



Women earn 38% of the MBAs but make up only 2% of S&P 500 CEOs. To help turn this trend around, we need more women mentoring women.



Many women believe that the lack of support for one another is a key reason as to why the "glass ceiling" still exists.

OUR MISSION

Stand Beside Her is a rallying cry inspiring girls and women to stand up for each other and commit to shutting down unhealthy comparison that tears down and divides.

By celebrating one another's talents and successes, we all rise - one courageous, confident girl and woman at a time.

Join us and Stand Beside Her.

**For more information,
visit us online at
www.standbesideher.org.**

**When women
support each other,
incredible things happen.**

When women support each other, truly anything is possible. That is why the Stand Beside Her Movement was created, to encourage women and girls to sing each other's praises, to be each other's best source of support and to be the ones who change the culture of comparison and competition among females.

When we waste valuable energy comparing ourselves to others, we miss the opportunity for growth in our own lives.

Let's create a world where all women and girls are appreciated for their talent, strengths and uniqueness.



the
stand beside her
movement
www.standbesideher.org

Starting in childhood, girls are inundated with negative messages and behaviors that prevent them from building healthy relationships, personal aspirations and ideals about themselves.

**Girls keep these
unhealthy ideals
and relationships
as they mature
into women.**

*Let's
create a
world where
all women and
girls are appreciated
for their talent,
strengths and
uniqueness.*

The competition and comparison formed on the playground and in the classroom carries over to the boardroom and in the home, preventing women from reaching their goals and achieving their dreams.

**We invite you to join the movement and
Stand Beside Her so every girl and
woman can reach her fullest potential!**

Get Involved!

Invite a junior colleague for coffee.

Be the mentor you know she needs.

**Volunteer with women and
girl-serving organizations.**

Get active in your community.

**Donate to nonprofits that improve
the lives of women and girls.**

Worthy organizations need your support.

Register to vote and be informed.

Your vote is your voice - use it.

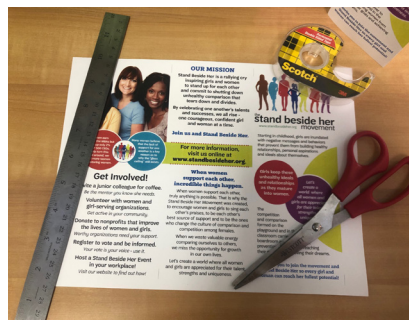
**Host a Stand Beside Her Event
in your workplace!**

Visit our website to find out how!



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DIY Table-Tents Printing & Assembly Instructions

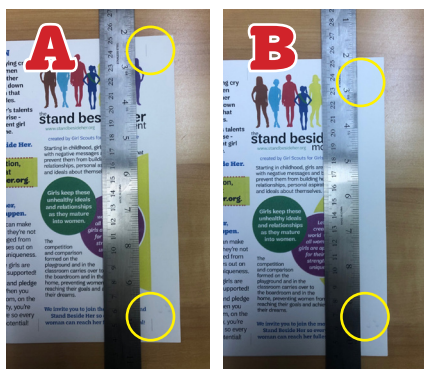


Materials needed:

- paper/cardstock
- printer
- metal-edged ruler
- scissors
- double-sided tape or tape runner

TO BEGIN:

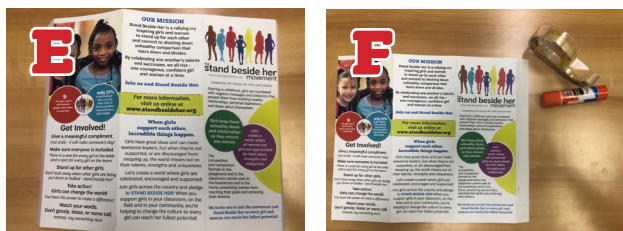
- Choose your paper stock. SBH DIY Table-Tents are designed to be able to be printed on everything from regular copy-paper to glossy cardstock and still hold their shape once assembled. *Cardstock, however, is preferred for longer-term durability.*
- Print. Be sure to click “Actual Size” (or your printer’s equivalent setting) before printing to prevent printer from slightly downsizing the artwork.
- Follow the steps below to fold your table-tent into its finished triangular shape and assemble:



1. Locate the tick marks along the right side, open, short edge of the piece (Figure A).
2. Align the edge of the metal ruler along the tick marks (Figure B).
3. Open the scissors and press the point to the edge of metal ruler at the top of the piece (Figure C). Using the edge of the metal ruler as a guide/fence, carefully and lightly score a line along the full 8 1/2” length of the piece (Figure D).
4. Do the same for the three remaining sets of tick marks.
5. Gently fold a crease along each of the four score marks you just created (Figure E).



6. Keeping the piece facing you as shown, fold the left side, open, short edge completely flat under the piece. Place a strip of double-sided tape, or use a tape runner or glue stick to place adhesive all along the right side, open, short edge on the right (printed) side of the piece - as shown (Figure F).



7. Carefully align the free, short edge with the adhesive to the folded back free, short edge (Figure G).
8. Pinch the piece together all along this edge to seal it shut (Figure H).
9. Place double-sided tape (or other adhesive) on the top and bottom edges of one side of the interior flap that has now been created (Figure I).
10. Adhere the flap to the inside of the piece (Figure J).
11. Your table-tent is now complete (Figure K)!

