

Spirit has shown me the paradox that I am a more effective healer when there is this sense of focus and participation from both my client and myself. When we both show up, the universe reveals magical results in thirty minutes. A fair number of my clients have even told me that miracles happen within this space.

In order to assist my client to get the most out of each session with me, I am creating four focal points to help guide YOU to set your intention for our session.

Empower

Heal

Connect

Manifest

Empower

Are you stuck within a rut and having a hard time to make effective change within your life? If so, this is your area of focus. I LOVE assisting people to change old belief systems and begin to find their flow. If you are ready to make real change and empower yourself, begin here. This is not for the faint of heart. However, now is the time to shine your light! Have courage and empower yourself.

Heal

When Spirit shows up and the intention for healing is present, peace and well-being follow. Healing energy works on all levels. It helps to create balance, wellness and peace within the body, mind and spirit. *If you are in need of healing, this is your area of focus.* Healing sessions are gentle and nourishing.

Connect

I call myself a visionary as I have the gift to connect with beings in the spirit world. This includes angels; spiritual guides and loved ones who have transformed. *If you have lost a loved one and desire to connect, this is your focus.* Many approach this as a Q and A session with their loved ones. Bring your questions.

Manifest

If you are goal oriented and wishing to manifest something new and brilliant in your life, this is your focus. During this focus, I will assist clients to become laser focused in naming goals for their highest good and provide a road map to help these come to fruition. When we are aligned with goals that are in our highest good AND we follow the road map, results happen QUICKLY.