

# **Arthur Okaw Christian Athletic Guidelines**

## **MISSION STATEMENT**

The goal of Arthur Christian School and the Arthur Okaw Christian Athletic Program is to draw the utmost of a student's God-given abilities and to inspire outstanding sportsmanship and Godly character.

## **APPLICABILITY OF GUIDELINES AND PENALTIES**

NOTE: Athletic activities in the Arthur Okaw Christian athletic program are voluntary activities. Since student athletes and their parents, or guardians therefore seek participation, it is important to note that these guidelines apply not only to the student athletes, but to their parents, or guardians, as well.

## **SPORTSMANSHIP / CHARACTER**

AOC expects the athletes and parents to exemplify the highest standard of integrity during any athletic contest. Because they are representatives of Arthur Christian School and Okaw Prairie Homeschool, we feel it is necessary to set down guidelines whereby an athlete and parent will be a good testimony for AOC athletics. An athlete of AOC is to uphold the school's standards and refrain from cheating, swearing, smoking, drinking alcoholic beverages, using or talking favorably about narcotics, using indecent language, and other areas of conduct which might be a detriment to his or her Christian testimony. A parent will never boo a player or an official and appreciates a good play, no matter who makes it. He or she knows the school gets the blame or the praise for his or her conduct, and he or she recognizes the need to Sport a Winning Attitude. Athletes and parents should not talk disparagingly about other players, fans or coaches of any team or sport.

## **GENERAL INFORMATION**

Student participation in athletics within Arthur Okaw Christian is contingent upon the following:

1. The student must attain the academic standards set forth in this Athletic Guidelines.
2. The student must have on file in the school office a certificate of physical fitness by a licensed physician not more than one year preceding tryouts in any interscholastic game or activity.
3. The student must show proof of accident insurance coverage by a written statement from the parent(s)/guardian(s) that the student is covered under a family insurance plan, or parent(s)/guardian(s) must sign that the school is not liable for any injuries incurred during sporting events. The Principal or Athletic Director shall maintain the necessary records to ensure student compliance with this policy.

## **PRACTICE / GAME ATTIRE**

Each sport is different in nature and may require different practice attire and different attire before and after games. Each athlete is responsible for knowing the requirements for each sport, as set by the administration and coaches in which he or she participates.

## **LEADERSHIP**

As an athlete for Arthur Okaw Christian, each student is in a place of leadership by default. Because each athlete is given the privilege and additional responsibility when participating in their respective sport, we adhere to the Biblical principle that states, "to whom much is given, much is required."

## **COMMITMENT**

Each athlete is required to be at each practice and game unless an emergency or illness causes an absence. If an athlete misses three practices and/or games for any other reason during an athletic season, the athlete's eligibility will be evaluated by the coaches and administration. If any athlete does not finish the season, for reasons such as, but not limited to, quitting, being released from the team, starting a job, etc., the athlete will not be included in any post-season pictures, activities or awards. This includes the annual sports awards banquet scheduled each May.

## **BEHAVIOR / DISCIPLINE**

The administration, athletic director, and coaches have the right to review each behavioral / discipline situation and within that right can discipline the athlete as deemed appropriate. This may include such things as practice or game suspensions or dismissal from the team. In the case of an athlete receiving an in-school suspension, the athlete will serve a full-game suspension during the next scheduled game. In the case of a second in-school suspension, the athlete will serve a weeklong suspension from any scheduled games and the athlete's eligibility will be reviewed by the administration / athletic director. Athletes and parents / guardians are expected to conduct themselves according to the AOC Athletic Guidelines.

\*Ipods, MP3s, or any personal listening device are strictly prohibited during any practices or games.

## **PARENTS**

Parent(s) / guardian(s) must read and sign this agreement and attached affidavit BEFORE their son or daughter will be allowed to participate in athletics for AOC.

Parent(s) / guardian(s) need to make sure their son or daughter is on time for practices and games and picked up promptly at their conclusion.

Parent(s) / guardian(s) are encouraged to attend all athletic events and support the teams in a positive manner.

Due to season limitation restrictions imposed by the Illinois High School Association and the Illinois Elementary School Association parents may not organize open gyms, scrimmages or the like.

## **PARENT / COACH CONFERENCES**

If you would like to have a parent / coach conference, please call to request a time with the appropriate person. Parent(s) / guardian(s) with concerns should proceed to resolve them in the following order. If the concern is not resolved, precede in the chain of command:

1. Athletes should speak privately with their coach.
2. Athletes should then speak privately with the head coach of the sport.
3. Athletes should next speak privately with the Athletic Director.
4. Athletes and their parents should next speak privately with the Athletic Director.

If any issue or concern remains unresolved following step #4, then,

5. Athletes and their parents should in writing, request a meeting with the Principal, Athletic Director, and coach.

Addressing concerns with a coach before, during or after a practice or a game is not appropriate and should not occur. Please do not put a coach on the spot by asking permission to speak to him / her to address concerns at this time. However, we encourage positive dialogue between coaches and parents at any time outside of while a game or practice is in session. Also, parents must understand that it is not their place to approach any coach or player from another team before, during, or after a game to talk, discuss or confront an issue concerning the behavior of the other team, coach, or fans. Any concerns about another team, coach or fans should be directed to the AOC Athletic Director.

## **DEPARTURE / ARRIVAL TIMES FOR AWAY GAMES**

To the best of our ability, for away games, we will inform parents / guardians of estimated times of departure from the school and arrival back to the school. Athletes are free to ride to games with their parents if a coach is notified. Because of such unforeseen things as weather, vehicle trouble, and the nature of athletics, these times may change. Your athlete will be free to update you with correct arrival time after the game using a cellular phone.

## **RIDING HOME FROM GAMES**

An athlete may ride home from an away game, with their parents, with written/verbal confirmation to the coach. If an athlete wishes to ride home from an away game with *any* individual that is not their parent or guardian, the coach *must* receive written/verbal permission from the athlete's parents in advance of the occasion.

## **MISSING SCHOOL**

If an athlete misses school on the day of a game or practice, he or she may not participate in the game or practice that day. Also, he or she may not come to the game as a spectator that day. If an athlete leaves school with an illness, he or she may not participate in the game or practice that day, unless they have attended school for half of the day. If an athlete arrives at school after 12:00 p.m., he or she may not participate in the game or practice that day. Also, he or she may not come to the game as a spectator that day. If a student must miss school for such things as a funeral, doctor's or dentist's appointments, or other approved school events, he or she must make previous arrangements with the coach and the school office. If the administration / athletic director sees a pattern of tardiness or missing school on the day after a game developing, the administration / athletic director reserves the right to discipline the athlete as follows:

- On the third tardy and / or absence on the day after a game, the athlete will serve a full-game suspension during the next scheduled game.
- On each successive tardy or absence, the athlete will serve a full-game suspension during the next scheduled game.

## **ELIGIBILITY**

Eligibility requirements are as follows:

- All athletes must be enrolled in AOC no later than 10 days after the first day of school at Arthur Christian School.
- All athletes must be enrolled in and passing twenty-five credit hours of high school work per week.
- All athletes must maintain a GPA of 2.0.
- After enrollment in ninth grade, the athlete will not be eligible for more than eight semesters.
- After enrollment in ninth grade, the athlete will not be eligible for more than four school years of competition in any sport.
- The athlete shall, unless entering high school for the first time, have credit for twenty-five credit hours of high school work for the previous semester.
- All athletes shall not have graduated from any four-year high school or equivalent.
- The athlete will be eligible through age nineteen, unless he or she will turn twenty during that sport season, in which case the student will be considered ineligible for that season.

Grades will be checked throughout the semester, with eligibility checks quarterly. Any student considered ineligible will adhere to the following policies:

- They will report to practices with the team even if they are ineligible to play in games.
- The athlete is required to attend all home games. They will be expected to perform any duties assigned to them by their coach and sit in direct proximity to the team. The athlete is not required to attend away games. However they may ride with the team to this event. One exception is tournaments, in which case the coaches will decide based on funding and transportation.
- If the athlete does attend an away game, they will be required to perform the same duties as if they had attended a home game.
- If a pattern of ineligibility occurs for a particular student, the administration reserves the right to remove that player from their team for their overall academic good.
- We understand the parents have the right to make final decisions concerning their child's participation in any sport. However, because of the impact that losing a team member has on a team, we ask that you as parents become familiar with the eligibility requirements as outlined in this document. We ask that you accept these rules as the standard to follow. For consistency's sake, we ask that parents not withdraw a child from a team for academic purposes if the child has met the standards as outlined in this document. If a parent does exercise their right to remove their child from a team for academic or other reasons, the child will not be allowed to return to the team for that season. Also the athlete will not be included in any post-season pictures, activities or awards. This includes the annual sports awards banquet scheduled each April or May.

## **MAKE-UP WORK**

At times, an athletic team will need to leave school early, or miss a day of classes to go to a game or tournament. Before leaving, the students will be responsible to turn in any homework that will be due while they are away. The students will also be responsible before leaving to get any assignments that will be assigned while they are gone and will turn those assignments in upon returning to class after the game or tournament. In other words, the student will return as if he/she had not missed any classes.

## **CONTEST LIMITATIONS**

AOC athletics seeks to limit each boy's and girls' basketball season to the following:

- Twenty-one games and no tournaments exclusive of post-season play
- Nineteen games and one tournament exclusive of post-season play
- Eighteen games and two tournaments exclusive of post-season play
- Sixteen games and three tournaments exclusive of post-season play

AOC athletics seeks to limit each girl's volleyball season to the following:

- Twenty-one matches and no tournaments exclusive of post-season play
- Nineteen matches and one tournament exclusive of post-season play
- Eighteen matches and two tournaments exclusive of post-season play
- Sixteen matches and three tournaments exclusive of post-season play
- Fifteen matches and four tournaments exclusive of post-season play

AOC athletics seeks to limit each baseball season to the following:

- No more than thirty-five games exclusive of post-season play

## **POST SEASON PLAY**

AOC varsity athletics competes in the Association of Christian Schools International Regional Tournaments. Due to the lack of post season play for private schools that are not full members of the IHSA, we participate in the ACSI Tournaments. Also, for those exceptional years when our teams are competing at a high level, the coaches along with the athletic director may choose for a team to participate in the NACA national tournaments in Dayton, TN.

## **DISCLAIMER OF LIABILITY**

The Arthur-Okaw Christian Athletic Program and its staff do not assume any liability for any injuries incurred while an athlete is participating in athletics, or while in route to or from any athletic contest or practice. Students participating in the athletic program and using the equipment and facilities of Arthur Christian School and Okaw Prairie do so at their own risk. Sports are physical in nature, and those who elect to participate must recognize that injuries may occur which could be crippling for life. Arthur Christian School and its staff shall not be liable for any damages arising from personal injury sustained by the participant. The participant and his / her parent(s) / guardian(s) assume full responsibility for any damages or injuries which may occur during practice, games, travel to and from athletic contests and practices, and so hereby fully and forever exonerate and discharge Arthur Christian School and the Arthur Okaw Athletic Program, its staff, its Board of Education, employer and agents from any and all claims, demands, fights of action, causes of action present or future whether the same be known, anticipated, or unanticipated results from or arising out of participation in athletics and in the use of school facilities or while a member of an athletic team.

## **PARENTS SHOULD BE IN AGREEMENT WITH THE FOLLOWING PROVISIONS:**

I agree to the following items listed:

1. I agree to support the school and its athletic programs in every way possible, to encourage my child to respect and obey school and athletic policies and officials. If my child should become involved in any difficulty during athletics, I will not complain to other parents but will with a correct Christian spirit register my complaint as outlined in the PARENT / COACH CONFERENCE section above.
2. I agree to have read thoroughly the Arthur Okaw Athletic Guidelines and to be especially aware of any new or revised policies.
3. I understand the standards of Arthur Okaw Christian do not tolerate profanity, obscenity in word or action, dishonor to the Holy Trinity and the Word of God, or disrespect to the personnel of the school, opposing school, game officials, etc.

## **ANNUAL ATHLETIC BANQUET**

An annual athletic banquet is held every April or May to honor High School boys and girls who have participated in sports. We encourage parents and students to be involved in this great evening.

## **A FINAL NOTE FROM THE ATHLETIC DIRECTOR**

We count it as a privilege and a blessing to coach your student. We see this as a great opportunity as well as a great responsibility. It is our desire, for the time that you have entrusted us with your child, to help mold them into a mature, responsible young adult. At times we will push your student beyond what he or she believes they can handle. But our goal is for each athlete to draw the utmost of their ability from within themselves and to come together with their teammates to be the absolute best team they can be.

# **ARTHUR OKAW CHRISTIAN PERMISSION AND AGREEMENT**

## **Parent/Guardian**

I have read and understand each page of the Arthur Okaw Christian Athletic Guidelines and I understand that all participants and their parents are expected to adhere to each guideline. Having read the attached Athletic Guidelines, I give my son / daughter permission to participate in athletics during the 20\_\_\_\_\_ - 20\_\_\_\_\_ school year. I also understand that my son / daughter must have a physical examination form on file for this school year in order to be permitted to practice for athletics. (Ninth grade physicals are sufficient for all ninth graders.)

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Parent(s) / Guardian (s) signature

## **Athlete**

Having read the attached Athletic Guidelines, I am willing to abide by these guidelines, and it is my desire to become a part of the athletic teams for the 20\_\_\_\_\_ - 20\_\_\_\_\_ school year.

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Athlete signature

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Date

***\*\*\*Please return this page to the Athletic Director\*\*\****

# ARTHUR OKAW CHRISTIAN

## AFFIDAVIT

I understand that Arthur Okaw Christian believes it is advisable that all students participating in extracurricular activities be insured against accidents.

I also understand that the responsibility for insurance coverage lies with the parents/guardians and not with Arthur Okaw Christian. It is believed that

\_\_\_\_\_ is adequately covered by our family

(Name of Student)

policy \_\_\_\_\_ carried with \_\_\_\_\_

(Name of Insurance Policy)

\_\_\_\_\_  
(Name of Company)

and request that this policy be accepted by Arthur Okaw Christian to insure the above student in the event of an injury sustained from participating in a school sponsored sport or activity.

\_\_\_\_\_  
(Sign here to indicate that student has insurance coverage purchased independently by the parent/guardian.)

Date \_\_\_\_\_

(OR)

I understand that Arthur Okaw Christian believes it is advisable that all students participating in extracurricular activities be insured against accidents.

I also understand that the responsibility for insurance coverage lies with the parents/guardians and not with Arthur Okaw Christian. However, we currently do not hold any insurance coverage, and will not hold Arthur Christian School, Okaw Prairie Homeschool and the Arthur Okaw Christian Athletic program liable for any injuries incurred by \_\_\_\_\_ while participating in

(Name of Student)

athletics.

\_\_\_\_\_  
(Sign Here)

Date \_\_\_\_\_

**\*\*\*Please return this page to the Athletic Director\*\*\***

# PARENTS/GUARDIANS CONSENT & TREATMENT FORM

Participant \_\_\_\_\_ Age \_\_\_\_\_ Birth \_\_\_\_\_  
Date \_\_\_\_\_  
Telephone \_\_\_\_\_  
Parents/Guardians \_\_\_\_\_  
Address \_\_\_\_\_

STREET CITY, STATE ZIP

Alt. Contact \_\_\_\_\_

Telephone \_\_\_\_\_

NAME RELATIONSHIP

We, the undersigned parents / guardians of the above named participant, grant permission for my student to participate in athletics for Arthur Okaw Christian. We have been advised of the nature and extent of the sport and represent to you that the participant is physically and mentally able to participate in this sport. We understand that the sport does present risk of injury, and we advised the participant of that possibility. We represent to you that we and the participant assume the risk of any such injury, and hold you, your employees and representatives harmless from any liability for injury to the participant while engaged in this sport which is caused or contributed to by the conduct of the participant, and agree to indemnify and defend you against any claim or liability asserted against you for any such injury to participant. We also hold the athletic program and school, its employees and representatives harmless from all liability to any other person or entity arising as a result of the conduct of the participant in this sport and agree to defend and indemnify the school, its employees and representatives against any claim or liability arising as a result of such conduct. If we are not personally present at these games/practices in which the participant is to participate, so as to be consulted in the case of necessity, the Coach, the Athletic Director, and the Administrator are authorized on our behalf to arrange for such medical and hospital treatment as deemed necessary and advisable by a physician for the health and well being of the participant. We the parents / guardians of the above listed participant give permission to the participant to carry over the counter medication (for things such as headaches, cramps, sore throat, etc.) and also give the participant permission to take such medications as the participant feels necessary while under the supervision of the coach.

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE DATE

**Please list ANY health conditions and/or allergies for the above listed participant on the other side of this form.**

***\*\*\*Please return this page to the Athletic Director\*\*\****

**HEALTH CONDITIONS:**

**ALLERGIES:**

***\*\*\*Please return this page to the Athletic Director\*\*\****