

# Saccharomyces Boulardii



## Clinical Applications

- Supports Gastrointestinal-based Immunity\*
- Supports Integrity and Function of Mucosal Cells\*
- Supports Healthy Gut Flora\*

Adaptogen Research Saccharomyces Boulardii is American Type Culture Collection (ATCC) certified and freeze-dried to maintain maximum strength and viability. We use only lactose-free, gluten-free material. This hypoallergenic formula is available in vegetarian capsules.

All Adaptogen Research Formulas Meet or Exceed cGMP Quality

## Discussion

Saccharomyces Boulardii is a powerful, unique yeast.

Saccharomyces boulardii is a nonpathogenic, transient yeast long used to support normal bowel transit time. It is a hardy, acid-resistant, temperature tolerant microorganism that is not affected by antibacterial agents. Saccharomyces boulardii is genetically and functionally distinct from brewer's yeast (*S. cerevisiae*) and different from pathogenic *Candida* species.

Saccharomyces boulardii increases the activities of intestinal brush border enzymes such as disaccharidases,  $\alpha$ -glucosidases, alkaline phosphatases, and aminopeptidases.

Saccharomyces boulardii augments the intestinal absorption of D-glucose coupled with sodium that may enhance uptake of water and electrolytes during occasional diarrhea. It increases stool concentrations of short-chain fatty acids that nourish colon mucosal cells. Saccharomyces boulardii modulates immunity by boosting intestinal secretion of IgA and increasing crypt cell immunoglobulin receptors. It supports healthy inflammatory response. Research has found that Saccharomyces boulardii supports healthy intestinal function in an array of clinical settings, supporting healthy bowel transit time.

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The Saccharomyces Boulardii capsules should be taken with beverages or meals. If a person cannot swallow the capsules, they may be opened and the contents mixed with semi-solid foods such as applesauce or beverages. Avoid the use of hot foods or beverages as this may adversely affect the potency and activity of the supplement.

### Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

#### Amount Per Capsule

|  |                |
|--|----------------|
| Probiotic blend in a base of cellulose | 320 mg*        |
| <i>Saccharomyces boulardii</i>         | 3 billion CFU* |

\*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water) and L-leucine.

#### Suggested Use

1 capsule twice daily with meals or as directed by a healthcare professional.

#### Allergy Statement

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, and soybeans. Contains no artificial colors, flavors, or preservatives.

#### Caution

If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.

**These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.**

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