**Competition Team Meeting 2/9/19 at Scheels**

**Mark**

Introduction to the Competition Team

**David**

Governing Bodies we will be shooting under-

* **ATA & KTA**
* **NSSA &** KSSA
* **NSCA**
* AIM (same as ATA)

Have these (4) numbers written down when you attend events.

 Classification & Division

**Mark**

SCTP Organization -
 Sportsmanship Contract & Events

Competition Team Contract – Review the contract

Coaches All Crushers Team philosophy & Competition Team philosophy
Team performance 2018
Team goals for 2019 – How are we going to get there?

Performance Journal- You will have 5-10 minutes to write in your journal after each practice session. You need to make this part of your shooting experience to maximize your shooting potential.

Disciplines review what will are planning to shoot this year:

**Arron**
Trap – Singles, Doubles and Handicap

Trap - Harlem Campbell concepts

Practice plans – Focus on key concepts from Harlan’s video – FEB 17th meeting

**Mark**
Skeet – American and Doubles (practice shoot-off stations)

Skeet – Don and Woody

Practice plans – During practice move to “competition speed”

You will be working with both Woody and Don throughout the practice season. Introduce some shooting drills at the FEB 17th meeting.

Sporting Clays – Sporting, Super Sport, 5-Stand and FITASC

Sporting Clays – Dave and John

Practice plans – Main focus all season – analyze each stations targets and review shooting plan. Each week focus on a specific target presentation with proper break point and transition to 2nd target.

You will be working with both Dave and John throughout the practice season.

**Mark & Bob**

Mental Management
  Pre event routines
  Station routines / pre-shot routines

Post event routines – review and journal

**David & Mark**

Intro to Shotgunweb.com

 Scoring
  Event scoring
Scoring practice sessions – Event squads will be formed based on these scores. High score 1st station choice followed by 2nd and so on.

**Mark**

Team Captain

 Sign up if you are interested in this position.

 Will rotate each month

Responsible for making sure the squads are ready to shoot at events. Help team mates stay focused during events.