

Distance Healing Treatments

Dr. Jocelyn Joy, DAOM, L.Ac.

Distance healing treatments are now offered by Dr. Joy for those who are unable to visit the clinic in person.

Healing over a long distance is just as effective as when done in person, and it produces the same emotional and physical benefits. It corrects bioenergetic imbalances and blockages, and activates acupuncture points, meridians and the internal organs – so it is very similar to a powerful acupuncture treatment.

These treatments are especially helpful for those who are convalescing at home or in a hospital, find travel difficult, have a chronic condition, are in pain, or just need an added energetic help.

Existing patients may request distance treatments in addition to their in-person sessions and new patients all over the country will enjoy the benefits of healing at a distance.

During or after a healing session, patients will often experience qi sensations similar to those felt with acupuncture, such as: mild aches or soreness, tingling, numbness, heaviness, pain, warmth, coolness, sleepiness, or a slow, flowing electricity-like movement. Patients often feel energized, relaxed and peaceful after treatments.

Results are not always instantaneous – the patient's condition often continues to improve steadily in the hours and days following the treatment. Some patients prefer to schedule distance healing appointments during a time when they are experiencing symptoms (if possible), so they can directly witness and attest to the effectiveness of the treatment.

Although one session can often provide dramatic results, multiple sessions deepen the energy work and can get to deep-seated core issues. By receiving energy for a full month or more, it will continue to work deeper and be able to address long-term energy blockages, move them out of one's energy field, and anchor the changes.

Talk with Dr. Joy about the number of sessions she recommends.



- Qi is continuously projected outward from the body in circular fields of energy (like the ripple effect), similar to an electric or magnetic field. A practitioner can detect these fields as well as the imbalances within them.
- Qi can be transmitted from one person to another person. The patient and practitioners' bodies are interconnected with each other since they are part of the earth's energy field (similar to the way that energy is being transmitted constantly and very quickly via television and radio signals, and are picked up by a receiver).
- Qi can be directed: It follows where attention or thought is focused. A qigong practitioner with a strong ability to direct Qi can easily treat over a short or long distance. Some see it as similar to a very powerful prayer.

The practitioner transmits healing energy as a conduit and a catalyst in one's healing process. When you raise the energetic vibration of the body then it can heal itself. Energy is intelligent and finds its way where it is needed when properly directed.

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