

Recovery Review

District 11 – Northern Kentucky

July/August 2021

Register now for the 2021 Kentucky Al-Anon Area Convention!

What can you expect September 17-19?

- Al-Anon Speakers with a combined 135 years in the program
- Learn how to rebuild bridges in your relationships
- Test your knowledge with trivia
- A performance from a cappella group the Cincy Noteables

And, of course, Experience Strength, Hope and Fellowship all weekend long.

Join us September 17-19 at the Holiday Inn in Hebron. Register today at NKYalanon.com

District Reminders:

- *Treasurers – please put your group’s number on any checks sent to District, Area and WSO
- *The District is also in great need of an alternative District Representative – please consider helping our District Rep. Linda H. Remember, when we get busy, we get better!



July:

Christy H. -33 years (7/1)
Meredith T. - 2 years (7/1)
Jay D. – 9 years (7/3)
Cheri O. – 35 years (7/15)
Robin I. – (7/15)
Danielle M – 6 years (7/21)
Tom D. – 30 years (7/23)

August:

Susan M. – 6 years – (8/1)
Jenn G. – 5 years (8/2)
Gina C. – 20 years (8/6)
Joanne A – 2 years (8/14)

Congrats to all!

To Be or not to Be:

The Sunday Night Serenity AFG at 6pm on Boone Aire Rd. in Florence is currently not meeting due the Covid situation. Now that restrictions are lifting, the group is making the difficult decision as to whether to resume meetings in person or to disband. If you are interested in attending and supporting this meeting in person, please reach out to Julia M. at jmcgivern1@yahoo.com.

Al-Anon Membership Survey Is Open Now!

The Survey Is:

- Conducted every three years since 1985.
- Open from **June 16, 2021 to July 27, 2021**.
- Available to all Al-Anon members, ages 18+ years— regardless of time in the program.
- Available in English, Spanish, and French.
- Short enough to be taken in 15 minutes.
- Mobile-friendly.
- Anonymous



[Triennial Membership Survey](#)



Good Ole' Fashion Potluck Dinner

Silent Auction



Looking for NEW or slightly USED items.
Contact Ronda at 513.503.5254 with your items

2021 Kentucky Area Al-Anon Convention Fundraiser

Saturday, August 21, 2021
5:00 PM
Doors open at 4:45 PM
St. John's Church
5th and Park Ave, Newport, KY 41071

Fried Chicken, Coffee and Water will be provided. Bring your favorite side dish or dessert.



Come join us for a night of FUN and FELLOWSHIP!!!

\$5.00 Suggested Donations

Al-Anon and AA Leads

Split the Pot Raffle



Important Al-Anon Websites:

Al-Anon Main site (WSO) <https://al-anon.org>
Kentucky Area Al-Anon: <https://kyal-anon.org>
Northern Kentucky Al-Anon District11: <http://www.nkylanon.com>
Updated Meeting Information will be found here.

The Literature Office is now open!!

Fridays -7:00pm -7:30 PM
Saturdays -10:30am – 12:30 PM

Location: First Christian Church
3rd Floor
1031 Alexandria Pike
Fort Thomas, KY 41075

On Saturday, Al-Anon meeting is concurrent with literature office, opening 30 minutes before and 30 minutes after also

al-anon.org

"True faith

is not having everything turn out alright; it's knowing I will be alright no matter how things turn out."

The Forum, October 2019



Fundraiser and Convention Volunteers needed!

Looking for some nice Service work? Many hands make for light work! There are many volunteer opportunities available for both the Fundraiser in August as well as the actual Convention itself.

Reach out to Ronda B. at rondabreedon@gmail.com or 513-503-5254 if you can help at the August Fundraiser.

Joanne P is looking for volunteers for the convention - Mommajojob55@gmail.com

**Some Experience Strength and Hope from your fellow Al-Anons:
How has your relationship with your Higher Power changed since coming into the program?**

The 12 steps and the entire program helped me uncover my HP that had been part of me all along, but severely covered up. It uncovered my HP by stripping away layers and layers of worldly programming (what I call my ego) and at the same time encouraging me to recognize my connection with my HP (what I call my spirituality.) I require constant practice to maintain this connection, because it's so counter to the way that the world and I programmed myself for most of my life. It's worth all of the time that I've put in!
~Steve P.

My relationship with my Higher Power has changed significantly since starting the program. Prior to, I believed in God, but I did not have daily contact with him. Now, I am very aware of the days when I do not have some type of conversation with him. I am also more "tuned in" to what I used to consider "coincidences" I now believe that "coincidences are God's way of staying anonymous" 😊
~Becky S.

I always knew I had a higher power, but I never knew who he was, and I sure didn't think he had much to do with my miserable life. Coming into the program and having that belief helped me reach out and trust something greater than myself. For a long time, I was my own higher power, and boy was that a tough job. I learned I have a God of love and understanding and when I put myself out to him, my prayers and questions are answered. It might not always be what I think is the way it should be, but it is an understanding of what I am going through and a guidance on where I need to be. I am grateful the program allows me to have a God of my understanding.
~Ronda B.

Recovery Centers:

Currently Recovery Center Meetings:

RTC Men's Meeting: Saturday 11a – Noon

RTC Women's Meeting: Sunday 2-3pm.

Anyone is interested in chairing or donating unwanted Al-Anon literature to please contact Tara S. - tsharp1962@aol.com

Do you have very gently used or new items to contribute to the August Silent Auction? Please contact the following:

Kenton County – Irene 859-250-1929
Campbell County - Dave 859-866-1868
Boone County: Marlis 859-746-2233
All Counties: Martha 859-803-6537
Ronda 513-503-5254

