Anne Hajek, *CCH* Certified Classical Homeopath Hajek Homeopathic Care LLC

Burnsville, MN

Fees and business practices

- \$275 Homeopathic Intake
- \$89 Follow up appointments
- \$15 Extended Follow ups per 15 minutes
- \$89 Bach Flower Only Consultation
- \$35 Acute Consult
- \$55 After hours acute care
- \$65 Covid Acute
- **\$10-35** Remedies, pellet form (plus shipping)

What to Expect ~

1. Homeopathic Intake: A complete history including chief complaint and personal characteristics. Allow up to 1.5 - 2 hours for this appointment. If something additional comes up, I may contact you through phone or email. Based on this, I analyze your information and determine a remedy. This typically takes between 2-5 days. Your **remedy** is then mailed to you, which is billed separately based upon potency and type.

2. **Follow up appointment** is scheduled 4-6 weeks later, after taking your **remedy**, to assess the action of the remedy. This appointment lasts 30 - 50 minutes. Additional time over 50 minutes is \$15 Additional follow-ups will be scheduled depending on how you are doing, typically every 4-6 weeks or as needed.

Recommended: give homeopathy 6 months to see a clear change. During that period of time, you might have 3-5 follow up visits. This is an average. Many people experience a complete reversal of symptoms very rapidly. Others take longer.

3. Acutes Care: Acute care is the treatment of brief, suddenly occurring conditions, such as colds, flu, injuries, bites, toxic exposures, etc. Homeopathic treatment of these conditions serves to strengthen the constitution, exercise the immune system, and ultimately increase your health in a powerful way. Limiting your use of suppressive treatment during these times is central to improving the trajectory of your overall health.

Acute consults are conducted during business hours, 10am-5pm. Messages or emails received on Friday will not be answered until Monday unless **after hours care** (see #5) is requested. Remedies are billed separately.

- **PHONE:** You may leave acute symptoms on my phone and I will return your call within 24 hours. Calls received after 3pm or on weekends may be returned the next business day unless you have indicated that you require an "after hours" consult.
- **TEXT:** I am unable to treat through text messaging.
- **PAYMENT:** I accept Visa, MasterCard, Discover, Amex, or cash. *Intake payments are due on scheduling the appointment. Payment is due at the time of service.
- Cancellation policy: appointments canceled with less than <u>24 business hours</u> notice are subject to a 50% fee.

Families working with me for acute care are encouraged to purchase a remedy kit to have immediate access to necessary remedies.