**NEW WEIGHT CLASSES**

**2025 MEN’S WEIGHT CLASSES**

**110 LBS; 121 LBS; 132 LBS; 143 LBS; 154 LBS; 165 LBS;**

**176 LBS; 187 LBS; 198 LBS; 198+ LBS**

**2025 WOMEN’S WEIGHT CLASSES**

**106 LBS; 112 LBS; 119 LBS; 125 LBS; 132 LBS; 143 LBS;**

**154 LBS; 165 LBS; 176 LBS; 176+ LBS**