



Take Control  
of Your Health

**Where:**

**YMCA  
144 Holly Rd  
Gilbertsville, PA**

**Date:**

**Monday,  
June 5th**

**Time:**

**7:00 PM**  
(Class is Approx.  
40 mins.)

**Cost:**

**FREE!**

Presented by doTERRA Wellness Advocate, Amanda Bohn  
CoSponsored By:



**WELLNESS COUNCIL**  
*of Boyertown*

Join us as we cover the basics of essentials oils and how to use them. Learn about the chemicals and parabens found in most skin care products and how using essential oils is a natural and safe alternative. You will leave this class refreshed and encouraged with a new found knowledge of ways to naturally take control of your health and wellness.

For more information and to reserve your seat,  
contact Amanda:  
[amanda.bohn@hotmail.com](mailto:amanda.bohn@hotmail.com)

