

MY CHILD HAS 1 OR MORE SYMPTOMS OF COVID-19. WHAT SHOULD I DO?

Was your child a close contact of someone who tested positive for COVID-19?

YES

- Everyone, including household members, should stay home & self-isolate. Get your child tested.
- If positive, notify your child's child care. Toronto Public Health will follow up with further instructions.
- If negative the child still has to self-isolate until cleared by Toronto Public Health (close contacts need to isolate for 14 days). Household members can return to work/child care as long as they do not have symptoms.
- If your child is not tested they need to self-isolate for 10 days. Household contacts will also need to stay home and self-isolate for 14 days.

NO

- Notify your child's child care that they have symptoms.
- Your child should stay home, self-isolate & get tested.
- The child's siblings will also need to stay home and self-isolate until the child's test is negative. If the child is not tested, siblings need to stay home and self-isolate for 10 days.
- Adults in the home, including parents, will have to self-monitor for symptoms, but may go to work as long as the adult does not have symptoms.
- If the adult develops symptoms they need to stay home, self-isolate & get tested.

What was the result of your child's COVID-19 test?

POSITIVE

- Let your child's child care know that they tested positive for COVID-19.
- Your child must stay home & self-isolate for 10 days from the day symptoms started.
- Household members & close contacts must also self-isolate for 14 days.
- Toronto Public Health will contact you to do an investigation & will provide further instructions.

NEGATIVE

- Your child may return to child care after it has been 24 hours since their symptoms started improving.
- Siblings can return to child care right away.

NOT TESTED

- Your child must stay home & self-isolate for 10 days from the day the symptoms started.
- After 10 days, they can go back to child care if their symptoms are improving.
- The child's siblings will also need to stay home and self-isolate for 10 days.
- Adults in the home, including parents, will have to self-monitor for symptoms, but may go to work as long as the adult does not have symptoms.
- If a health care provider has diagnosed a condition that isn't related to COVID-19, your child can return to child care 24 hours after their symptoms improve. Their siblings are then not required to self-isolate for 10 days.

COVID-19 Decision Tool for Child Care Attendees

Version 3.0. Updated on December 4, 2020, and adapted from COVID-19 Decision Tool for Schools (JK-Gr12)

Updated COVID-19 screening for symptoms:

Parents/guardians must complete a self-screening questionnaire before attending child care. Child attendees with chronic health issues that is medically diagnosed and unrelated to COVID-19, should look for **new, different or worsening symptoms**.

Does the child attendee have the following symptoms (even if it is mild):



Fever >37.8°C



Cough



Difficulty breathing



Loss of taste or smell



Sore throat, painful swallowing



Stuffy/runny nose



Headache



Nausea, vomiting, diarrhea



Feeling unwell, muscle aches, tired

Children should be excluded from attending child care, under the following conditions:

- (A) If the child has **one or more symptoms**, even if it is mild, the child should stay home, self-isolate, get tested or contact their health care provider.
- (B) If a child's **sibling, or children in the same household** has one or more of the above symptoms, they should also stay home, self-isolate and follow instructions from public health.
- (C) If the child has been in **close contact** with a person who has COVID-19, the child will need to self-isolate for 14 days, even if they don't have symptoms. If the child has or develops symptoms, their household members will need to stay home and self-isolate until COVID-19 is ruled out.
- (D) If the child has **travelled outside of Canada**, they must self-isolate for 14 days. Their household members do not need to self-isolate if they have not travelled, if they don't have symptoms of COVID-19, and if they are not a close contact of a positive case.

Children without symptoms

If a child does not have symptoms of COVID-19 he/she may attend the child care setting if they do not have a sibling with symptoms (B), if they are not a close contact (C) or have travelled outside of Canada (D).

Siblings or children in same household without symptoms

- If the child attendee has symptoms and has an alternative diagnosis, siblings do not need to self-isolate.
- If the child has symptoms and tests negative for COVID-19, the child and their siblings can return to child care.
- If the child has symptoms, does not go for testing and is not a close contact of a positive case, the child and their siblings must self-isolate for 10 days.
- If the child has symptoms, does not go for testing and is a close contact of a positive case, the child must self-isolate for 10 days from when symptoms started. Their siblings should self-isolate for 14 days as this is how long it can take for symptoms to appear.
- If the child has symptoms and tests positive, the child must self-isolate for 10 days, and siblings must self-isolate for 14 days.

Children with symptoms

- If a child attendee has any new or worsening symptoms, he/she must stay home, self-isolate, and get tested or contact their health care provider.
- The child attendees' siblings will also need to stay home and self-isolate.
- Adults in the home, including parents, will have to self-monitor for symptoms, but may go to work as long as the adult does not have symptoms and the child is not a close contact of someone with COVID-19 and the has not tested positive.

Child who test positive for COVID-19

- Children must stay home and self-isolate for 10 days, starting from the day the symptoms first appear.
- Children may return to child care after 10 days if they do not have a fever (without use of medication), and their symptoms have been improving for at least 24 hours.
- Children without symptoms still have to stay home and self-isolate for 10 days, from the day of the test.
- All their household members should stay home, self-isolate and follow public health advice.

Children who test negative for COVID-19

- Children can return to child care if their symptoms have been improving for 24 hours, they are not a close contact of someone with COVID-19 or have travelled outside of Canada, they are well enough to participate in program activities.

Children with an alternative medical diagnosis who are not tested for COVID-19

- Children with symptoms, but who have been given an alternative diagnosis by a health care provider (**not** related to COVID-19), may return to child care if their symptoms have been improving for 24 hours.
- Family members without symptoms should self-monitor and may go to school or work.
- A cold or respiratory infection is not considered an alternative diagnosis, and the individual should be tested for COVID-19.

Children not tested for COVID-19

- If a child has symptoms of COVID-19 that are not related to an existing medical condition and they are not tested, the child and their siblings must stay home and self-isolate for 10 days from the date their symptom(s) first started.
- Children may return to child care after 10 days if they do not have a fever (without taking medication), and their symptoms are improving for 24 hours.

Children in close contact with someone with COVID-19

- Children in close contact with a person with COVID-19 must stay home and self-isolate for 14 days from their last date of exposure to that person.

Return to Child Care Confirmation Form

- Toronto Public Health does not recommend or require medical notes for return to child care.
- It is the decision of each child care operator to decide if they choose to accept a [Return to Child Care Confirmation Form](#).