# **Position Description:**

**Mental Health Resource Center**, a comprehensive not-for-profit mental health and social services provider and Joint Commission accredited organization, is currently seeking an **Inpatient Counselor** for the Adult Unit (CSU) at our Northside facility.

The Inpatient Counselor conducts initial and on-going assessments of patients on the Adult Crisis Stabilization Unit (CSU) to ensure the provision of individualized treatment and services. The Inpatient Counselor provides individual, group and family therapy sessions on functional, social, personal, and educational topics and performs trauma and additional assessments as recommended by the Psychiatrist or ARNP.

# <u>Duties include but are not limited to:</u>

#### Clinical:

- Provides individual, group, and family therapy sessions to CSU patients and families.
- Provides individual and group training on functional, social, personal and psychoeducational skills to patients.
- Completes patient documentation in a timely, accurate manner:
  - Completes bio-psychosocial assessments.
  - o Develops and updates treatment plan and treatment plan reviews.
  - o Documents progress towards fulfillment of treatment plan goals and objectives.
  - Documents all services provided in patient medical record.
  - Documents all contact with patient, family/significant others and other service providers in the medical record.
  - Gathers and documents collateral data.
- Attends and participates in daily rounds and treatment team; communicates patient progress/concerns; reports on the content of Family Therapy sessions.
- Assesses and monitors for risk, symptoms of trauma, and indications of abuse, neglect and/or abandonment. Uses appropriate reporting mechanisms.

### **Discharge Planning:**

- Completes initial and ongoing assessments of the patient and his/her post discharge environment.
  - Contacts individual's designated representative by telephone as authorized. Obtains information regarding individual, family and caregiver functioning. Maintains a liaison with them throughout the admission.
    - Participates in treatment planning with patients, families or caregivers for further interventions aimed at identifying/resolving problems.
    - Initiates and follows up on requests for the individual's record for any previous psychiatric or medical treatment.
  - Coordinates financial information with financial clerk.

- Serves as a member of the Multi-Disciplinary Treatment Team in order to develop the Treatment Plan/Discharge Plan and assist the patient in achieving desired goals.
  - Assists in presenting information at Treatment Team meetings and reports progress toward discharge planning activities and goals.
  - Provides information to the treatment team regarding psychosocial factors which may influence appropriate use of the program, length of stay, discharge and postdischarge planning.
  - Meets with patients to assess current functioning and progress toward discharge; provides feedback on this information to the Treatment Team.
  - Keeps Clinical Team Leader, Physician, Nurse Manager, Nursing Director and/or Charge RN informed of special circumstances surrounding discharges.
- Develops resources that are individualized and appropriate to support successful functioning in community/targeted environment.

### **Position Requirements:**

In order to be considered, candidates must have a Master's degree in Social Work or a related Human Services field from an accredited university or college (a related Human Services field is defined as one in which 30 hours of course work includes the study of human behavior and development) **and** Valid Florida State Registered Intern (IMH, ISW or IMT) required.

Previous mental health experience with adult population preferred.

Valid Florida License (LMHC,LCSW or LMFT) preferred.

Certification in CFARS preferred.

Inpatient Counselor candidates are required to make sound decisions independently on a daily basis, including but not limited to recognizing risks and emergencies and responding appropriately. In addition, the ideal candidate will enjoy a fast paced environment and knowing that what they do positively impacts the community.

Inpatient Counselors must be able to interact appropriately with internal and external customers, including patients, families, community service providers, supervisory staff and other department professionals. This position requires individual and group interaction with patients on a locked unit.

# **Position Details:**

This position is a Full Time Days position: Monday through Friday, 8:00am to 4:30pm.

This full time position offers a comprehensive benefits package.