



AMERICANS **HELPING** AMERICANS[®]

Building and Strengthening Our American Communities





Our Mission

Our Mission is to join communities, build and strengthen neighbor relations, and work side-by-side with residents to address community-wide concerns and to link resources supportive of a healthy, safe and economically comparable standard of living.

Our Philosophy

Our Philosophy is to nurture inclusive communities, unite to create support networks, and determine the necessary strategic actions to address chronic, but preventable, problems.

Our Programs

Our Programs focus on partnering with community-based efforts that target the emergency needs of severely poverty-stricken families and individuals in rural Appalachia, including food, shoes, winter coats, medical assistance, school supplies, utilities assistance, and home repairs for families, people with disabilities, elderly individuals, and veterans who suffer due to economic and physical hardship. In addition, our programs focus on the future of children by supporting after school programs, summer camps and enrichment programs, summer food programs, youth mentorship, vocational training, and bridging the digital divide challenges that Appalachian children experience. ★



Dear supporters and friends,

It's been an amazing year made possible by your gifts and the work of our field partners nestled in central Appalachia. I became the Executive Director in July, taking the mantle of my grandfather, Retired Col. Eugene Krizek. I've been with the organization for years and everyday I'm reminded how lucky I am to be doing what I love with the best people in the world helping strong, powerful, inspirational Americans who have fallen on hard times.

Thanks to people like you who believe we should help one another, we are able to provide assistance to disabled individuals, veterans, children, parents, volunteers, a teacher, a nurse, a firefighter, a hero, or anyone else that requires aid. You are there to help.



You might never meet these people but you care. These people are strangers to you but yet here you are, standing with them in their time of extraordinary need. Gifts that you have given this year lifted someone out of poverty, gave them light when all they could see was darkness around them. For instance, you helped a single mother of three find a house, get a job, and make payments to continue living in her home with her gorgeous children who also went to school prepared because of supplies you helped provide.

Your gifts to Americans Helping Americans® truly made an impact in not just one community, but nearly 20 communities spread out across Georgia, Tennessee, Kentucky, and West Virginia effecting the lives of almost 60,000 people. I hope you know how thankful we all are for your continued support.

My grandfather still has the same magnanimous spirit as he had when he first walked through Appalachia 40 years ago. I will be seeing him for the holidays and I will tell him what we accomplished this year together. I look forward to seeing his big happy smile. ★

God Bless You.

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Cameron Krizek
Executive Director
Americans Helping Americans®



Americans Helping Americans® Programs



Home Rehabilitation

Provides families with safe and stable housing, including repairing roofs, floors, and rotting porches and stairs, as well as constructing handicap ramps for the elderly and disabled so that they may remain in their homes.



Education

Offers children academic assistance, such as one-on-one after-school tutoring and enrichment programs when school is in session, as well as a backpack full of school supplies at the start of the school year, giving children the support they need to be successful in school.



Summer Camps

Provides nutritional meals, educational and fun activities, and safe havens for children during the school break. Children attend free summer camps held by our partners and supported by AHA.



Summer Food

Provides boxes of non-perishable food items, containing enough food to feed a family of four for a week, to families in Gainesville and Cleveland, Georgia. A Lunch Box Bus program converts old school buses into mobile cafeterias, delivering a nutritious meal each summer weekday in the remote areas of Hawkins County, Tennessee to hundreds of children who would otherwise go hungry.



Veterans

Meets veterans' essential needs for food, clothing and housing to honor their sacrifice and commitment to our country, in cooperation with various grassroots organizations in Appalachia.



BareFeet

Funds the "Barefeet" program with local community partners to provide new shoes for children. The children are taken to a neighborhood shoe store and spend time choosing their favorite pair of new shoes, which express their own unique personality.



Vocational Training

Supports vocational training programs for young adults who may need remedial help in earning a GED, and other training opportunities for them to earn a skilled trade license and enter the workforce.



Basic Relief

Provides hygiene kits, emergency utility payment assistance, rent assistance, winter coats, new shoes, blankets, diapers, and more in times of crisis and severe need.



Wellness

Provides funding for eye exams and eyeglasses for elderly and low-income individuals, and provides dental hygiene kits to children.




Digital Divide

Provides computers for students to enable them to access the Internet for homework, research, and other school assignments, and other enhanced educational opportunities.



Education: Afterschool programs, vocational training, and bridging the digital divide

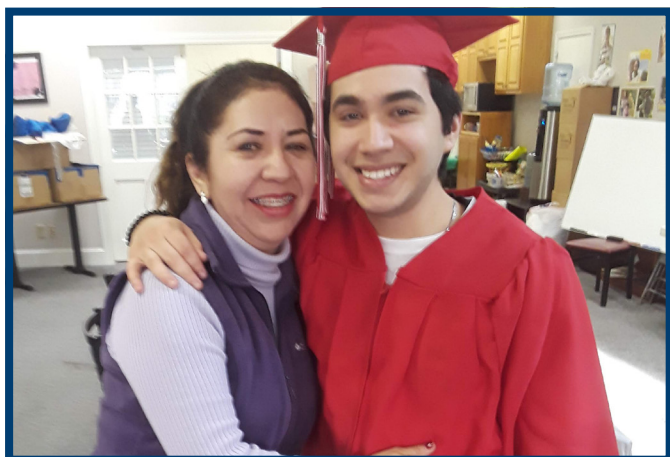


 Students in Appalachia don't have the same resources as students in more affluent area of the country do. Sadly, the funding provided by the state can't provide the instruments and supplies modern education requires. Kentucky and West Virginia are dead last when it comes to childhood education in the U.S. It's a critical need that Americans Helping Americans and our loyal supporters have taken on along with many other organizations whom we partner with to improve the mission.

By sponsoring after-school tutoring, vocational schools, and work readiness programs, we're encouraging students to continue their education, change the minds of those who might consider dropping out, and gearing up the youth to seek better opportunities.

- ★ 3549 school supply kits we delivered at the start of the school year to ensure students have all paper, pencils, notebooks and other equipment to have a successful learning experience.
- ★ 30 computers we given to students in Kentucky without home computers to allow them to complete research projects in their own home.
- ★ 125 students enrolled benefitted from the after-school tutoring in West Virginia, Kentucky, Tennessee, and Georgia.
- ★ 112 young adults attended our vocational schools which wouldn't exist without your gifts.

Education Highlights



A mother who got her GED and her son who graduated High School

In many respects Juan was a typical middle school boy, but he also suffered from isolation. He had no friends and was shy because he could not speak clearly with his classmates.

"He often felt alone and afraid, so he mostly kept to himself," we were told by Mary Mauricio, founder and director of our longtime partner in Gainesville, Georgia, L.A.M.P. Ministries, which operates an afterschool program designed exactly for children and youth like Juan.

But all it took for Juan to come out of his shell and not feel so self-conscious was a few days of attending LAMP's program and reassurances from Mary.



Juan attending LAMP's after-school program

“Being a part of the afterschool program has helped him overcome his fears,” she reported. “He is thriving in school and by the end of the school year, he made several friends and is now very outgoing.”

In fact, Juan acted as a mentor and role model for his peers and looks forward to coming to the LAMP program after school every day.

Mary tells us his biggest “concern” was when the school year came to an end is if LAMP was going to have a summer program he could attend.

"Thanks to the supporters of Americans Helping Americans® for making a big difference in the life of this bright, confident young man, and the lives of so many other young men and women." ★



Home Rehabilitation



For thousands of elderly and disabled homeowners living on small fixed incomes, their home is the only thing of value they own. They live month-to-month paying their bills and putting food on the table, budgeting down to the last penny. Many have no savings to cover the cost to repair their home to make it warm, safe, and secure, or accessible.

But thanks to our partners in Tennessee, West Virginia, Georgia, and Kentucky, they have somewhere to turn to. Our partners organize home rehabilitation projects utilizing hundreds of volunteers from universities and churches across America to help rebuild homes in central Appalachia. These projects are sponsored by Americans Helping Americans which is uplifted by your generous gifts. No materials would be provided if it wasn't for your support.

This year, we were able to complete a total of 108 home renovation projects.

From Duct Tape to New Boards

Bonnie Kirby received aid to her house, and she is extremely grateful. It is always so rewarding to help someone so appreciative and in need.

Bonnie originally requested a bathroom floor repair but when our partner, Big Creek People in Action, visited her home, they quickly realized she needed of a LOT more. Not only had her bathroom floor rotted, but there was duct tape everywhere to keep the snakes out. We were nervous when they pulled all the duct tape down because we were certain the duct tape was the only thing holding the place together!

We moved to the kitchen where we tore out the floor – joists and replaced everything we removed and installed a new linoleum rug.

We painted her bedroom a shiny coat of white and had to demolish the porch, roof, and steps to properly fix them. We constructed new ones and added a porch roof so that the water would be deterred from coming down on the porch. We put flashing, a tin roof, and gutters as well as new steps that are much nicer and way safer than the old ones.

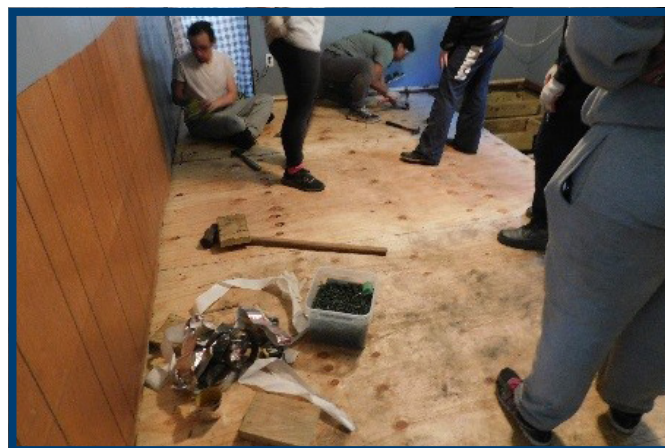
It took numerous groups to complete these repairs and each group talked about sweet and appreciative Bonnie was. We are happy to help repair this house and help Bonnie continue her life in a safer home. ★



Early phase of home rehabilitation




Working together to replace floorboards



New floorboards being installed



Summer Programs



Conventional wisdom is that children cannot wait for the school year to end so that they can enjoy the sun and fun of summer. But for children of central Appalachia, a new set of problems arise when school is closed. Hunger, boredom, isolation sets in as children miss out on free school lunches, being close proximity with friends, and no outlet to throw childhood excitement into.

Americans Helping Americans sponsors summer camp programs for 575 delightful campers where they continue to learn in a fun and exciting way outside of traditional classrooms, stay in contact with their friends, and enjoy delicious meals provided by our partners. The Lunch Box Bus fleet also continued to deliver meals at the doorsteps of communities where 3,926 meals were delivered to children in poor communities in Rogerville, TN. Finally, the Summer Feeding Program sponsored by Americans Helping Americans and hosted by Caring Hands Ministry was able to deliver 352 meals to families at their homes, providing food security to those in isolated areas. ★



Summer camp at Big Creek People in Action



Receiving food for the summer days

Blessing on Wheels



Grandma Nell sits at the entrance of their apartment complex in Rogersville, TN waiting with her granddaughter, Megan, for the Lunch Box Bus to arrive. She told us that the Lunch Box Bus is a blessing to them since Grandma Nell started taking care of Megan when Megan's mother has been addicted to drugs. Grandma Nell's story is the same as far too many in Rogersville. Fixed income, living in section 8 housing, tasked with raising her granddaughter because drugs broke up a family. But once the Lunch Box Bus rolls into her community, she can worry not about Megan because she will line up with all her friends, gather into the bus, and enjoy a delicious meal with the sweetest smile on her face.




Megan enjoying her lunch in the Lunch Bus



Kids exiting the Lunch Bus

Basic Needs & Utilities




 They're called basic needs because that's exactly what they are. Winter coats for adults and children, food banks stocked with supplies, bars of soap, dental kits, and shoes retain a persons dignity when living in the poorest region in American. Americans Helping Americans also makes sure people can afford rent and utilities, keeping families together and off the street, warm and cozy, and able to do their home-work by electricity, not by candle.

- ★ 27,317 individuals benefited from food banks supported by Americans Helping Americans.
- ★ 70 eyeglasses provided to those in need of eye care.
- ★ 3,340 dental kits supplied to schools and churches.
- ★ 2,728 winter coats for kids keeping children warm.
- ★ 564 shoes delivered to partners and 362 children benefited from the BareFeet program.
- ★ 2,700 bars of soap sent to our friends in central Appalachia.
- ★ 1,380 individuals received utility assistance, keeping them from losing their homes. ★



Dr. Crutchfield checking patients' visions

Fresh Start for Georgia Farmers



Americans Helping Americans provided \$500 in start up money for the Farm and Home program in Cleveland, Georgia and in less than three months of receiving the funds, the program is reported as fully self-sustaining. Farm and Home combines reaching out to people who are out of work with limited job skills and no stable homes with farmers in need for good workers who have limited budgets to pay for help.

Farm and Home allows participants to live on the farm in trailers they learn to maintain and repair as well as work for \$16-20 an hour on the farm gaining important skills for success. It's good pay and the participant gets a cozy home while the owner gets added help to continue local their local business. One farm owner says the program is helping save her family farm!



Seedlings grown by our participants



Growing and sharing food with the community





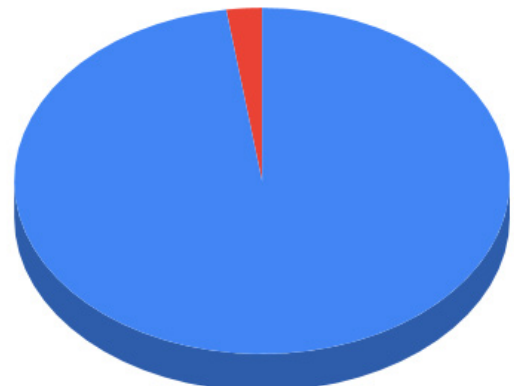
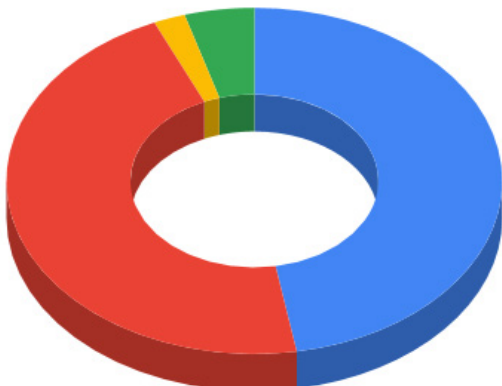
Financial Statement

The financial results depicted here are derived from the Americans Helping Americans® June 30, 2019 audited financial statements, which contain an unmodified audit opinion. Our complete audited financial statements can be obtained at www.HelpingAmericans.org, or by calling 1-888-371-6622 and requesting a copy.

Support and Revenue	Unrestricted	Temporarily Restricted	Total
Noncash contributions from affiliate	\$522,641	\$ -	\$522,641
Cash contributions from affiliate	\$510,000	\$ -	\$510,000
Workplace campaign contributions	-	\$22,820	\$22,820
Cash contributions	\$25,647	\$10,947	\$36,549
Interest Income	\$6,101	\$ -	\$6,101
Other Income	\$7,571	\$ -	\$7,571
Net assets released from restrictions:			
Satisfaction of time restrictions	\$17,438	(\$17,438)	-
Satisfaction of purpose restrictions	\$10,947	(\$10,947)	-
Total Support and Revenue	<u>\$1,100,345</u>	<u>\$5,382</u>	<u>\$1,105,727</u>
Expenses			
Program Services:			
Domestic programs	<u>\$825,917</u>	<u>-</u>	<u>\$825,917</u>
Total Program Services	<u>\$825,917</u>	<u>-</u>	<u>\$825,917</u>
Supporting Services:			
Management and general	<u>\$14,849</u>	<u>-</u>	<u>\$14,849</u>
Fundraising	<u>\$4,690</u>	<u>-</u>	<u>\$4,690</u>
Total Supporting Services	<u>\$19,539</u>	<u>-</u>	<u>\$19,539</u>
Total Expenses	<u>\$845,456</u>	<u>-</u>	<u>\$845,456</u>
Change in Net Assets	\$254,889	\$5,382	\$260,271
Net Assets, Beginning of Year	<u>\$32,156</u>	<u>\$14,886</u>	<u>\$47,042</u>
Net Assets, End of Year	<u>\$287,045</u>	<u>\$20,268</u>	<u>\$307,313</u>

- Non-cash Contributions from Affiliate (\$522,641)(47.3%)
- Cash Contributions from Affiliate (\$510,000)(46.1%)
- Workplace Campaign Contributions (\$22,820)(2.1%)
- Other Cash Contributions (\$50,266)(4.5%)

- Program Services (\$825,917)(97.7%)
- Supporting Services (\$19,539)(2.3%)



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We couldn't do it without you!

Thank you to all those who continue to support Americans Helping Americans® and our partners! We especially thank all Federal and Military personnel who have contributed to our organization through the Combined Federal Campaign (CFC) and state, local, United Way, and corporate campaigns across the country. ★

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