



# Nevada Gastroenterology

Patient Name: \_\_\_\_\_ Appt Date: \_\_\_\_\_

CHECK-IN TIME: \_\_\_\_\_

## GASTROSCOPY PREPARATION

- Great Basin Surgical Center 775-753-4700
- Northeastern Nevada Regional Hospital 775-738-5151
- Humboldt General Hospital 775-635-5222

Dr. Fricke has determined that a gastroscopy is necessary to evaluate your esophagus. A quality examination and good results will be dependent on an adequate preparation of your esophagus. Retained solid food or other materials can mask significant conditions that may be present. If your esophagus is inadequately cleansed, the procedure may need to be repeated at a later date.

### **Special Considerations:**

If any of the following applies to you, please let us know well in advance of the examination so that we can provide special instructions;

- ~You take Coumadin or any other blood thinner
- ~You have an artificial heart valve or any condition requiring antibiotics
- ~You have diabetes

\*Surgical Nurse will give you a call 1-2 days before your procedure, call them if they have not contacted you

\*Please call our office prior to the procedure if you have any questions.

**NVGI**  
1775 Browning Way, Suite 102  
Elko, NV 89801  
(775) 738-0500 – Phone  
(775) 738-0555 - Fax



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## Special Instruction:

- ~You are required to have a driver after your procedure
- ~Do not take any blood thinners 3-5 days prior to your procedure
- ~If you are taking blood thinners prescribed by another doctor, please notify our office. **DO NOT STOP YOUR BLOOD THINNER WITHOUT SPEAKING WITH YOUR PHYSICIAN.**

**The day before your procedure:** \_\_\_\_/\_\_\_\_/\_\_\_\_

- You may have your usual diet during the day
- Clear liquids only after 8 p.m.
- You may consume the following:

Water, Fruit juice, all soft drinks, strained soups, bouillon, Jell-o, Popsicles, Black coffee, tea, and lifesavers

- **DO NOT CONSUME ANY SOLID FOOD, DRINKS WITH PULP, DAIRY PRODUCTS, OR ANY THING RED OR PURPLE COLOR**

**The day of your procedure:** \_\_\_\_/\_\_\_\_/\_\_\_\_

## ***NOTHING TO DRINK FOUR HOURS PRIOR TO YOUR PROCEDURE***

- **Do Not** take your usual morning medications the day of the procedure
- **If you are diabetic**, wait until after the procedure to take your usual dose of insulin or oral medication. Watch your levels & if needed, you may have small sips of juice to get your levels where they need to be
- Plan on being at your procedure center for approximately 1-2 hours
- If you are coming from out of town or staying at a place other than your main residence, please call our office & leave a phone # where you can be reached

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