

## Information

- ❖ All sessions will be held at St. Margaret's Centre, 12 Westwood Blvd., Upper Tantallon.
- ❖ Registration is done on line through a link on the St. Margaret's Bay Skating Club Website. SMBSKATING.com
- ❖ Dates and times are subject to change. **All schedule changes will be posted on the SMBSC website.**
- ❖ Payment may be made in the form of cash, money order, e-transfer or cheque made payable to "St. Margaret's Bay Skating Club." Payment can be made in three installments. Post dated cheques dated (1st) March 2nd, 2020, (2nd) April 6th, 2020, (3rd) May 4th, 2020.
- ❖ No refunds after the first day of skating each term except for medical reasons. A medical certificate must be submitted, along with a request for refund, in writing to [smbcanskate@gmail.com](mailto:smbcanskate@gmail.com). Refunds will be pro-rated, and \$45.00 will be deducted for the non-refundable Skate Canada membership fee.
- ❖ **A \$35 fee will be charged for all cheques returned for insufficient funds. Once NSF occurs cash payment will be required for rest of the season.**
- ❖ Sessions missed due to weather will only be made up if more than one session per season is missed.
- ❖ St. Margaret's Bay Skating Club reserves the right to cancel any program due to insufficient enrolment. Dates are subject to change.
- ❖ Placement in programs will be at the sole discretion of the Program Director.
- ❖ 3 or more learn to skate sessions per family: save 10% on total program cost for each session.
- ❖ In case of cancellation due to weather, a notice will be placed on the website ([www.smbskating.ca](http://www.smbskating.ca)) if at all possible, and the front desk of St. Margaret's Centre (826-2100 ext 10) will be informed (after 2pm). Members are responsible for ascertaining whether lessons have been cancelled before traveling to the rink for a scheduled session. Please check the **SMBSC website** and **SMBSC Facebook** often for updates, and provide us with updated email information, as that is our primary means of correspondence with our membership. This information will not be on the St. Margaret's Centre website as we rent ice from St. Margaret's Centre and the Centre does not run the Canskate program.

### **Equipment Required:**

1. MANDATORY: A CSA-approved, hockey-type helmet, NOT a bicycle helmet. Skaters will not be permitted on the ice without a helmet. The helmet may be with or without a facemask – this is the parents' preference.
2. Gloves/mittens: little hands get very cold falling and getting up again!  
**No jeans**, please – they get very cold and wet and do not move well with the skater.
3. Hockey equipment, such as shin pads, elbow pads, gloves etc. are NOT recommended.
4. No hockey sticks are permitted on CanSkate sessions.
5. No parents permitted on the ice. Please avoid standing by the glass, to enhance your child's concentration and progress. **No parents are permitted in the penalty box/players' bench, as this is a designated first aid area.**
6. Please use assigned dressing rooms to put skates on. Sitting in hallways is dangerous and disrupts flow of traffic.

## St. Margaret's Bay Skating Club

# Pre-Canskate and Canskate Programs Spring 2020



March 2nd - June 18th

**Register online February 1st**  
**[smbskating.ca](http://smbskating.ca)**

Email: [smbcanskate@gmail.com](mailto:smbcanskate@gmail.com)

12 Westwood Blvd.  
Upper Tantallon

902-826-2100

**Like us on Facebook**



## Pre-Canskate (3-4 year olds)

This program is designed for 3 and 4 year olds (**MUST be 3 by March 1st, 2020**), that focuses on fun, participation and skill development through games and activities. This program is geared for the new skater and is 30 minutes in length. Lessons are in group format and led by NCCP certified professional coaches. You will earn lots of incentives as you learn fundamental skating skills. This is a feeder program to Canskate. **Children will be assessed through out the session to earn their Pre-Canskate Ribbon.**

### Mondays 5:40pm-6:10pm (14 weeks)

Cost: \$120.00 + \$45.00(\*\* Annual Skate Canada Fee)  
Total: \$165.00

### Dates for all Pre-Canskate and Canskate Sessions

	Monday	Wednesday	Thursday
<b>March</b>	2, 9, 23, 30	4, 11, 25	5, 12, 26
<b>April</b>	6, 13*, 20, 27	1, 8, 15, 22, 29	9, 16, 23, 30
<b>May</b>	4, 11, 18*, 25	6, 13, 20, 27	7, 14, 21, 28
<b>June</b>	1, 8	3, 10	4, 11, 18

**\*\*\*Please take careful note of dates** and retain this schedule as a reminder of the lesson dates. Due to the size of our membership, it is impossible to contact all members to remind them of start and end dates.

Note: We **DO NOT** skate March Break 16th-20th and Thursday, April 2nd (SEDMHA)

\*We **DO** skate Monday, April 13th (Easter Monday) and Monday, May 18th (Victoria Day)

## Canskate (4 and up)

Canskate is Skate Canada's flagship learn-to-skate program, designed for beginners all of ages (**MUST be 4 years old as of March 1st 2020**) When you sign up for CanSkate, you will be in a program that focuses on fun, participation and basic skill development. You will earn badges and other incentives as you learn fundamental skating skills. Lessons are given in a group format and led by an NCCP certified professional coach. Professional coaches are assisted by trained Program Assistants. Skaters progress at their own rate and coaches make sessions active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning. CanSkate is the feeder program to all other Skate Canada skating programs, as well as preparing skaters for participation in hockey, speed skating and ringette.

### Mondays 6:10pm- 6:50pm (14 weeks)

Cost: \$190.00 + \$45.00 (\*\* Annual Skate Canada Fee)  
Total: \$235.00

### Wednesdays 5:30pm-6:10pm (14 weeks)

Cost: \$190.00 + \$45.00 (\*\*Annual Skate Canada Fee)  
Total: \$235.00

### Thursday 1 6:00pm-6:40pm (14 weeks)

Cost: \$190.00 + \$45.00 (\*\* Annual Skate Canada Fee)  
Total: \$235.00

### Thursday 2 6:40pm-7:20pm (14 weeks)

Cost: \$190.00 + \$45.00 (\*\* Annual Skate Canada Fee)  
Total: \$235.00

**\*Any Canskater who skates two days a week, will get a 50% discount for the second day**

**\*\*If you have purchased any Canskate session in the 2019/2020 Winter Program, you do not have to pay the \$45.00 Skate Canada fee again.**

### Junior Group

If your child is interested in figure skating and your child has their Stage 4 badge, please see our Figure Skating Brochure for more information. If you have any questions, please contact Lisa at [smbcanskate@gmail.com](mailto:smbcanskate@gmail.com)