

BUILDING BLOCKS

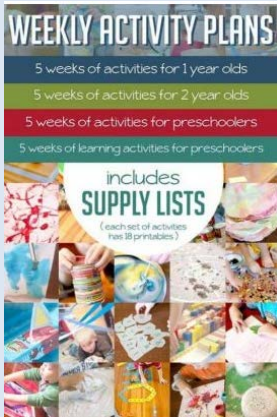
A Newsletter for Teachers Working with Preschool
Educational Equity For All

August 2016



and THE ACTIVITY ROOM

Get these free resources to help plan the fun!



Weekly Activity Planner to help plan fun with your kids each week.

A cheat sheet of things you can easily make at home if you don't have the supplies on hand.

The Ultimate Supply List to do activities! Have these on hand to do almost all the activities found

on the activity room or hands on as we grow. (you may be surprised at how many you have already.)

<http://handsonaswegrow.com/activities/preschool-activities/>



25 Surefire Indoor Play Ideas from a Preschool Teacher's Bag of Tricks

Dance, move, create, sing, make music and have a blast! By Lauren Valencia

Music and Movement

These activities and games are flexible for different ages. There's no winning or losing; the point is just to get moving. Don't feel silly joining in!

1. Freeze dance. Tip: An older child can do the music while you dance with younger ones.
2. The sleeping song.
3. Indoor obstacle course.
4. Scavenger hunt.
5. Yoga for kids.
6. Copy dancing.
7. Make up a dance.
8. Story go-round.

<https://www.parentmap.com/article/25-indoor-play-activities-from-a-preschool-teacher>



<http://www.preschool-plan-it.com/>

**FREE PRESCHOOL
TEACHER CLUB!** As a free club member you will receive:

A full week's theme! There are enough activities in each theme to plan a full week of activities for your preschool classroom to cover all Interest Learning Centers!

- Themed File-Folder Game Each month you will receive a printable with all of the pieces to create a file folder game to help your children develop their eye-hand coordination, classifying/sorting skills, recognition skills and more!
- Themed & patterned calendar pieces (numbers 1-31). Each month you'll receive calendar pieces for your Calendar Time. Each set will have a pattern applied to it (AB, ABC, ABB, etc.)
- Themed Calendar Month Card (blank for you to fill in)
- Playdough Recipe Card with ingredients and instructions. I have over 50 recipes in my file. Each month I will share a recipe with you. It will have the ingredients and instructions listed.
- 2 Playdough Activity Mats. These themed activity mats are great to improve many skills such as fine-motor development, eye-hand coordination, rote AND rational counting skills and more!
- Song Poster with words and pictures (8 X 10). Each month I'll include a poster of a favorite preschool song.
- Song Card with name of song and picture (4 X 6). In addition to the 8 X 10 poster, I'll include this 4 X 6 corresponding card. Collect these each month (and add your own favorite song cards) and you have a great song collection for transition times throughout the day!
- The Preschool Primer This is my weekly newsletter, The Preschool Primer, which has:
 - ✓ Interest learning center information and ideas.
 - ✓ Articles and ideas to stay current in the field.
 - ✓ Organizational tips (such as how to organize your magazine collection!).
 - ✓ Notification of new pages or resources added to the website before anyone else!
 - ✓ Theme suggestions for next month sent out to you by the 10th of THIS month!

EDUCATIONAL
EQUITY FOR ALL
..... Giving kids what they need to succeed.

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FEATURED IDEA OF THE MONTH

Teaching Mama

playing, creating, and learning at home



To download a PDF version of these songs click here —
> [Preschool Songs to Start the Day](#)

<http://teachingmama.org/8-songs-to-begin-a-preschool-day/>



The Magic Crayons

Games, songs, lesson plans, crafts, and flash cards for Preschool, Kindergarten, Elementary and ESL students

The Magic Crayons are a unique combination of four professional song writers living and working in Japan as preschool, kindergarten and elementary school English teachers. This teaching resources website contains all the materials that they use every week in their classes. They hope you find them as practical, fun and engaging in your classes as they do in theirs.



Games



Songs



Albums



Flash cards



Clip art



Lesson plans



Maths



Crafts

<http://www.themagiccrayons.com/>



<http://csefel.vanderbilt.edu/kits/wwbtk4.pdf>

WEBSITES AND RESOURCES

<http://www.stcloudstate.edu/tpi/teachersupport/documents/differentiatinginstruction-earlychildhood.pdf>

http://www.earlychildhoodnews.com/earlychildhood/article_view.aspx?ArticleID=300

<http://www.scholastic.com/teachers/lesson-plan/activities-teach-safety>

PROFESSIONAL DEVELOPMENT



National Association for the Education of Young Children (NAEYC)

Registration for the 2016 Annual Conference is now open! For the greatest savings, register before the Early Bird deadline on September 9th!

NAEYC promotes high-quality early learning for all children, birth through age 8, by connecting practice, policy and research. We advance a diverse, dynamic early childhood profession and support all who care for, educate, and work on behalf of young children.

<http://www.naeyc.org/conference/>

Emotion Regulation

Breathing Square

Have students decorate a square piece of paper that they then glue to a popsicle stick. Explain that this square is to be used when the student feels overwhelmed or frustrated. The square will be divided up into 4 sections representing 4 different steps they are to follow.

- 1st step: Breathe in while counting to 4
- 2nd step: Hold breath for four seconds
- 3rd step: Breathe out for four seconds
- 4th step: repeat three times

Emotion Regulation Swing-O-Meter

This craft could accompany a lesson aimed at helping students understand, and therefore control, their emotions [Swing-O-Meter](#).

Faces

A craft that will increase students' understanding of their own emotions, and create opportunities within the classroom for them to evaluate their emotions.

<https://self-regulationintheclassroom.wikispaces.com/Games+and+Exercises>