

# Dr. Lindsey Beedie

## Clinical Psychologist

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- 10 years experience of working in mental health and neuropsychology
- Specialist interest in the areas of neuropsychology, health psychology and return to work
- Registered with the Health and Care Professions Council as a Clinical Psychologist.
- Registered with the British Psychological Society as a Chartered Clinical Psychologist.

### Education and Qualifications

<b>Doctorate in Clinical Psychology</b> (D.Clin.Psychol)	University of Edinburgh	October 2007 – October 2013
<b>MA(Hons) Psychology</b> – First class	University of Aberdeen	September 2000 – May 2004
<b>NES Training in Generic Supervision Competences for Psychological Therapies</b>	NHS Education for Scotland	July 2013

### Employment History

<b>Clinical Psychologist/Team Co-ordinator</b> <i>(Neuropsychological Rehabilitation)</i>	Craig Court Aberdeen	April 2015 – Present
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Providing a neuropsychology service within a residential outpatient rehabilitation service in conjunction with a multi-disciplinary team. This includes working with other members of the team, care services and care management in addition to providing a neuropsychology service as detailed below.

<b>Clinical Psychologist</b> ( <i>Neuropsychology Rehabilitation</i> )	Department of Neuropsychology NHS Grampian	May 2013 – April 2015
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Providing neuropsychological assessment, formulation and treatment for both in and outpatients who have had an acquired brain injury, including capacity assessments and neuropsychological testing. The provision of adjusted psychological therapy, behavioural interventions and psycho-education to clients, families and other professionals.

<b>Trainee Clinical Psychologist</b> ( <i>Specialism in Health Psychology</i> )	Various NHS Grampian	October 2007 – October 2013
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Academic teaching and placements completed in the areas of adult mental health, learning disabilities, child and family mental health and older adults. Specialist placements undertaken in the areas of eating disorders (schema focused), psycho-oncology, paediatrics, psychiatric liaison and neuropsychology. Doctoral thesis focused on mindfulness, psychological flexibility and valued living as potential moderators of carer well being. Following completion of the academic portion of the course worked within the learning disability service (Nov 2012-May 2013) and neuropsychology (May 2013 – July 2014) until completion of thesis.

<b>Assistant Psychologist</b> ( <i>Neuropsychology</i> )	Momentum Pathways Programme, Aberdeen	March 2007 – October 2007
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<b>Assistant Psychologist</b> ( <i>Neuropsychology</i> )	Department of Neuropsychology, Colman Hospital, Norwich	February 2006 – February 2007
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<b>Assistant Psychologist</b> ( <i>Neuropsychology</i> )	Momentum Pathways Programme, Aberdeen	February 2005 – January 2006
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### Presentations and Publications

Problems with Thinking – Memory, Planning, Organising and Attention.  
*The Brain Tumour Charity: Aberdeen Information Day*, June 2013.

Simpson, S.G. & Slowey, L. (2011). Video therapy for atypical eating disorder and obesity: a case study. *Clinical Practice and Epidemiology in Mental Health*, 7, 38-43.

### Post Qualification Training

Acceptance and Commitment Therapy: February 2015  
An Experiential Introduction  
Dr Nuno Ferreira

ACT for Post Traumatic Problems in  
Living  
Dr Sonja Batten

April 2015