**South East Washington Regional FYSPRT**

**6/23/2016 4-6pm**

**7102 W Okanogan Pl. Kennewick, WA 99336**

**Members Present:**

Sally Mayo

Robert Haffner

JJ Hiebert

Brandy Moreno for Carolyn Cox

Susan Lind

Baltazar Torres

Travis Rybarski

Jill Mulhausen

**Members Not Present:**

Crystal Watson

Andrea Peyton

Brigette Phillips

Liz Lee

RuVine Jimenez

Chris Hoag

Cindy Adams

Tana Bentley

Youth Representatives in Attendance: \_3\_\_

Family Representatives in Attendance: \_9\_\_

System Partner Representatives in Attendance: \_6\_\_

**Family/Youth Percentage: \_\_67%\_\_**

Quorum Met? \_\_No\_\_\_\_\_\_

Announcements:

1. There is no call-in number for this meeting
2. Our meeting will end promptly at 6pm
3. Maria Vera is our Spanish Interpreter and she will be here every meeting, so please spread the word!

Business:

Welcome to the June 23, 2016 South East Regional FYSPRT meeting!

Announcements:

Our meeting will end at 6pm or earlier, if possible. Please exit the side door when leaving. Rest rooms are around the corner.

If you are a Youth or Family partner, we have mileage reimbursement and childcare reimbursement for you! See Amanda Crawmer after the meeting to request reimbursement.

Introductions:

Attendees were asked to introduce themselves and state if they are a youth, family or system partner.

Announcements:

Travis Rybarski announced to the group that this will be his last meeting as a Co-Lead, as he has accepted a position with Youth ‘N Action in Lacey, WA and will be moving for his new position. He stated that he will miss working with the FYSPRT but looks forward to seeing us at the State FYSPRT meetings in the future.

Quorum: There is a major Behavioral Health Conference today, so we are missing a large percentage of our usual FYSPRT attendees and members. These absences are excused, as they made arrangements to miss the FYSPRT meeting beforehand. The Co-Leads did consider cancelling today’s meeting, but felt that would slow momentum down. We are not at quorum, so any voting matters will need to wait until the next FYSPRT meeting July 28, 2016.

Acronym Challenge, Part 1 – Jill Mulhausen, System Partner Co-Lead

The acronym challenge is an exercise to develop an acronym dictionary for use at the FYSPRT. This exercise will be on-going, and can be added to at any time. Please write down any acronyms you hear throughout a meeting. At the end of the meeting, we will break into groups for an acronym challenge.

Open Forum for Area Needs – Robert Haffner, Family Partner Co-Lead

Each FYSPRT we hold an open forum to discuss the area’s needs for serving youth with mental healthcare needs.

Janet: Chelsea Armstrong from visittricities.com is looking to get the “Saying it Out Loud” conference to the Tri-Cities Spring of 2017. Chelsea is looking for letters of support to bring this conference to the area. Janet brought copies of the letter that she wrote in support of this conference to today’s meeting for FYSPRT attendees who feel compelled to support this cause. She encouraged us to emphasize the need to have it in South East Washington. Amanda suggested creating a FYSPRT letter of support. The group agreed to vote on this matter at the next meeting, when we have the ability to vote.

Robin: OSPI is redoing the measurements of social-emotional learning standards. They are inviting public input through July 1, 2016. Robin will email the information to the FYSPRT so we can provide input.

Jill: Her school does a healthy kids survey and mentioned that Kennewick School District does not ask youth about their sexuality at all.

Janie: Enterprise has created a safe place for LGBT youth. They have great needs. How can we as a group support those needs?

Alyssa: Alyssa has taken youth that are LGBT to two Unity churches in Yakima as a way to offer youth support and a safe place during this difficult time.

David and Susan: David and Susan introduced themselves and what their job is with Disability Rights Washington in working with the TR Lawsuit. Jeanette stated that we as a FYSPRT really do need to capitalize on the State’s willingness to listen to Youth and Family Voice.

Susan: Catholic Family Services are experiencing the same challenge of serving children who are low functioning and have extreme emotional needs. The families often cannot afford one-on-one workers. There is a push to accept Evidence-Based Practices.

Sara mentioned as a Special Education teacher, they experience the same challenge. She stated the challenge of becoming a BCBA is there is only one place in Washington that offers the BCBA program, and they are still working on becoming accredited. Penn State has an online program.

JJ mentioned that her son experienced challenges, and they didn’t receive the help her son needed.

Jill mentioned that she is working with students trying to get them into a Rehab facility and is facing obstacles. Both students are willing to go to a rehabilitation facility, but we don’t have a youth facility in our area (Tri-Cities) and NO detox facilities in our county. In April 30, 2016, a rule was passed that if you are state funded, you have to go to a Detox and Rehabilitation facility in our own region/county. The lack of providers leads to lack of services, which takes away the precious momentum that youth have in trying to become sober.

Jeanette added that wraparound is meant to meet ALL needs no matter the severity. Persistence and an unconditional commitment to getter there is what the need. We can education and support those around the individual in need, so that when the window opens, we have something to offer.

Resource Drive – Travis Rybarski, Youth Co-Lead

During the last meeting we discussed holding a Resource Drive in the following areas:

1. Services that support LGBT Youth in the Community
2. Suicide Prevention Services
3. Substance Use Services for youth
4. Private Pay Mental Healthcare options for youth

Travis and Jill led the group in announcing the number of resources they brought for each subject. We met our goal and exceeded it! Amanda (the convener) is going to put together the information and bring it to the next FYSPRT meeting in July. At that time we as a FYSPRT will decide if we need to gather more resources or if we have gathered all the data needed.

Community Partner Presentation – Sara Rodgers, PFLAG Benton-Franklin

PFLAG has monthly support meetings each month. PFLAG is for Parents, Families, Friends and Allies United with LGBTQ People to Move equality forward. PFLAG is not religiously or politically affiliated. PFLAG has done community activities such as family bowling night, put on a skating night, presented a Trans 101 class, Training on “Is Your Business LGBT friendly?” and much more. They will be participating in Convoy of Hope and future LGBT outreach opportunities. They also to submit opinions to the Tri-City Herald in the Editorial section in order to spread awareness. PFLAG has offered free trainings at the Court Club, ESD 1-2-3, Lifequest, etc. PFLAG has tried to partner with ALL schools in the areas, and has a successful partnership with Enterprise Middle School. They have also contacted the local police departments in the areas as well as Allied Training for WSU-Tri-Cities. They work to lower the prevalence of youth suicide in LGBT youth. PFLAG is specifically for Benton-Franklin counties but they are looking to broaden their support to nearby areas, such as Walla Walla. PFLAG has teamed up with many difference agencies in the area to host a candle light vigil after the attacks in Orlando. They also hosted a night of honoring the victims that were lost in Orlando. PFLAG is looking to create a more-visible community within the area so that the LGBTQ Community has a support system in place and don’t feel alone.

Ronnie mentioned that youth need a place to go, a door to open, to talk to someone for advice, hope, etc. Out on the Street does offer peer support, but there isn’t one place to go for youth support. Quest is now functioning as an organization without walls, trying to support existing services in the area. Peer and youth mention that they need peer -mentoring services. The LGBTQ community is very limited in resources and leadership. The PRIDE foundation is a support organization for the services and organizations that are already in existence. Their grants requests are due July 1, 2016.

Reports:

State FYSPRT Report – JJ Hiebert

The next State FYSPRT will be 8/11/2016 in Lacey, Washington.

Please refer to the State FYSPRT meeting minutes for detailed information about the 5/3/2016 State FYSPRT meeting. Our areas report to the state was that we have more counties in our region than any other region. This is an obstacle to meeting the FYSPRT manual deliverables. Nearly every region reported the same challenge we have identified: the timetable for FYSPRT deliverables is too demanding. It takes away from the ability to follow youth and family’s direction.

Chris Hoag, Mental Health Ombuds: Absent, at Behavioral Health Conference.

Carolyn Cox/Brandy Moreno: Brandy presented for Carolyn. Family First Consulting has new fliers and programs they are building.

WISe Report – Jackie Davidson, absent.

Strategic Annual Report – Amanda Crawmer, FYSPRT Convener

It was decided to postpone the presentation of the Strategic Annual Plan until the July 28, 2016 Regional FYSPRT meeting so that more members could be present. This will be added to the next agenda.

Acronym Challenge, Part 2. – Jill Mulhausen, System Partner Co-Lead

The FYSPRT attendees broke into groups. Each group brained stormed as many acronyms as they could and listed them on a giant poster. The winner was applauded, and Amanda will compile the acronyms into a dictionary for the upcoming meetings.

Closing Announcements – Amanda Crawmer, FYSPRT Convener

The next SE WA Regional FYSPRT is scheduled 7/28/2016 from 4-6pm at the Health Department.

Please see the attached documents:

Ground Rules

Agenda

5/19/2016 SE WA Regional FYSPRT Meeting Minutes

Membership Applications: Robin Henle and Jami Skorick

5/3/2016 State FYSPRT Meeting Minutes

State FYSPRT Schedule

Strategic Annual Plan

Regional FYSPRT Schedule