

Saturday, February 10, 2018

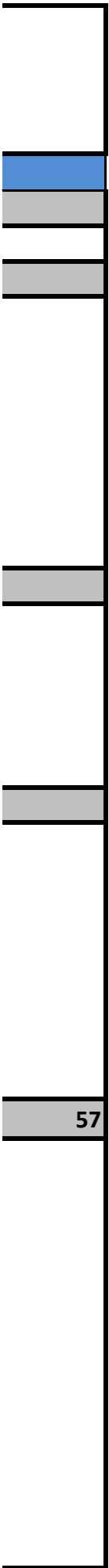
Modified Capitol Cup			Modified Capitol Cup		
Gym A - Girls			Gym B - Boys		
Session A5	Xcel Gold	51			
8:00 - 8:25 Open Stretch 8:05 - 8:10 Coaches Meeting 8:30 Competition Begins 10:30 Awards Auburn 25 Meridian 1 NW Aerials 15 Omega 6 SWAG 4					
Session A6	Level 8	49	Session B2 - Modified Capitol Cup	Level 5	
10:30 - 11:00 Open Stretch 10:35 - 10:40 Coaches Meeting 11:05 Competition Begins 1:45 Awards Auburn 27 Naydenov 14 SWAG 4 Westside 4			9:00 - 9:30 Open Stretch 9:20 - 9:25 Coaches Meeting 9:30 - 9:45 Timed warm-up on 1st event 9:45 Competition Begins 12:45 Awards Metro 5 Meridian 1 OGC 4 Omega 10 OOA 2 Riverside 2 Tech 8 Athletic Edge 4 USGA 1 VEGA 4 Westside 11		

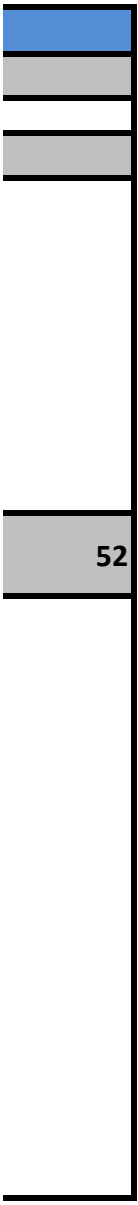
Saturday, February 10, 2018

Modified Capitol Cup			Modified Capitol Cup		
Gym A - Girls			Gym B - Boys		
Session A7	Level 8 & 9	39	Session B3	Level 6 & 7	
2:00 - 2:30 Open Stretch 2:05 - 2:10 Coaches Meeting 2:35 Competition Begins 5:00 Awards			1:00 - 1:30 Open Stretch 1:20 - 1:25 Coaches Meeting 1:30 - 1:45 Timed warm-up on 1st event 1:45 Competition Begins 4:45 Awards		
Grace	13		Metro	2	
Metro	6		Madison	4	
Nw Aerials	7		NAAG	3	
Omega	6		OGC	4	
OOA (L 8 & 9)	5		Omega	7	
Hart's (L8 & 9)	2		OOA	5	
			Riverside	2	
			SGC	2	
			Tech	7	
			Athletic Edge	3	
			USGA	3	
			VEGA	6	
			WCOGA	7	
			Westside	7	
Session A8	Level 9 & 10	58	Session B4	Level 8/9/10 & JD	
5:15 - 5:45 Open Stretch 5:20 - 5:25 Coaches Meeting 5:50 Competition Begins 9:15 Awards			5:00 - 5:30 Open Stretch 5:20 - 5:25 Coaches Meeting 5:30 - 5:45 Timed Warm-up on 1st event 5:45 Competition Begins 8:45 Awards		
Auburn (L9 & 10)	31		Metro	7	
Hart's (10)	1		MGC	7	
Naydenov (L9 & 10)	9		NAAG	3	
OOA L(10)	2		Omega	14	
SWAG (L9 & 10)	3		OOA	2	
Westside (L9 & 10)	12		SGC	1	
			VEGA	5	
			WCOGA	11	
			Westside	8	

Sunday, February 11, 2018

Modified Capitol Cup			Modified Capitol Cup		
Gym A - Girls			Gym B - Girls		
Session A9	Level 6 & Xcel P & D	68	Session B5	Level 5	
8:00 - 8:30 Open Stretch 8:05 - 8:15 Coaches Meeting 8:40 Competition Begins 11:45 Awards			8:00 - 8:30 Open Stretch 8:05 - 8:15 Coaches Meeting 8:40 Competition Begins 10:30 Awards		
Auburn (P & D)	22		Naydenov	6	
NW Aerials (P&D)	10		Mid-Columbia	8	
Omega (P & D)	6		Omega	5	
Metro (L6)	3		Metro	6	
OOA (L6)	2		OOA	7	
Hart's (L6)	5		Grace	8	
SWAG (L6)	8		SWAG	1	
Gym-Nest (L6)	6		Meridian	1	
Grace (L6)	6				
Session A10	Level 7	68	Session B6	Level 4	
12:00 - 12:25 Open Stretch 12:05 - 12:15 Coaches Meeting 12:35 Competition Begins 3:15 Awards			11:00 - 11:30 Open Stretch 11:05 - 11:15 Coaches Meeting 11:40 Competition Begins 2:00 Awards		
Auburn	18		Auburn	35	
Hart's	1		Hart's	9	
Metro	2		Mid-Columbia	8	
Meridian	1				
Naydenov	8				
NW Aerial	1				
Omega	11				
OOA	10				
SWAG	7				
Westside	9				
Session A11	Level 6	62	Session B7	Level 4	
3:00 - 3:25 Open Stretch 3:05 - 3:15 Coaches Meeting 3:35 Competition Begins 6:45 Awards			2:00 - 2:30 Open Stretch 2:05 - 2:15 Coaches Meeting 2:40 Competition Begins 5:15 Awards		
Auburn	39		Grace	15	
Omega	10		Metro	4	
Westside	13		OOA	5	
			Omega	12	
			Naydenov	15	
			SWAG	13	







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