



ASHI Advanced First Aid

American Safety & Health Institute's Advanced First Aid program is designed for non-EMS responders including government, corporate, industry, lifeguards, security personnel, law enforcement, corrections personnel and other individuals who are not EMS or healthcare providers but desire or require certification in Advanced First Aid.

Instructor pre-requisites

- A current and properly authorized ASHI Instructor in good standing.

Participant pre-requisites

- Current, valid professional-level BLS certification (*CPR Pro for the Professional Rescuer*—may be incorporated/conducted in conjunction with the AFA program as needed.)

ASHI-approved training materials

Instructor materials

- ASHI Advanced First Aid Digital Resource Kit (One per Training Center, includes program resource documents, preparatory materials, PowerPoint® presentations, and exam documents)
- ASHI CPR Pro Program Package (When incorporated)

Course Topics

- Introduction to the EMS System and the Role of the Emergency Responder
- Legal and Ethical Principles of Emergency Care
- The Wellness and Safety of the First Responder
- Introduction to Anatomy
- Principles of Lifting, Moving and Positioning
- Airway Management and Rescue Breathing
- Principles of Assessment
- Caring for Medical Emergencies
- Caring for Soft Tissue Injuries and Shock
- Caring for Muscle and Bone Injuries
- Caring for Injuries to the Head and Spine
- Multiple-Casualty Incidents and Principles of Triage
- Childbirth

Optional Course Topics

- Blood Pressure Monitoring
- Airway Adjuncts, Suctioning, and Oxygen Therapy
- Weapons of Mass Destruction and the Terrorist Threat

Student materials

- Emergency Responder: Advanced First Aid for Non-EMS Personnel (Le Baudour, ©2012 Pearson. One per student)
- ASHI CPR Pro Student Handbook (When incorporated) One per student, print or digital

Student to Instructor ratio

- 10:1 (6:1 recommended)

Successful completion (certification)

- **Written Exam:** Required
- **Performance Evaluation:** Required. Working as the lead responder in a scenario-based team setting, adequately direct the primary assessment and care of:
 - Patient Assessment/Management – Trauma
 - Patient Assessment/Management – Medical

Recognized certification period

- Up to 2 years

Recommended time to complete

- Initial class—17 hours
- Renewal course—7 hours

AMERICAN SAFETY & HEALTH INSTITUTE

1450 Westec Drive - Eugene, OR 97402

For more information and to see a sample from the student book, visit www.hsi.com/ashi-afa or contact us at 800 447 3177.