard.

RECRUIT, RECRUIT, RECRUIT!

Volunteer Service Hours

by Karen Albert Warren, Volunteer Hours Chair

Can you believe it is already April? This is just a friendly reminder to start getting your volunteer hours together. We are all busy working in our communities, so do not forget to report all your hard work. As a non-profit organization, it is important for MWAN to collect and track volunteer hours. Your hours are needed!

Track hours from 1 June – 31 May of each year. Please use the Volunteer Service Hours form located on pages 54-55 of our current Procedures Manual. Volunteer hours are tracked in three, primary areas: VA Hours, which includes time spent in support of VA clinics, medical centers and/or cemeteries; Community Veteran Support, which focuses on time spent supporting veterans (other than VA hours), and Community Service Support, encompassing any and all other volunteer hours.

Unit members should submit their volunteer hours to the unit Volunteer Hours Coordinator, who will submit the unit's total hours to me. Members-at-large should submit their volunteer hours directly to me at volhours@milwomen.org. If you do not use email, please call me in Florida at (863) 738-7911 to obtain my mailing address. If you have any questions about the reporting procedure, please contact me.

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Email:	Phone:	Effective Date:	
Mail to: MWAN Secretary Ginger Daniels, P.O. Box 314, Shattuck OK 73858-0314 <u>OR send via E-mail to</u> : secretary@milwomen.org Miscellaneous Information < 1. Military Women's Bulletin is the official newsletter for Military Women Across the Nation, Inc., a nonprofit, veteran- service organization originally chartered in California in 1979 by co-founders Jeanne Palermo, Loda Mae Dobbins and Esther Govorchin. < 2. This newsletter is published six times per year in February, April, June, August, October and December by Harbor Printing Inc., 3 Graf Road, Newburyport MA 01950. < 3. Items for publication may be submitted via electronic mail to <u>editor@milwomen.org</u> and must be received by the 1st of the month PRIOR to publication. < 4. Submit all changes of address as soon as possible. < 5. Returned newsletters will NOT be re-mailed.			



KEYSTONE WOMEN VETERANS

Unit #6 (PA) – Our unit can no longer hold meetings at the US Coast Guard Station, and we are struggling to sustain membership. We held a meeting in January with a luncheon at our local Uno Pizza, with six members present. Dues were collected for 2023 and a future meeting will be held at the home of Ruthie Severino on April 1st.



Tina Crowding (above left) and Ruthie Severino (above right) attended a one-day special event highlighting World War I – The Great War – held at Pennsylvania Veterans Museum on Sunday, January 29th. This exhibit featured special displays, uniforms, and artifacts from WWI. Re-enactors in full dress uniforms representing Germany, France, Russia, and the United States demonstrated and explained different events that took place in the warring nations.

Ruthie Severino had the privilege of watching the live broadcast of her great-grandson, Dominic, graduating from boot camp in Great Lakes Naval Training Center. He has been accepted in the SEALS training camp in San Diego.

STARS & STRIPES

Unit #36 (CA) – Our own Shirley Ferrill, West Coast Pillow Project coordinator, was selected to receive the George Washington Presidential Medal by the Freedoms Foundation at Valley Forge, San Diego Chapter.

One of only four awardees nationwide for 2022-2023, Shirley was commended for going "above and beyond the call of duty" on a local level, promoting good works and serving her community on an ongoing, day-to-day basis. Her award was aptly titled "Faith, Hope, and Love in Action."

Now in her 80's, Shirley stays active and engaged in her community and across the nation as a member and officer of the American Legion, Veterans of Foreign Wars, San Diego Women's Club, National City Friends of the Library, New Entra Casa (a home for mothers facing drug and other issues), the United Methodist Church, and Military Women Across the Nation.



Each week she helps distribute food at a local San Diego distribution center, plus twice monthly she helps serve at her local food pantry. She says "helping people get food they need is a good feeling"; however, it concerns her that food is an issue in our wealthy country, saying, "There is not a lack of food; the problem is the distribution of food."

Shirley is committed to supporting her sister military women - and all women and families - with mission projects across the globe. Shirley is a shining example of kindness and humanity at its finest, and she is a stellar representative of Military Women Across the Nation.

Congratulations, Shirley!





REDWOOD EMPIRE MILITARY WOMEN

Unit #77 (CA) – The year 2023 started off with a bang for our members with a series of winter storms (and much needed rain). Unfortunately, the weather caused us to cancel our January meeting. We made up for it in February, with a full slate, ending with a potluck luncheon celebrating Valentines Day.

March found us traveling to Richmond, CA in the East Bay to tour the Rosie The Riveter Museum which is part of the National Park Service. After touring, we enjoyed lunch while holding our monthly meeting.

Our members also participated in other activities including special recognition as women veterans at the Vintage House in Sonoma, and working with American Legion members to interview potential candidates for Boys and Girls State at local high schools. We used this opportunity to drop off copies of the MWAN National Scholarship Application with school counselors.

We also participated in the St. Patrick's Day Corned Beef dinner fundraiser, and several members attended the very enjoyable U.S. Navy Concert Band at the Green Music Center.

Celebrating Women's History Month, specifically military women, found unit members sharing lunch, and stories, with our active-duty Coast Guard sisters and brothers at USCG TRACEN in Petaluma.



We continue to grow our membership and furthering this endeavor, Trisha Almond, our president designed a business card (*pictured above*) that says it all. All members carry a supply of these to share at events.

MEMPHIS BELLES

Unit #151 (TN) – The Memphis Belles had a busy late fall and winter. On a cold, blustery day in early November we held a bake sale fundraiser at the Tipton County Museum's Civil War Reenactment.

Following a successful Thanksgiving potluck hosted by Linda Coffield, the unit joined several other veteran organizations at the end of November to fold flags which had been flown as part of a fundraiser for the Carl Perkins Center for the Prevention of Child Abuse. The first three Saturdays of December we held our own fundraiser offering Christmas wrapping for tips.

Additionally, we assisted the LTCOL Luke Weathers, Jr. VAMC (formerly Memphis VAMC) by donating food, and then helping pack and distribute more than 300 food boxes to veterans and their families.



Above (left to right): Linda Coffield, Deb Testa, Becky Dickinson, Anne Day, Kathy Desjarlais, Debra Burns working at their bake sale. Below (left to right): Sami Phillips, Stacy Harris, Maribeth Patton, Debra Burns, Deb Testa, Linda Coffield, Anne Day, and Kathy Desjarlais at the Thanksgiving potluck.



Above: Stacy Harris (left) and Anne Day (right) fold one of almost 400 American flags.

Below (left to right): Linda Coffield, Jean Jungkans, Anne Day, Terry Echleman, and Kathy Desjarlais take a break from gift wrapping.



In January, we delivered various kitchen, bathroom, and bedroom items as well as a new TV to a local woman veteran who was starting over with little more than the clothes on her back.

In March we participated in a "vintage board game night" at the local museum with proceeds going toward the museum's expansion, followed by a cookie fundraiser at a local business.

MILITARY WOMEN OF TIDEWATER

Unit #152 (VA) – We celebrated our annual Christmas party, January 14th. Yes, after Christmas but with December being so hectic for so many of our members, January just seemed like a better option. Nonetheless, the theme this year was "Ugly Christmas Sweater" and boy was it a hit. We all brought food, had a wonderful time and our annual silent auction brought in \$1,187. All that were able to attend had a marvelous time with food, fellowship and, of course, fun.



Christmas Party attendees are, left to right, Back row - Sheila Jessen, Cathy Schweitzer, Bobbie Waldren, Maggie Cobb, Jo Heimerl, Martha Kestler, Subrina Strauss, Jennifer Sherman & April Maletz: Middle row - Geraldine Rivera, Phyllis Lightfoot, Dassa Carvey & Elaine Musick; & Front row: Betty Hand, Trish Hubbard, & Lesli Carpenter

Our unit provides neck pillows to veterans who participate in the Old Dominion Honor Flight. We met on two different Friday nights during March for a Stitch-&-Stuff gettogether. We cut, stuffed and sewed pillows for the upcoming honor flight set for April 22nd.

We meet monthly, at VFW 4809, Norfolk, VA. For meeting information, contact Dassa Carvey, at dassahsg@gmail.com or (757) 363-3059.

SALT RIVER MILITARY WOMEN

Unit #155 (AZ) – We suspended meetings for a couple of months. At our March 15th meeting we held elections, installed new board members and made plans for the new year!

Sadly, we lost another valued member and unit 'Plank Owner' this year. Lori Elander - aka "Lucky Lori" – (pictured at right) died on February 13th. Her celebration of life was held February 26th, and was very well attended. Unit members offered a final salute and a couple of us shared stories and laughs with her family and friends. She would have turned 90 on July 3rd, along with military sister Sue



Wudy who often attends our meetings.

We will celebrate Lori in absentia and eat shrimp scampi – her 3rd favorite meal after biscuits and gravy and (hold your nose) peanut butter and bologna sandwiches. Lori was dearly loved and will be sorely missed.

Former Unit President Shirley Crawford continues to recover in a rehab facility. She can now speak (a huge step) and eat, and may be able to go home in a few weeks.



TRISTATE WOMEN VETERANS

Unit #157 (TN) - Our unit was represented at the

Chattanooga Veterans' Day ceremony (pictured at right), by Beth Wingfield (on the left) and Unit VP Zaida Ringheimer (on the right), who carried our flags in the parade of colors.

We celebrated Valentine's Day in January by creating Valentines for veterans at the Chattanooga VA Clinic. While having a great lunch at Poor Folks Restaurant in Soddy Daisy, we wielded glue sticks, ribbon, heart stickers, scissors & glitter pens - with almost no injuries! Unit President



Renee Chisholm later delivered the 40-plus, hand-made cards to the clinic.



Our contributing creative crafters are, left to right, Back row – Gloria Gray, Teena Gravitt, special guest MWAN VP for Membership Debbie Crutchfield, Beth Wingfield, and returning member Princess Diana Rand; Front row – Chattanooga Area Veteran of the Year Carla Bell, Danette Skyles & Penny Manna.

NEW ENGLAND

Unit #158 (RI) – In November, unit members hosted Bingo at the Rhode Island Veterans' Home followed by a unit meeting.



Left to right: GinaMarie Doherty, Unit VP Michele Diamond, and new members Pat Siegmund & Debbie Gesmondi. **Continued on Page 6.**



NEW ENGLAND, Unit #158 (RI) – Continued Residents enjoyed having new faces to meet and the game assistance provided by unit members.



Above, Unit President Sylvia Weber (at right) assists residents in locating called numbers. Below, Erika Westbrook (center) assists other residents.



LAKELAND ROYAL SWANS

Unit #159 (FL) – Greetings from Lakeland Royal Swans! We held monthly meetings in January and February at American Legion Post 4 in beautiful Lakeland. Following each meeting, several members enjoy lunch together at various community restaurants.

We're gearing up for recruiting, and will host an information table at the upcoming Sun 'n Fun Airshow at Lakeland Lindor International Airport, and are contemplating participation in a future honor flight.



February meeting attendees pictured are (left to right) Kathleen VanMiddlesworth, Caroline Brice, Kay Shelby, Grace Tate,

On March 2nd, our own Lorraine Peaslee was honored as a Korean War Veteran at a Detroit Tigers spring training baseball game here in Lakeland. Lorraine (pictured below), 96 years young, threw the first pitch and was given four complimentary tickets for the game.



Of course, unit members attended the game to support Lorraine. Attendees pictured below (left to right) are Linda Osborn, Karen Warren, Gwen Pipkin, Lorraine Peaslee, Grace Tate, and Kathleen VanMiddlesworth.



Lakeland is located between Tampa and Orlando, and meetings are held at 11am on the 4th Saturday of each month at American Legion Post 4, 1375 Ariana Street, Lakeland, 33803. If you know any sister veterans in the central Florida area who may be interested in joining us, please have them leave a message for Kathleen VanMiddlesworth at (863) 738-4487, or send an email to MilitaryWomenLakeland@gmail.com. We can also be found on Facebook at facebook.com/LRSofMWAN/.

MEMBER-AT-LARGE, MISSOURI

MAL Ann Puck *(below)* assisted other area veteran advocates in assembling 11 holiday gift packages. Six were shipped to active service members deployed overseas, and the remaining five were mailed to families of deployed military members.



Additionally, Ann *(below in gold cap)* had an opportunity to assist veterans by explaining their eligibility for VA benefits such as VBA, VHA, education and insurance.



MEMBER-AT-LARGE, NORTH CAROLINA

Happy Birthday to MAL Vivian Cunningham who celebrated 100 fun-filled years in March. Vivian served as a Yeoman 1st Class in the Navy WAVES from 1943-1945. She joined our organization in 2004, and was a member of Sand Dollar Unit #60 in St. Petersburg, FL, until 2012, when

the unit folded.

Special thanks to her care-giver Lisa, who kindly reminded us of Vivian's birthday and provided the photo (at right) of our lovely sister. Here's hoping you had a wonderful birthday, Vivian, and thank you for your superior, groundbreaking service

which paved the way for

today's military women.



Sound Off!

MEMBER-AT-LARGE, PENNSYLVANIA

Happy Birthday to MAL Helen (Miller) Alexander who becomes a centenarian this month! Helen (pictured at left in



uniform) served as a 2nd Class Storekeeper in the Navy WAVES from 1943-1945. She was stationed at Anacostia Naval Station in Washington, DC, as well as 'overseas' in Hawaii long before it became a state. She loved her time in the Navy and made some life-long friends.

Helen's daughter, Betty, provided some insight saying, "She is very proud to have served during the war, and

always comments how 'that is when the entire country stood strong and shoulder to shoulder...no separate democrats and republicans. ONE NATION, as it should be...and proud to be an American." She added that her mom is, of course, very patriotic, and has instilled in her five kids, nine grandkids and 14 great-grands the importance of voting.



Helen (*pictured above on a walk*) has always enjoyed nature, hikes with the family, flower gardening, keeping up with world events, and writing her legislators with her concerns about today's world. She has unshakable faith in God, and has previously volunteered at the VA hospital and the Cancer Centers Hope Lodge.

Special thanks to Betty for sharing Helen's story, and photos to help celebrate her birthday. However, we'd still like to see the 'Queen of the Luau' and her entourage...

Wishing you the happiest of birthdays, Helen, and thank you for paving the way for today's young women, with your superior, ground-breaking service to our country.



By Beth Liechti Johnson

Hey One Percenter! If you are a military veteran, then you're a One Percenter. That's right, less than one percent of America's some 330 million citizens have served in the US Armed Forces.

Many of you - no, let me correct myself - every woman veteran reading this has a worthwhile, sometimes funny, sometimes scary, and sometimes unbelievable story about her time in uniform. And yet, how many of you have written your stories down for others, especially family members? Think about grandchildren who may, or may not, know you, or young women considering serving in the military, or just folks interested in American history?

Once you depart this earth, who will tell your story? A spouse? A friend? A funeral director? Will they get it right?

It turns out many publishers seek stories, poetry, fiction, and non-fiction authored by military veterans. Once I started looking, I found many sources, and, in 2022, I compiled the first edition of Veterans - Write. I update the list annually and distribute it on Memorial Day.

Sections include: journals, writing workshops with publications, contests for veteran writers, magazines/ newspapers, veteran legacies - archives of veterans' stories, and publishers. If you would like to receive a free copy of Veterans - Write 2023, please email me eljohnson707@gmail.com.

With more showing up daily, a treasure of books, both by and about military women, have been published. I compiled a list of these books and look forward to sharing them with you. Email me if you'd like copies of the lists.

Many veterans will not care to publish their stories. However, I ask you to at the very least consider registering your service as a HERstory in The Registry of the Military Women's Memorial at https://womensmemorial.org/makeherstory/. Registration is free, though the dedicated volunteers at the memorial always appreciate a donation. In your *HER*story entry, you can include your service dates, awards & decorations, and highest rank attained. Best of all you can post a photo and a paragraph or two of your memorable experiences.

As a Military Women's Memorial Foundation Ambassador for Arizona, I'm available to assist if needed, please contact me at wimsa.amb.az1@gmail.com, and we'll get it done together.



Take charge of your legacy now: Write what you want others to know about your experience.

Financial Fraud - Are You Aware?

by Georganne Bickle

Financial fraud schemes are on the rise. The best way to protect yourself is to stay informed and be aware.

This past December, I became a victim of fraud through my PayPal account. Fortunately, I caught it early, and my credit union was able to freeze my accounts, and restore an erroneous \$2,399 charge. The PayPal security agent I spoke to said PayPal had suffered multiple attacks by hackers, including 100 invoices for \$2,399.

At the time, my bank account and debit card were linked to PayPal for transfers. The agent said the safest practice is to only provide banking information for single transactions, and delete the information from PayPal when the transaction is complete.



According to an FBI article, "Each year, millions of elderly Americans fall victim to some type of financial fraud or confidence scheme ... ", and the US Consumer Financial Protection Bureau warns, "Scams are constantly changing. You can protect yourself by knowing what to look out for." Don't be the next victim. Here are some things you can do:

1. Get in the habit of checking financial accounts frequently if not daily. If anything looks suspicious, contact your financial institution immediately.

2. When making online purchases, consider using a prepaid credit card which only has enough money for the intended transaction.

3. Keep informed about current financial frauds and how to avoid them. The Federal Trade Commission provides details on avoiding and reporting scams at the following website: https://consumer.ftc.gov/all-scams/avoiding-reporting-scams

4. Finally, make certain you are on a legitimate website before entering any personal or financial information. If you are new to online shopping, ask a trusted family member or friend to help you learn how to make purchases securely.

Above all, be safe with your money. You worked hard for it, and deserve to spend it the way you choose.



Did you Know?

Early aircraft's throttles had a ball on the end. In order to go full throttle, the pilot had to push the throttle all the way forward into the wall of the instrument panel. Hence "balls to the wall" for going very fast.

Now you know, the rest of the story.



MEMBERSHIP APPLICATION

Military Women Across the Nation (MWAN)

Name:				Phone: ()	
First	Middle	Maiden			_/	
Mailing Address: _	Street			City	State	Zip
E-Mail Address:				Unit No. or MAL		-
Birthday: Day	Month	Year		Branch of Service:		
Dates of Service: Fi	rom:			<i>To:</i>		
Highest Rank/Rate	:	Basic Training:				
Training schools: _						
Primary/Last duty	station:					
				Referred by:		

MEMBERSHIP shall be extended to military service women who served or are serving honorably in the U.S. Armed Forces, both regular and reserve components to include the National Guard and Maritime Services. Membership includes an E-MAIL subscription to *Military Women's Bulletin* published six times per year. *IF YOU PREFER* a black & white printed bulletin mailed via USPS Bulk Mail, initial here: _____

"I certify that I meet the eligibility requirements of MWAN and I can produce a copy of my military identification, DD214 or other honorable discharge document upon request."

Applicant Signature:____

Date:___

First Time, NEW Member Dues are \$35 for the period of 1 Jan through 31 Dec

Initial Annual Dues for <u>First Time, NEW Members</u> joining after 1 Aug shall cover the remainder of the current year AND the full, following calendar year. **First Time, New Members** will receive an MWAN Membership Card and MWAN T-Shirt:

Please select preferred Unisex T-Shirt size: $S \square M \square L \square XL \square 2X \square 3X \square$

Annual Renewal & Reinstatement Dues are \$25 for the period of 1 Jan through 31 Dec

LIFE MEMBERSHIP IS AVAILABLE TO MEMBERS 90 YEARS OF AGE AND OLDER for \$30.00

New members joining through a local unit, make check payable to the local unit. The local unit treasurer will submit the payment and application to the MWAN Vice President for Finance.

New members-at-large make check payable to "MWAN" and mail with this completed and SIGNED application to: Terry Taylor, MWAN Interim Vice President for Finance 10105 E Via Linda, Ste 103-253, Scottsdale AZ 85258.

PLEASE MAKE A COPY OF THIS APPLICATION FOR YOURSELF AND YOUR UNIT.

A tax-deductible donation to MWAN in the amount of \$ ______ is included in the attached check.

(For office use only) ____

_____ MWAN National ID # __

MWAN National Officers & Staff 2022-2024

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MWAN Regional Map



Contact information for each Regional Representative is provided in the chart to the right.

2020-2022 Regional Representatives

REGION 1: California, Hawaii, Nevada Representative: Lynne Pine, 507-400-9111/CA RR1@milwomen.org

REGION 2: Alaska, Idaho, Oregon, Washington Representative: Lynne Pine, 507-400-9111/CA RR2@milwomen.org

REGION 3: Arizona, Colorado, New Mexico, Utah Representative: Martha Alderman, 623-810-9328/AZ RR3@milwomen.org

REGION 4: Montana, North Dakota, South Dakota, Wyoming Representative: Annette Dunseth, 701-509-5412/ND RR4@milwomen.org

REGION 5: Michigan, Minnesota, Wisconsin Representative: Jennifer Baun, 314-803-8643/OH RR5@milwomen.org

REGION 6: Florida

Representative: Jouay Koppari, 813-684-1668/FL RR6@milwomen.org

REGION 7: Oklahoma, Texas Representative: Ginger Daniels, 580-938-2310/OK RR7@milwomen.org

REGION 8: Alabama, Arkansas, Louisiana, Mississippi Representative: Beth Wingfield, 706-459-5729/GA RR8@milwomen.org

REGION 9: Iowa, Kansas, Missouri, Nebraska Representative: Michele Batliner, 816-315-9229/MO RR9@milwomen.org

REGION 10: Georgia, North Carolina, South Carolina, Tennessee Representative: Beth Wingfield, 706-459-5729/GA RR10@milwomen.org

REGION 11: Kentucky, Illinois, Indiana, Ohio, West Virginia Representative: Jennifer Baun, 314-803-8643/OH RR11@milwomen.org

REGION 12: Delaware, District of Columbia, Maryland, New Jersey, New York, Pennsylvania, Virginia Representative: Dassa Carvey, 757-363-3059/VA RR12@milwomen.org

REGION 13: Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont Representative: Alicia Rodriguez, 401-924-2589/RI RR13@milwomen.org

ONLY USE CURRENT ORDER FORM

Name: _

MWAN Supply Locker API (Why not use a return address label here!)

APRIL 2023

Address:	City ST Zip
Did you circle the type/size and/or color on items?? Double	Check please! **Phone Number: ()
Price per pieceX <u>Number you want</u> =	
PATCHES	<u>MWAN CLOTHING ITEMS</u>
MWAN 2½" (caps) \$ 3 X =	Neck Tabs, Black w/Velcro \$12 X =
MWAN 3" (shirts) \$ 4 X =	Garrison Caps (includes patch) \$24 X =
MWAN 8 ¹ / ₂ " (vest) \$10 X =	Sizes: 25
USN Women Veteran \$ 6 X =	MWAN Visor \$15 X =
Patches: Navy Flag or Services \$4 X =	MWAN Ball Cap \$15 X =
(USN, USAF, USMC, USCG, ARMY)	MWAN T-Shirt \$18 X =
American Flag Patch (3½"x2") \$4 X =	Sizes: S, M, L, XL, 2XL, 3XL, 4XL
Weren ere Veterene Tee fr	MWAN Polo Shirt $336 X = $
Women are Veterans, Too $$5 X = $	Gray or White Sizes: S, M, L, XL, 2XL, 3XL, 4XL
WAVES Anchor (old style) \$4 X =	MWAN Jacket \$36 X =
Vietnam Era Eagle \$6 X =	Sizes: S, M, L, XL, 2XL, 3XL MWAN Sweatshirt \$28 X =
MWAN Coin \$10 X =	Sizes: S, M, L, XL, 2XL, 3XL, 4XL
MWAN Lapel pin \$ 4 X =	MWAN White Dress Shirt \$34 X =
MWAN Charm \$ 7 X =	Sizes: S, M, L, XL, 2XL, 3XL, 4XL, 5XL
MWAN Earrings \$12 X =	Patriotic Scarf (100% Polyester) \$4 X =
MWAN Coin Keychain $12 X =$	ITEMS OF INTEREST
MWAN Mouse Pad \$6 X =	American Veteran Bracelet \$5 X =
Original Hat Pin $$10 \times 10 \times 10^{-1}$	2016 Convention Pin \$2 X = 2016 National Convention Patch \$1 X =
Anchor & Prop Earrings $14 \text{ X} =$	2016 National Convention Patch \$1 X =
Anchor & Prop Charm \$ 7 X =	MWAN Playing Cards \$10 X =
Anchor & Prop Lapel Pin \$ 4 X =	Canvas Key Chain/Stars & Stripes \$6 X =
Veteran Lapel Pins \$ 4 X =	2016 National Convention Coin \$6 X =
(USN, USAF, USMC, ARMY)	
Honor-Courage-Sacrifice Veterans Pin \$5 X=	Mini-Flags Set (MWAN & American)\$10 X =
Vietnam Era Pins \$6 X =	(flags are 6"x4" with weighted gold base)
Veteran American Flag Pin \$5 X =	MWAN Window Decal \$3 X =
Freedom Forever Eagle Pin \$5 X = US Flag & Service Flag Pin \$4 X =	MWAN Magnets \$2 X = MWAN Car Magnet (8" Oval) \$5 X =
(USN, USAF, USMC)	MWAN Car Magnet (8" Oval) \$5 X = MWAN Pencils (2 each) \$1 X =
USN Hat Pin (Spread Eagle w/USN) \$8 X =	MWAN Pens (4 each) \$4 X =
USN Crest Lapel Pin \$4 X =	WAVES Key Chain, Rubber \$5 X =
US Navy Lapel Pin \$4 X =	DD214 Alumni Decal \$6X =
USN Patriotic Ribbon Pin \$4 X =	MWAN Flags (3'x5') \$80 X =
POW/MIA Lapel Pin \$5 X =	MWAN Table Coverings \$120 X =
Department of Navy Lapel Pin \$4 X =	MWAN PopSockets \$10 X =
Service Crest Lapel \$4 X =	3 for \$20 X =
(USN, USAF, USMC, USCG, ARMY)	NAME BADGE W/MWAN PUCK \$15 X =
Service Dogtag Pins \$5 X =	Double clutch back OR Magnet back (circle one)
(USN, USAF, USMC, ARMY, USCG, VETERANS)	Name on Badge:
US Vet Stars/Stripes Lapel Pin \$9 X =	Nickname/Maiden:
Honoring Women Veterans Pin \$6 X =	Unit or Other Info:
*Poppy Flower Lapel Pin \$5 X =	Branch: Years / From To
** <u>Shipping Cost</u> **	(**Use back of form if you need more space**)
Up to \$40 = \$9; \$41-\$100 = \$17; \$101 & above = \$20	Subtotal: \$
Check/MO #: NO PHONE ORDERS	ADD Shipping: \$
Make checks payable to MWAN SUPPLY LOCKER	TOTAL DUE: \$
Mail check with Order Form to: Linda Coffiel	
Questions? Call: (901) 488-4153 or	
*HOT-ITEM!! ORDER 25 OR MORE-ONLY \$4.50 EA	
NOTE: MWAN Ladies White Dress	
POLO Shirts (Unisex) RUN LARGE;	Suggest ordering a size smaller

April 2023

Military Women Across the Nation **PO Box 314** Shattuck, OK 73858-0314



Silver	Tans
011/51	Lups

U.S. Navy

Frona A. (Gopp) Liston 021/OH Donna J. (Hall) Sheldon 021/OH Louesa (Davidson) Thayer 021/OH Gladys A. (Nicolet) Voell 036/CA Lorraine "Lori" Elander 155/AZ Maxine E. (Brundage) Biggers * MAL/AR Letha Davis MAL/AR Nancy (Levy) Frank MAL/CA Jeanette F. (Stenling) Johnson MAL/CA Mary (Mihane) Luzmoor MAL/CA Melva (Lynch) McGrew-Weber MAL/CA Lois I. (Janelle) Teson MAL/CA Josette P. (Dermody) Wingo * MAL/CA Erna (Schoen) Bentley MAL/CT Mary Ann (Costello) Goodell MAL/CT Dorothy (Student) Nelligan MAL/CT Jean (Crandall) Vos MAL/CT Mary (Brennan) Dannaher MAL/DC Anna R. (Burrell) Cliff MAL/FL



Grace M. (Vitzer) Lee Ursula M. (Losos) Skarafinski Phyllis (Fagerstrom) Bigelow Margaret W. Nally Hazel T. (Paine) Dewes Eleanor M.(LaFauci) Finn Norma A. (Ham) Merrill



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Gone, but never forgotten

Grace E. (Brownyer) Hawkins	MAL/MI
Georgine (McShane) Knutson	MAL/MN
Luellamae (Kimmerle) Newstrom	MAL/MN
Alice (Jenkins) Peterson	MAL/MN
Alice M. (Jecmen) Anderson	MAL/MO
Hilda E. (Minton) Newsome	MAL/MS
Jean A. (Chambers) Rhizor	MAL/MS
June (Chick) Loud *	MAL/NH
Barbara S. (Kearney)Sheehan	MAL/NV
R. Jeannette (Forgette) Fleischi	man MAL/OH
Mildred A. (Lottman) Karpinski	MAL/OH
Alice (Eschmann)Schweitzer	MAL/OH
Patricia M. Crowley	MAL/PA
Loretha "Lorry" (McMinn) Hoyer	MAL/PA
Margaret (Daughenbaugh) Putr	am MAL/SD
Catherine (Dorsaneo) Corley	MAL/TN
L. Frances (Bryce) Fuller	MAL/TX
Martha H. (Cannon) Relph	MAL/TX
Mary L. McFall	MAL/VA
Delores (Shinall) Walk	MAL/WA
Marian (Brown) Warning	MAL/WA
, , .	MAL/Canada
. ,	

MAL = Member at large * Denotes Charter Member of WAVES National Submit all MWAN member Silver Taps info to Ginger Daniels, P.O. Box 314, Shattuck OK 73858-0314 or secretary@milwomen.org

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(Dues period 1 January to 31 December)

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Please enclose a check or money order made payable to "MWAN", and submit with this form to:

Terry Taylor, Interim VP for Finance, 10105 E Via Linda, Ste 103-253, Scottsdale AZ 85258-5362 First-time applicants must use the MWAN membership application available online at www.milwomen.org