1 Mile Run

| Place | e Name (Team) | Hometown | Gender | Туре | Bib # | Time | Pace | Speed | Division Rank |
|----------|------------------------------------|---|----------------|------------------|--------------|----------------------------|----------------|------------------|------------------------|
| 1 | LUCAS PARKER | SOUND BEACH, NY | M: 1 | RUNNER | 4695 | 00:06:30.29 | 06:30 | 9.2mph | Male Overall: 1 |
| 2 | JESSE MOTT | MILLER PLACE, NY | M: 2 | RUNNER | 4677 | 00:06:30.71 | 06:30 | 9.2mph | : |
| 3 | LUKE ANGELO | MILLER PLACE, NY | M: 3 | RUNNER | 4532 | 00:06:40.68 | 06:40 | 9.0mph | : |
| 4 | MICHAEL POERIO | | M: 4 | RUNNER | 3229 | 00:06:53.39 | 06:53 | 8.7mph | : |
| 5 | JEFFREY KINKAID | MILLER PLACE, NY | M: 5 | RUNNER | 4625 | 00:06:54.43 | 06:54 | 8.7mph | : |
| 6 | NOLAN FRIES | MILLER PLACE, NY | M: 6 | RUNNER | 4592 | 00:06:56.06 | 06:56 | 8.7mph | : |
| 7 | GABRIELLE MAGGIO | MILLER PLACE, NY | F: 1 | RUNNER | 4647 | 00:07:12.50 | 07:12 | | : |
| 8 9 | BRENDAN LAKE | MILLER PLACE, NY | M: 7 F: 2 | | 4637 | 00:07:14.41 | 07:14 | • | : Female Overall: 1 |
| 9 10 | KAYLA ONZA AIDEN JAMES LEMPIN | MILLER PLACE, NY | г. 2 M: 8 | RUNNER RUNNER | 3374 4640 | 00:07:21.12 00:07:23.29 | 07:21 07:23 | 8.2mph 8.1mph | Male Overall: 2 |
| 11 | KURT LEMPIN | MILLER PLACE, NY | M: 9 | RUNNER | 4642 | 00:07:23.29 | 07:23 | 8.1mph | |
| 12 | PATRICK O'CALLAGHAN | | M: 10 | RUNNER | 3200 | 00:07:24.72 | 07:20 | 8.1mph | Male Overall: 3 |
| 13 | BRADY GOLDING | MILLER PLACE, NY | M: 11 | RUNNER | 4597 | 00:07:27.58 | 07:27 | 8.0mph | : |
| 14 | CAMERON MEADOWS | MILLER PLACE, NY | M: 12 | RUNNER | 4662 | 00:07:31.39 | 07:31 | 8.0mph | : |
| 15 | CAMERON GOLDING | MILLER PLACE, NY | M: 13 | RUNNER | 4598 | 00:07:34.16 | 07:34 | 7.9mph | : |
| 16 | JACK MAKARIUS | MILLER PLACE, NY | M: 14 | RUNNER | 4653 | 00:07:36.06 | 07:36 | 7.9mph | Male Overall: 4 |
| 17 | JACKSON THOMPSON | MILLER PLACE, NY | M: 15 | RUNNER | 4726 | 00:07:41.35 | 07:41 | 7.8mph | : |
| 18 | BRIGHTON FRIES | | F: 3 | RUNNER | 3359 | 00:07:45.86 | 07:45 | 7.7mph | Female Overall: 2 |
| 19 | SHANE LYONS | CORAM, NY | M: 16 | RUNNER | 4646 | 00:07:56.84 | 07:56 | 7.5mph | Male Overall: 5 |
| 20 | DANE LAGRASTA | MILLER PLACE, NY | M: 17 | RUNNER | 4632 | 00:07:59.33 | 07:59 | 7.5mph | : |
| 21 | ANDIE MOTT | MILLER PLACE, NY | F: 4 | RUNNER | 4676 | 00:08:02.83 | 08:02 | 7.5mph | : |
| | LOGAN LAMOUNTAIN | MILLER PLACE, NY | M: 18 | RUNNER | 4638 | 00:08:03.41 | 08:03 | 7.4mph | : |
| 23 | JAYDEN MEADOWS | MILLER PLACE, NY | M: 19 | RUNNER | 4663 | 00:08:09.21 | 08:09 | 7.4mph | : |
| 24 | SPENCER BRUNO | | M: 20 | RUNNER | 3361 | 00:08:09.33 | 08:09 | 7.4mph | : |
| 25 | JACK R SHAPIRO | MILLER PLACE, NY | M: 21 | RUNNER | 4706 | 00:08:10.04 | 08:10 | 7.3mph | : |
| 26 | WILLIAM SPAGNOLO | MILLER PLACE, NY | M: 22 | RUNNER | 4713 | 00:08:23.65 | 08:23 | 7.1mph | |
| 27 | | MILLER PLACE, NY | M: 23 M: 24 | | 4702 4678 | 00:08:24.23 | 08:24 08:25 | 7.1mph | |
| 28 29 | BRAEDEN MURPHY AIDAN FLEMING | MILLER PLACE, NY SOUND BEACH, NY | M: 24 M: 25 | RUNNER RUNNER | 4078 4588 | 00:08:25.33 00:08:34.94 | 08:34 | 7.1mph 7.0mph | Male Overall: 6 |
| 29 30 | DYLAN KURT LEMPIN | MILLER PLACE, NY | M: 25 M: 26 | RUNNER | 4566 4641 | 00:08:34.94 | 08:34 | 7.0mph | Male Overall: 7 |
| 31 | MAGGIE O'CALLAGHAN | | F: 5 | RUNNER | 3143 | 00:08:37.79 | 08:37 | 7.0mph | Female Overall: 3 |
| 32 | | X)MILLER PLACE, NY | M: 27 | RUNNER | 4652 | 00:08:40.52 | 08:40 | 6.9mph | : |
| 33 | (| ·/····===····=/···=/ | F: 6 | RUNNER | 3148 | 00:08:46.91 | 08:46 | 6.8mph | |
| | TIM ARSENAULT | | M: 28 | RUNNER | 3214 | 00:08:48.47 | 08:48 | 6.8mph | : |
| 35 | JEFFERY WALTZ | MILLER PLACE, NY | M: 29 | RUNNER | 4733 | 00:09:02.27 | 09:02 | 6.6mph | : |
| 36 | MAKENZIE FARLEY | MILLER PLACE, NY | F: 7 | RUNNER | 4576 | 00:09:16.82 | 09:16 | 6.5mph | Female Overall: 4 |
| 37 | ANNA THOMPSON | MILLER PLACE, NY | F: 8 | RUNNER | 4725 | 00:09:23.81 | 09:23 | 6.4mph | Female Overall: 5 |
| 38 | JAMES SPRADLEY | MILLER PLACE, NY | M: 30 | RUNNER | 4715 | 00:09:24.92 | 09:24 | 6.4mph | Male Overall: 8 |
| 39 | JUSTIN SPRADLEY | MILLER PLACE, NY | M: 31 | RUNNER | 4716 | 00:09:25.52 | 09:25 | • | : |
| 40 | FRANCIS HOLMES | | M: 32 | RUNNER | 3260 | 00:09:27.64 | | 6.3mph | Male Overall: 9 |
| 41 | DANIELLE BODNAR | MILLER PLACE, NY | F: 9 | RUNNER | 4539 | 00:09:40.18 | 09:40 | 6.2mph | : |
| 42 | HANNAH BRUSSEE | | F: 10 | RUNNER | 3116 | 00:09:41.41 | 09:41 | 6.2mph | Female Overall: 6 |
| 43 | | | F: 11 | RUNNER | 3360 | 00:09:45.45 | 09:45 | 6.1mph | : |
| 44 | KRISTIN MURPHY | MILLER PLACE, NY | F: 12 | RUNNER | 4681 | 00:10:05.62 | 10:05 | 5.9mph | : Famala Overalla 7 |
| 45 | | | F: 13 | | 4580 | 00:10:08.28 | 10:08 | 5.9mph | Female Overall: 7 |
| 46 47 | RILEY MEADOWS ANTONIO FERRO | MILLER PLACE, NY MILLER PLACE, NY | M: 33 M: 34 | RUNNER RUNNER | 4664 4581 | 00:10:13.03 00:10:27.52 | 10:13 10:27 | 5.9mph 5.7mph | • |
| 47 48 | ENZO LAGRAVINESE | MILLER PLACE, NY | M: 34 M: 35 | RUNNER | 4581 | 00:10:27.52 | 10:27 | 5.7mph 5.7mph | Male Overall: 10 |
| 40 49 | ETHAN CONCEPCION | MILLER PLACE, NY | M: 35 M: 36 | RUNNER | 4033 | 00:10:28.19 | 10:28 | 5.7mph | Male Overall: 11 |
| 50 | ISLA HARPER MUSSO | MILLER PLACE, NY | F: 14 | RUNNER | 4686 | 00:10:20.20 | 10:20 | 5.7mph | Female Overall: 8 |
| 51 | DECLAN LYONS | ······································ | M: 37 | RUNNER | 3138 | 00:10:30.01 | 10:30 | 5.7mph | Male Overall: 12 |
| | JANET LONGO | CORAM, NY | F: 15 | RUNNER | 4643 | 00:10:30.46 | 10:30 | 5.7mph | : |
| 53 | | MILLER PLACE, NY | F: 16 | RUNNER | 4634 | 00:11:05.70 | 11:05 | 5.4mph | Female Overall: 9 |
| 54 | ADDISON CARPIONONE | | F: 17 | RUNNER | 3371 | 00:11:17.09 | 11:17 | 5.3mph | Female Overall: 10 |
| 55 | AVA FICAROLA | MILLER PLACE, NY | F: 18 | RUNNER | 4583 | 00:11:31.48 | 11:31 | 5.2mph | : |
| 56 | TEEGHAN MURPHY | MILLER PLACE, NY | F: 19 | RUNNER | 4682 | 00:11:31.89 | 11:31 | 5.2mph | : |
| | AVA WALTER | | : 1 | RUNNER | 3180 | 00:11:35.94 | 11:35 | 5.2mph | : |
| 58 | | | F: 20 | RUNNER | 3176 | 00:11:36.05 | 11:36 | 5.2mph | : |
| 59 | KYLEE ALAIMO (MAKING MEMORIES) | MILLER PLACE, NY | F: 21 | RUNNER | 4531 | 00:11:40.82 | 11:40 | 5.1mph | : |
| 60 | KAITLYN GOETZ (MAKING MEMORIES) | MILLER PLACE, NY | F: 22 | RUNNER | 4595 | 00:11:41.00 | 11:41 | 5.1mph | : |
| 61 | NENA THOMPSON | MILLER PLACE, NY | F: 23 | RUNNER | 4728 | 00:11:57.29 | 11:57 | 5.0mph | : |
| Stron | g Island Running Club | ning Club Printed: 6/5/2022 8:52:04 AM Page: 1 of 2 | | | | | | | |

1 Mile Run

| Place Name (Team) Hometown | | Gender | Туре | Bib # | Time | Pace | Speed | Division Rank | |
|----------------------------|-----------------------------------|-------------------|-------|--------|------|-------------|-------|----------------------|--------------------|
| 62 | KATE FISHER | MILLER PLACE, NY | F: 24 | RUNNER | 4586 | 00:12:29.80 | 12:29 | 4.8mph | : |
| 63 | ELLA CANINO | MILLER PLACE, NY | F: 25 | RUNNER | 4544 | 00:12:29.92 | 12:29 | 4.8mph | : |
| 64 | MACKENZIE MAKARIUS | MILLER PLACE, NY | F: 26 | RUNNER | 4655 | 00:12:45.52 | 12:45 | 4.7mph | Female Overall: 11 |
| 65 | KIMBERLY CARPINONE | | F: 27 | RUNNER | 3369 | 00:14:04.94 | 14:04 | 4.3mph | : |
| 66 | EVERLY CARPINONE | | F: 28 | RUNNER | 3370 | 00:14:05.82 | 14:05 | 4.3mph | Female Overall: 12 |
| 67 | LEAH MAKARIUS | MILLER PLACE, NY | F: 29 | RUNNER | 4654 | 00:14:19.73 | 14:19 | 4.2mph | : |
| 68 | PIPER WALTZ | MILLER PLACE, NY | F: 30 | RUNNER | 4734 | 00:14:19.78 | 14:19 | 4.2mph | Female Overall: 13 |
| 69 | DENISE WALTZ | | F: 31 | RUNNER | 3342 | 00:14:20.31 | 14:20 | 4.2mph | : |
| 70 | SEAN SPRADLEY | MILLER PLACE, NY | M: 38 | RUNNER | 4718 | 00:14:59.06 | 14:59 | 4.0mph | Male Overall: 13 |
| 71 | KERRY SPRADLEY | MILLER PLACE, NY | F: 32 | RUNNER | 4717 | 00:15:00.40 | 15:00 | 4.0mph | : |
| 72 | JAX ARSENAULT | | M: 39 | RUNNER | 3215 | 00:16:35.18 | 16:35 | 3.6mph | Male Overall: 14 |
| 73 | KORIN ARSENAULT | | F: 33 | RUNNER | 3184 | 00:16:53.93 | 16:53 | 3.6mph | : |
| 74 | MOLLY ARSENAULT | | M: 40 | RUNNER | 3197 | 00:16:59.61 | 16:59 | 3.5mph | Male Overall: 15 |
| 75 | SARA KAISER (MP GIRLS SOCCER) | ROCKY POINT, NY | F: 34 | RUNNER | 4619 | 00:19:22.34 | 19:22 | 3.1mph | : |
| 76 | KATIE DOHERTY (MP GIRL SOCCER) | SMILLER PLACE, NY | F: 35 | RUNNER | 4567 | 00:19:22.78 | 19:22 | 3.1mph | : |
| 77 | SILIN ARCIDIACONO | MILLER PLACE, NY | F: 36 | RUNNER | 4535 | 00:19:23.77 | 19:23 | 3.1mph | : |
| 78 | JANET ESPINOZA | MIDDLE ISLAND, NY | F: 37 | RUNNER | 4573 | 00:21:19.72 | 21:19 | 2.8mph | : |
| 79 | MAXWELL ESPINOZA | MIDDLE ISLAND, NY | M: 41 | RUNNER | 4574 | 00:21:19.82 | 21:19 | 2.8mph | : |