

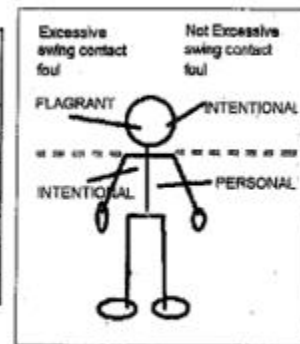
Good morning!

Another elbow to the face play that could be tough to see what happened. Take a look [HERE](#).

It is a good time to make sure we see these and get them when it happens, even if we need to 'process' the play like yesterday's clip. GET IT RIGHT!

Here is a good chart to show what elbow contact should be adjudicated with...

Excessive Swinging (Faster than the torso)	Contact w/ Opponent	Above or below the head	Outcome
No	No		Legal
No	Yes	Below	Personal Foul
No	Yes	Above	Intentional Personal Foul
Yes	No		Violation
Yes	Yes	Below	Intentional Personal Foul
Yes	Yes	Above	Flagrant Personal Foul



To be clear, any elbow contact above the shoulders when the elbows are moving faster than the torso needs to be an intentional foul. If the player who threw the elbow 'eyes up' the opponent and hits in the face with the elbow is absolutely a flagrant foul. In rare cases, we could just have a player control foul, but this would be very rare. Elbow contact above the shoulders is a dangerous play and needs penalized as such.

Tuesday extra: There were several members of my chapter who attended a Zoom/Google Meets meeting with another chapter over the weekend and the feedback was excellent! Consider attending a meeting with another chapter to get a different perspective!

Have a great game tonight!

Tim