

PATIENT NAME: _____

DATE OF BIRTH: ____/____/____

YOUR MEDICAL HISTORY

ALLERGIES: NONE KNOWN MEDICATIONS _____

ANESTHESIA _____ FOODS _____

TAPE LATEX SHELLFISH IODINE OTHER _____

HAVE YOU EVER HAD ANY OF THE FOLLOWING?

A-FIB (ATRIAL FIBRILLATION)	Y	N	DIABETES	Y	N	MITRAL VALVE PROLAPSE	Y	N
ACID REFLUX	Y	N	FIBROMYALGIA	Y	N	NEUROPATHY	Y	N
ANEMIA	Y	N	GOUT	Y	N	OTHER MENTAL HEALTH CONDITION: _____	Y	N
ANXIETY/DEPRESSION	Y	N	HEARING LOSS	Y	N	PARKINSON'S DISEASE	Y	N
ARTHRITIS	Y	N	HEART ATTACK	Y	N	RHEUMATOID ARTHRITIS	Y	N
ASTHMA	Y	N	HEART DISEASE/FAILURE	Y	N	SEIZURES	Y	N
BACK TROUBLE	Y	N	HEPATITIS	Y	N	SICKLE CELL DISEASE	Y	N
BLADDER INFECTIONS	Y	N	HIV+/AIDS	Y	N	SKIN DISORDER TYPE: _____	Y	N
ABNORMAL BLEEDING	Y	N	HIGH BLOOD PRESSURE	Y	N	SLEEP APNEA	Y	N
BLOOD CLOTS	Y	N	HIGH CHOLESTEROL	Y	N	STOMACH ULCERS	Y	N
BLOOD TRANSFUSION	Y	N	KIDNEY DISEASE	Y	N	STROKE	Y	N
BRONCHITIS/EMPHYSEMA	Y	N	LIVER DISEASE	Y	N	THYROID DISEASE	Y	N
CANCER (LOCATION: _____)	Y	N	MIGRAINE HEADACHES	Y	N	TUBERCULOSIS	Y	N

OTHER CONDITIONS:

Describe any recent or ongoing symptoms with your general health:

Constitutional: Fever, chills, unexplained weight change, unexplained falls? _____

Head, Eyes, Ears, Nose, Throat: Difficulty hearing, seeing, nosebleeds, difficulty swallowing? _____

Cardiovascular: Chest pain, leg swelling, irregular heartbeat, pain in calf while walking? _____

Respiratory: Shortness of breath, cough, wheeze? _____

Neurologic: Dizziness, numbness, tingling, weakness, tremor? _____

Gastrointestinal: Heartburn, nausea, vomiting, diarrhea, stomach ulcer, blood in stool? _____

Genitourinary: Frequent urination, trouble urinating, blood in urine? _____

Musculoskeletal: Joint pain, joint swelling, joint redness, joint stiffness? _____

Skin: Dry skin, wounds, itching, rash, foot/ankle ulcer? _____

Hematologic: Prolonged or excessive bleeding, easy bruising? _____

Endocrine: Frequent hunger, frequent thirst, heat or cold intolerance? _____

Other symptoms? _____

What types of shoes do you most often use? _____

What is your Height _____ Weight _____ Shoe size _____?

Any other health concerns that your doctor may need to know?

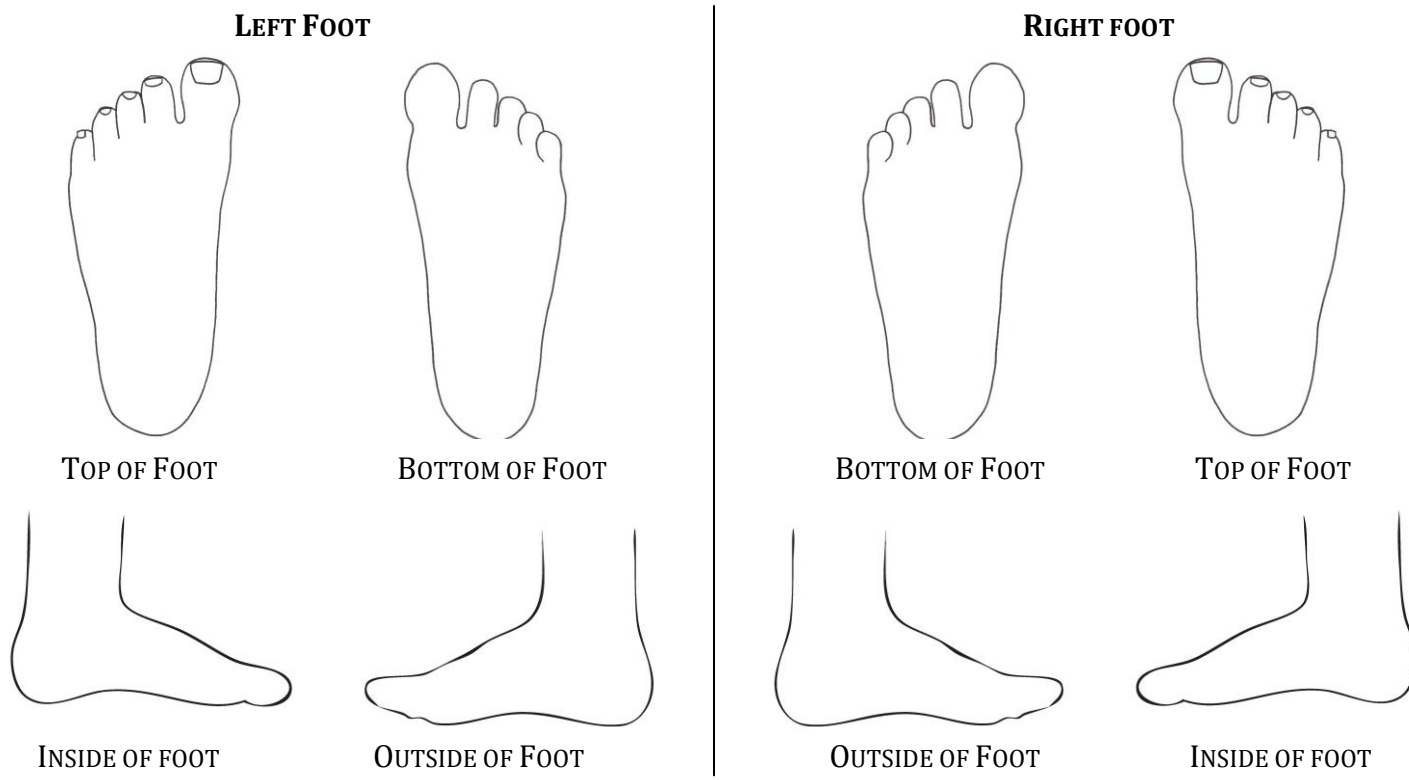
PATIENT NAME: _____

DATE OF BIRTH: ____/____/____

CURRENT PROBLEM

WHAT SPECIFIC PROBLEM BRINGS YOU TO OUR OFFICE TODAY? _____

WHERE IS THE PAIN/PROBLEM LOCATED? PLEASE MARK ON THE PICTURES BELOW.



HOW LONG AGO DID THIS PROBLEM FIRST START? _____ DAYS / WEEKS / MONTHS / YEARS

DID YOUR PAIN OR PROBLEM: BEGIN ALL OF A SUDDEN GRADUALLY DEVELOP OVER TIME

HOW WOULD YOU DESCRIBE YOUR PAIN? NO PAIN SHARP DULL ACHING BURNING
 RADIATING ITCHING STABBING OTHER _____

HOW WOULD YOU RATE YOUR PAIN ON A SCALE FROM 0 TO 10? (PLEASE CIRCLE)

(NO PAIN) 0 1 2 3 4 5 6 7 8 9 10 (WORST PAIN POSSIBLE)

SINCE THE TIME YOUR PAIN OR PROBLEM BEGAN, HAS IT: STAYED THE SAME BECOME WORSE IMPROVED

WHAT MAKES YOUR PAIN OR PROBLEM FEEL WORSE? WALKING STANDING DAILY ACTIVITIES
 RESTING DRESS SHOES HIGH HEELS FLAT SHOES ANY CLOSED TOE SHOE
 RUNNING OTHER _____

WHAT MAKES YOUR PAIN OR PROBLEM FEEL BETTER? _____

WHAT TREATMENTS HAVE YOU HAD FOR THIS PROBLEM? _____

HOW HAS THIS PROBLEM AFFECTED YOUR LIFESTYLE OR ABILITY TO WORK? _____

WAS THIS PROBLEM CAUSED BY AN INJURY? YES (DESCRIBE) _____ No

IF YES, WAS IT A WORK-RELATED INJURY? YES No

PATIENT NAME: _____

DATE OF BIRTH: ____/____/____

**Foot and Ankle Specialists of the Twin Tiers, P.C.
455 Maple Street, Suite 2
Big Flats, N.Y. 14814**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Effective April 14, 2003

The privacy of your medical information is important to us. You may be aware that the U.S. government regulators established a privacy rule ("HIPAA") governing protected health information. This notice tells you about how it may be used, and about certain rights that you have.

Dr. David B. Arkin is in charge of privacy matters at our office. You can contact him at 607-562-7300 if you desire further information, or have any questions or concerns.

Use and disclosure of protected information.

Federal law provides that we may use your medical information (protected health information) for treatment of you, without further specific notice to you, or written authorization by you. For example, if we refer you to a specialist, we may provide laboratory or test data to that specialist (subject to more stringent New York laws, such as restriction on disclosure of information concerning HIV/AIDS).

Federal law provides that we may use your medical information to obtain payment for our services without further specific notice to you, or written authorization by you. For example, under your health plan, we are required to provide them with a diagnosis code for your visit and a description of the treatment rendered.

Federal law provides that we may use your medical information for health care operations without further specific notice to you, or written authorization by you. For example, our accountant may see your name, dates of treatment, and procedure codes during audits of our books. Similarly, we may use your information for financial services, quality assurance, risk reduction and claim management purposes with our medical professional liability insurer.

We may use or disclose your medical information, without further notice to you, or specific authorization by you, where:

1. required by law
2. Required for public health purposes
3. Required by law to report child abuse
4. Where required by a health oversight agency for oversight activities authorized by law, such as the Department of Health, Office of Professional Discipline or Office of Professional Medical Conduct
5. Required by law in judicial or administrative proceedings
6. Required for law enforcement purposes by a law enforcement official
7. Required by a coroner or medical examiner
8. Permitted by law to a funeral director
9. Permitted by law for organ donation purposes
10. Permitted by law to avert a serious threat to health or safety
11. Permitted by law and required by military authorities if you are a member of the armed forces of the United States
12. Research purposes
13. Required by medical concerns, to release to family members or close friends who are involved in your health care.

New York State law provides additional protection for information regarding HIV/AIDS. We will continue to follow New York State law with respect to such information.

We may contact you by mail or phone, at your residence or your place of business, to remind you of appointments or to provide information about treatment alternatives. Unless you instruct us otherwise, we may leave a message for you on any answering device or with any person who answers the phone.

You can make reasonable requests, in writing, for us to use alternative methods of communicating with you in a confidential manner. Space for this is provided on the reverse side of this page.

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Other uses or disclosures of your medical information will be made only with your written authorization. You have the right to revoke any written authorization that you give.

Privacy Rights that you have.

You have the right to request restrictions on certain of the uses or disclosures described above. Except as stated below, we are not required to agree to such restrictions.

You have the right to inspect and obtain copies of your medical information (a reasonable fee will be charged).

You have the right to request amendments to your medical information. Such requests must be in writing, and must state the reason for the requested amendment. We will notify you as to whether we agree or disagree with the requested amendment. If we disagree with any requested amendment, we will further notify you of your rights.

You have the right to request an accounting of any disclosures we make of your medical information, except for: disclosures we make to you, or to carry out treatment, payment or health care operations, or as requested by your written authorization, or as permitted or required under 45 CFR § 164.502, or for emergency or notification purposes, or for national security or intelligence purposes as permitted by law, or to correctional facilities, or law enforcement officials as permitted by law, or for research or public health purposes after being de-identified or limited to remove personally identifiable information or disclosures made before April 14, 2003.

If you have received this notice electronically, you have the right to obtain a paper copy from our office.

Obligations that we have.

We are required by law to maintain the privacy of protected health information and to provide individuals with notice of our legal duties and privacy practices.

We are required to abide by the terms of this notice as long as it is currently in effect.

We reserve the right to revise this notice, and to make a new notice effective for all protected health information we maintain. Any revised notice will be posted in our office, and copies will be available there.

If you want to complain about violations of your privacy rights, you have the right to file a complaint with the Secretary of the Department of Health and Human Services of the United States. You may also file a complaint with us. Complaints should be directed to Dr. David B. Arkin, confidential, 455 Maple Street, Suite 2, Big Flats, NY, 14814.

No retaliatory action will be taken against you for any complaint you may make.

I have received a copy of this notice, I have read or had the opportunity to read it, and understood it.

Signature

Date

Print Name

Patient Name (if other than person signing)

I make the following special request for confidential communications: