

APRIL 5, 2020

WELCOME

We welcome you to the Murphy Church of Christ where every visitor is our special guest and we want to make sure you always remember that. If you are looking for a "family" that will offer you the most important things in life, then why not give us a chance to be part of your family?

Please fill out a visitor's form and drop it in the collection basket.

Please don't hesitate to ask any of our members for assistance.

Evening Worship and Wednesday Bible Study canceled until further notice

The first Sunday of the month is set aside for a special Prayer Meeting at 6:00 pm. If you have a special request, please let us know.

Please note that devotional classes at 6:00 p.m. on Wednesdays have been canceled until further notice. Next topic when we resume will be **"Death and the 2nd Coming"**.

Website: murphychurchofchrist.com

The bulletin is posted on the website and hard copies are in the foyer for members and visitors. Be sure to check out the website for news and upcoming events.



The bulletin hardcopy cover is designed so you can mail a copy to a shut-in, friend or family member. If you have any suggestions for the website or see an error or want to make a change, please contact Wayne Ard and Lula Williams.

Greeters

Welcome/Song Leader

Opening Prayer

Lord's Supper Thoughts

Supper Servants

Scripture

Sunday Sermon:
By Roy Stephenson

Announcements

Closing Prayer

As the Coronavirus (COVID-19) and its impact continues to evolve and develop, we remain focused on the health and safety of our members, visitors and our communities. The CDC advises the public to maintain social distance of 6 feet if you venture out, avoid crowds of 10 or more people and some states have lowered that number to 5, schools are closed for the remainder of the school year, so keeping that in mind, **we have cancelled all services for the month of April and plan to resume May 3rd.**



March 22 – No worship service

March 29 – No worship service.

April 5 – No worship service

"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope." - Romans 15:13

Help from God

In Psalm 20, David said, "May the Lord answer you in the day of trouble! May the name of the God of Jacob protect you! May He send you help from the sanctuary and give you support from Zion!"

Did you notice the exclamation points in this psalm? You will see more exclamation points in verses 3, 4, and 9. The translators want us to see David's great emotions. David expects a positive response from God. He is certain that God will send him help. His help will come "from the sanctuary."

In Psalm 30:2, David is thankful and says, "Oh Lord my God, I cry to you for help and you have healed me." We ought to depend on God as David did.

During this National Emergency and worldwide pandemic, we are learning new behaviors, such as keeping our distance from each other. But we

should pray for our world, reach out to one another with encouragement, and rely on God for our help.

Christians have a Great High Priest who is able to sympathize with us and who gives us confidence as we draw near to God's throne in prayer (Hebrews 4:15-16).

We are valuable to each other, and need encouragement, but our greatest spiritual lift will come from God. "May the Lord answer you in the day of trouble!" I got that from David.

World Bible Class (WBS)



Wayne Ard has a prison ministry and is also assisting some who have indicated an interest with WBS. If you need help getting started or know someone who has indicated an interest, please contact Roy Stephenson.

"Noon" Senior Center Class

The Senior Center will be closed. Classes on Tuesdays are cancelled until further notice.



Sunday Morning Bible Study starts at 10:00 am but is suspended pending a decision regarding the COVID-19 recommendations for social distancing.

Please make plans to join us on Sundays when we resume. **For the spring quarter we will be studying from the book of Hebrews.** Please continue to read your Gospel Advocate study guide book.

Just Christians

I ♥ MY CHURCH
Come grow with us. If you have any questions or would like to start a home study, contact Roy Stephenson, Minister/Counselor. Phone (828) 557-8882 or email: murphychurchofchrist@yahoo.com

Do you need the help of the church to help strengthen you in your belief? Whatever you need, please join us each Sunday morning for Bible study followed by morning worship in prayer and song.

6:00 PM Wednesday Bible Study

We want to involve everyone who comes to the class. **The class is still cancelled because of the information available regarding the coronavirus. Once the critical time in our country ends, we will continue the topic – “The 2nd Coming.” This week we focus on “Death and the 2nd Coming”. Come prepared to join in the discussion and share your thoughts.**

We look forward to YOU being a part of our study and discussion.

Pantry Items



Please let Roy Stephenson know if you know of someone who has a need. Please check the expiration dates of food items for a

long shelf-life for it may be awhile before an item is donated, but if you know of a specific need please let us know. If no family or individual has made a special request; then, at the end of each month Lula will pull items off the shelves and take them to the Cherokee County Food Bank, Inc. In Andrews since they have access to the Cherokee County community at-large and average about 100 clients a week. **NOTE: Our pantry is small, so we try not to over stock** and we don't have a pick schedule, so we give out food if someone is here when an individual comes to the church.

March 25th Lula took all the food items to the Cherokee County Food Bank in Andrew's. The bank is opened to the public on Tuesdays and Saturdays from 10-12.

We will need your help to restock our pantry.

PLEASE NO PERISHABLE ITEMS, e.g. loaves of bread or baked goods because they increase the potential for bugs, and they lose their freshness within a short time span.



Extraordinary Women Conference

Ladies, ready for a great time of worship and fellowship? **Extraordinary Women is coming to Concord, NC again this fall (October 16-17).** A few of the speakers will be Laura Story - Christian music singer/songwriter and author; Cissy Graham Lynch - granddaughter of Billy Graham and Karen Kingsbury, America's favorite inspirational author! **Price is \$64 until March 30.** Purchases are non-refundable so if

you would rather wait but price might be higher. Please let Sheri Goodlet know if you are interested in attending.



In keeping with the CDC recommended reduction in crowd size, our state mandated self-distancing/quarantine and an abundance of caution regarding the spread of the COVID-19 . . . **March's 5th Sunday fellowship meal was cancelled. The next 5th Sunday is May 31st.**



April Birthdays

Mattie Sutton	2
Alora Colins	4
Ed Raber	19
Steven Wilkins	17



April Wedding Anniversaries

None Listed

If you do not see your birthday or wedding anniversary listed or the date is incorrect, or your name is misspelled please let Lula know.



REACH, Inc. – Community Project

The ladies made a commitment to supply the REACH, Inc. of Cherokee County domestic violence shelter with cleaning supplies and laundry detergent. If you have items of clothing, children books, etc. to donate please place them in the bin provided in the pantry area or you can take them to the REACH office located behind the thrift store on HWY 64. We can always use some small tote bags and small travel size items to fill them with, e.g. combs, hand sanitizer, toothbrush, travel size toothpaste, deodorant, etc. for their clientele. Recommended size for the tote bags is 9"X9". Put them on the table in the pantry and we will fill them as time permits.

There is also a small donation jar on the table in the back of the church if you would prefer to give money. If you would like to donate on a recurrent basis, please fill out the card on the back table. You can take it directly by the office or give it to Lula to take for you.

Often the victims leave home with only the clothes on their back, so they are given clothes and furniture from the Thrift Store until they can get back on their feet. They can always use volunteers to help with some of their community outreach activities and local fundraiser events. Call the office at 828-837-2097 or 828-837-8064 for more information.



Fundraisers are always being planned. Fundraisers are needed to supplement government grants. The next major fundraiser is a **"Duck Race"** co-sponsored with Mountain True. Because of concern for public health safety resulting from information regarding the COVID-19, **the date has been rescheduled for July 4th** at the ballfield in Andrews. **Ducks are \$10 each.** Let Lula know if you want to purchase a duck from her or you can stop by the REACH office. There are flyers on the back table with more details. Again, please make note the date has been changed to July 4th.



4th Sunday Area Singing

Date was changed to March 1st at the Hayesville COC at 2:30 pm for the start of the 2020 quarterly area singing.

Light refreshments will be served immediately following each area singing. This will give you an opportunity to meet members from the surrounding churches.

Future dates and locations:

April 26 – Cherokee (**cancelled**)

June 28 – Andrews

August 23 – Franklin

October 25 – Murphy



International Year of the Nurse

Tuesday, April 7, 2020 has been declared as World Health Day by the World Health Organization (WHO). This year has been deemed the International Year of the Nurse and Midwife by the World Health Organization, shining a light on the vital role played by nurses and midwives in providing healthcare around the world, and calling for a strengthening of the nursing and midwifery workforce.

Especially during this worldwide health crisis, it is important to acknowledge nurses as they are on the front line of battle daily to care for those not only stricken with this deadly virus, but also other patients who require care in hospitals, schools, nursing homes, urgent care centers and even in remote triage centers being set up all over this country.

GET SMART

Know When Antibiotics Work

Most illnesses are caused by two kinds of germs: bacteria and viruses. Antibiotics can cure bacterial infections – not viral infections.

Bacteria cause strep throats, some pneumonia and sinus infections. *Antibiotics can work.*

Viruses cause the common cold, most coughs and the flu. *Antibiotics don't work.*

Using antibiotics for a virus:

- Will NOT cure the infection
- Will NOT help you feel better
- Will NOT keep others from catching your illness.

Seek medical advice, if you are having a fever, nausea and vomiting, difficulty breathing and/or diarrhea. These symptoms can lead to complications especially if you have an underlining chronic health problem, e.g. diabetes, bronchitis and/or heart problems. The latest CDC recommendation is to avoid crowds of 5 or more people!



THINGS YOU CAN DO

According to the CDC here's how you can help stop the spread of the coronavirus. (NOTE: This is also applicable to other bacteria and virus spread prevention)

- Regularly wash your hands with soap and water for at least 20 seconds
- If soap and water are not available, use hand sanitizer with an alcohol content of 60% or more

- Avoid touching your eyes, nose and mouth with unwashed hands
- Avoid close contact - less than 6 feet – with people who are sick especially in a poorly ventilated room.
- Stay home when sick
- Cover your sneeze or cough with a tissue or elbow to reduce spread of droplets
- Clean and disinfect frequently touched objects or surfaces



"The value of persistent prayer is not that God will hear us, but that we will finally hear God," because there is no doubt that now is truly a time for the whole world to stop, pray and hear His voice.