



ALLISON BROCKWAY

MSW, LGSW

PHILOSOPHY

I truly believe that as a client you are the expert in your life, and it is my job to give you the tools you need to be successful. Therefore, it is essential for us to be working as a team. I believe that everyone has a story. I am honored when someone is willing to share theirs with me. I enjoy helping clients identify their strengths and find ways to heal and cope with life's difficult situations.

CONTACT

PHONE:
763.424.1888

EMAIL:
allison@northwindscounseling.com

AVAILABLE:
Days: Monday thru Thursday

JOINED NORTHWINDS

2023

DEGREES/LICENSE

Master Degree in Social Work from St Cloud University in St. Cloud, MN

Licensed Social Worker, License #8869 Since 1991

Licensed Graduate Social Worker, License #8869 Since 2023

WORK EXPERIENCE

Allison has experience working with both children and adults. She has worked with children ages 12 and up in person or telehealth settings

SPECIALITIES

Anxiety Disorders
Depression
Oppositional Behaviors
Life Transitions
Grief/Loss
Self-Esteem
Impulsivity
Adoption
Compassion Fatigue
Trauma Related Disorders