

Please keep this letter for future reference.

Cedar Valley Stables Women's Retreat Weekend 2019

Saturday, September 28th – Sunday, September 29th

Cedar Valley Stables is holding their first-ever **Women's Weekend Retreat!** Come to relax and ride the ranch's horses through our riverlands, woods, and meadows. Registration will be limited to **10** individuals on a **first-come, first-serve** basis. This weekend is for women aged 25 and older. We will have a weight restriction of 180 pounds; please inquire for more information.

Check-in time is 1:00 PM on Saturday, September 28th. The weekend will end on Sunday afternoon.

Meals on Saturday night, Sunday morning, and Sunday lunch will be provided with the cost of registration. We plan to ride both Saturday and Sunday. We will help all attendees to "learn the ropes" of the basics of Western pleasure – how to groom, saddle, and ride. Individuals will stay overnight in our lodge overlooking the scenic Cedar River. For this exciting retreat, we will also be offering special activities for the attendees including an evening stroll to the horse pastures and a warm campfire.

The cost will be **\$250 per individual**. Reserve your spot by sending in a **deposit of \$100 by September 13th**. **Remaining \$150 of the payment will be due by or before September 23rd**. If the retreat is already full, you will be notified. **Checks can be made out to: Cedar Valley Stables.** Please put your name on the check.

To register, please complete and return the following items:

- Registration Form
- Liability Release Form
- \$100 deposit, due by September 13th
- Remaining \$150, due by or before September 23rd.

Cedar Valley Stables
1492 Harding Avenue
Tipton, IA 52772

What to Bring

Bedding: sleeping bag or sheets, blanket, and pillow	No pop machine – bring your own Gatorade, soda, etc.	Toiletries, including bath and hand towel
Boots or shoes with ½ to 1 ½" heel	BYOW – bring your own wine or beer	Snacks (in sealed plastic containers)
Water bottle, flashlight	Extra items to bring: camera, book, paper/pens, cards, games	Old clothes – long pants for riding, rain gear, dress in layers

If you have any questions or concerns, please feel free to call the Ranch at 563-886-3876, or send us a Facebook message. Be sure and tell all your friends so they can all be part of the fun at Cedar Valley Stables! See you soon!