Rowan Elementary Kids of STEEL Program!

Dear Parent/Guardian,

We are so pleased to share with you that Rowan Elementary is once again a Kids of STEEL team! We invite your child to be part of the fun! Join us by **registering online** for the Chick-fil-A Pittsburgh Kids Marathon at **kidsofsteel.org/races** and select **Rowan Elementary** from the drop down menu on the registration page.

During KOS students will:

- have 18 weeks to complete 26.2 miles with their final mile being the Kids Marathon!
- have the opportunity to complete their miles in Physical Education class! But family runs and/or sport activities can be logged as well. Count every 12 minutes of running or 20 minutes of walking as a mile.
- receive a mileage tracking log and approximate miles we complete each week in PE this can be turned in for a prize!
- have the option of completing their marathon at the 1-mile Pittsburgh Kids Marathon during the DICK'S Sporting Goods Pittsburgh Marathon weekend of events on Saturday, May 4, 2019.

Registration includes entry fee for the Kids Marathon, a free parent entry, Kids Marathon t-shirt, race number, medal, goody bag, and fun! **All participants must register online and fill out a waiver even if not attending the race.** If your child is not able to run in the Kids Marathon, that is ok! They can still participate with their friends at school in the KOS program. Just visit the website and select the training program that is best for you!

The in class portion of this program will begin in January, but registration is open now! **Please be sure to select** <u>Rowan Elementary</u> **to ensure that your child is registered with our team!** ***This allows us to pick up your race shirt and numbers to distribute at school!*** If you have older or younger children who would like to race in the Toddler Trot or 5K, select Rowan Elementary and we should be able to send their shirts home as well!

Please feel free to contact the PTA with any question! If you would like to participate but have a financial need, please contact Coach P. We look forward to having your child and family involved!

Sincerely,

Coach P & Rowan PTA





