



Holy Guardian Angel Regional School

May 2018 Lunch Menu

NUTRITION NEWS: May is here which means it is officially National BBQ Month and time to grill outside in the warm weather! Try something different this season by grilling more than just some burgers and hot dogs. Consider grilling seasoned whole ears of corn and skewered vegetables kabobs for a fun family side dish. Also don't be afraid to grill summer market fruits like peaches, strawberries, and apples for a sweet treat!

Student Lunch	\$3.25
Entrée	\$2.50
Milk	\$0.50
Iced Tea	\$0.50
Fresh Fruit	\$0.50
Baked Chips	\$0.75
Ice Cream	\$0.75/\$1.25
Hot Pretzel	\$0.75
Baked Cookie	\$0.50
Spring Water	\$0.50/\$1.00
Juice Pack 100%	\$0.75
Flavored Water	\$1.00

Beverage Choice:

Your Meal Comes with the Choice of:
Flavored/Unflavored
Low Fat Milk,
Iced Tea, or Water

Maschio's Swap Outs

- Monday:** Grilled Chicken Caesar Wrap
- Tuesday:** Egg Salad Sandwich
- Wednesday:** Bagel Bag
- Thursday:** Italian Sub
- Friday:** Tuna Salad Sandwich

Maschio's Swap Outs Available Daily

- Peanut Butter & Jelly Sandwich
- Hot Dog on a Bun
- Garden Salad w/ Cheese & Dinner Roll

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Steamed Rice Corn Fresh or Chilled Fruit Warm Cinnamon Churro	2 Breakfast for Lunch Cinnamon French Toast Sticks Breakfast Sausages Hash Brown Patty Fresh or Chilled Fruit	3 Popcorn Chicken Waffle Fries Fresh or Chilled Fruit	4 Mac and Cheese Green Beans Dinner Roll Fresh or Chilled Fruit
7 Chicken Fries Dinner Roll Mashed Potatoes Fresh or Chilled Fruit	8 Lasagna Rollup Garlic Bread Tossed Salad Fresh or Chilled Fruit	9 Bacon Cheeseburger on a Bun Onion rings Bagged Snack Fresh or Chilled Fruit	10 Toasted Cheese Sandwich Soup of the Day Fresh or Chilled Fruit	11 Domino's Pizza Freshly Prepared Caesar Fresh or Chilled Fruit
14 Meatless Monday Baked Pierogies Broccoli Dinner Roll Fresh or Chilled Fruit	15 Walking Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Steamed Rice Corn Fresh or Chilled Fruit	16  Sausage, Egg and Cheese on a Croissant Diced Breakfast Potatoes Fresh or Chilled Fruit	17 Chicken Fries Dinner Roll Mashed Potatoes Fresh or Chilled Fruit	18 Domino's Pizza Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit
21 Popcorn Chicken Bow Tie Pasta Vegetable of the day Fresh or Chilled Fruit	22 Hamburger on a Bun French Fries BBQ Baked Beans Fresh or Chilled Fruit National BBQ Month	23 Pasta with Meat Sauce Garlic Bread Tossed Salad Fresh or Chilled Fruit	24 Ham and Cheese Sandwich Potato Salad Bagged Snack Fresh or Chilled Fruit	25 Domino's Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
28 Memorial Day  Sch	29 Hot Dog on a Bun French Fries Fresh or Chilled Fruit	30 Toasted Cheese Sandwich Soup of the Day Fresh or Chilled Fruit	31 Dominos Pizza Tossed Salad Fresh or Chilled Fruit	

Questions or Concerns? Please Visit
www.MaschioFood.com
Or Call Maschio's Food Services at: 610-929-4124

Lunch Tickets are available in the cafeteria:
20 meals: \$65.00

Connect with us!   

MENU SUBJECT
TO CHANGE



"This institution is an equal opportunity provider"