



Golden Notes



McMinn Senior Activity Center

February 2017 Vol. 27

Travel with the Activity Center in 2017!

Bonnie and Diane are working on some exciting Day Trips for 2017 and we hope you will join us! We need at least 30 people to sign up for each trip or we won't be able to go. These trips are open to everyone age 18 and older, so get your family, friends, and neighbors to sign up.

Neil Simon's The Odd Couple at the Cumberland County Playhouse Thursday, March 2, 2017

Before enjoying your afternoon of classic comedy we will make a stop at Simonton's Cheese factory and the resale/antique shop next door for your shopping experience. From there we will have lunch, on your own at The Cumberland State Park's restaurant for a great buffet with beautiful views to make for a very relaxing meal. Then it's on to the Playhouse.

Cost \$60 with a \$10 deposit. Final payment of \$50 is due by Thursday, February 16th. Escort: Bonnie Elliott

Tennessee Aquarium, Chattanooga Wednesday, April 19, 2017

Dive into two worlds of wonder and excitement at the top-rated aquarium in America. Begin with the freshwater exhibits in the River Journey to see river otters, humongous catfish and eerie alligators. The adventure continues with the Ocean Journey as you stroll through a lush, tropical cove where you'll pet baby stingrays and bamboo sharks; get up close and personal with penguins, jellyfish and 10-foot sharks lurk in the shadows. Afterwards we'll stop at Hamilton Place Mall for lunch on your own and shopping at Tennessee's largest shopping mall.

Cost \$60 with a \$10 deposit. Final payment of \$50 is due by Monday, March 20th. Escort: Diane Hutsell

Scottish Festival and Games, Maryville Saturday, May 20, 2017

Clans gather at the Annual Scottish Festival and Games and show off their abilities not only in athletic competitions such as the Caber Toss, Scottish Hammer Throw and the Sheaf Throw but also Pipers, Drummers, Bands and Dances. There is something to watch all day long. When you're not watching a competition you can roam the grounds and visit vendors of Scottish craft items and of course food. Will you try the Scottish favorite-Haggis? If you're still hungry, however, dinner is included with this trip.

Cost \$65 with a \$10 deposit. Final payment of \$55 is due by Thursday, April 20, 2017. Escort: Bonnie Elliott

After Final Payment-Trip is Non-Refundable Unless the Trip is Canceled by the Senior Center.

Unless we have a waitlist YOU will be responsible for selling your ticket/seat.

Dates to Remember!

- Wii Bowling is Back
Every Thursday @12!
- Learn Easy Email Class
February 9th @ 9am
- Valentines Day Party
February 14th @ 9am
- United Way Banquet
Picnic Lunches
February 16th

Sign Up for Tax Help

Beginning February 2nd AARP will be at the Activity Center to help you file your taxes every Monday, Tuesday and Thursday. Make your appointment at the Front Office.

Want to win a \$5 gift certificate to the Sales Room? Find an error in the Golden Notes and be the first to bring it to the Front Office. Due to popularity, you can only win once a year.

IN MEMORY OF SAM SPARKMAN

FROM NELLIE KYKER SLIGER

Senior Yoga

Join us each Tuesday and Thursday for Senior Yoga, This flowing, low-impact workout is designed to be safe for all fitness levels. Enhance your flexibility, endurance and build your overall strength.