

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 *Yoga T.R.I.M 6:30-7:30p (yogaHour style)	4	5 *Yoga with Carol 5:30-7:00p	6 *Yoga Beginners 5:30-6:30p (Sub=Kristel W.)	7 *YogaFaith 12:30-1:30p	8
9 *Core Workshop w/ Stayce K. 4:00-6:30p	10 *Yoga T.R.I.M 6:30-7:30p (yogaHour style)	11	12 *Yoga with Carol 5:30-7:00p	13 *Yoga Beginners 5:30-6:30p	14 *YogaFaith 12:30-1:30p	15
16	17 *Yoga T.R.I.M 6:30-7:30p (yogaHour style)	18	19 *Yoga with Carol 5:30-7:00p	20 *Yoga Beginners 5:30-6:30p	21 *YogaFaith 12:30-1:30p	22
23	24 *Yoga T.R.I.M 6:30-7:30p (Sub=Kristel W.)	25	26 *Yoga with Carol 5:30-7:00p	27 *Yoga Beginners 5:30-6:30p	28 *YogaFaith 12:30-1:30p	29 *Mom & Me Yoga 9:30-10a *Kids Yoga 10:15-11:00a

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