

ADVICE RE POSSIBLE CORONAVIRUS PATIENT

- If the potential sufferer has developed any of the following symptoms regard them as having coronavirus
- **Fever** (a temperature above 37.8°C or skin which feels hot to touch).
 - A new, continuous **cough**.
 - **Shortness of breath** and difficulty breathing.
 - **Fatigue**.
 - **Headaches**.
 - **Sore throat**
 - **Aches and pains**
- Make sure that the room is well ventilated. If the patient is breathless, they are better to sit rather than lie down. The patient should cough into a tissue which can then be put in the plastic bag in the waste bin.
 - They should arrange a Covid-19 test by visiting NHS.UK, or contact 119 via telephone if they do not have internet access.
 - If they feel they cannot cope with their symptoms at home, or their condition gets worse, or symptoms do not get better after 7 days, then they should use the NHS 111 online service. If they do not have internet access, they should call NHS 111

If the sufferer is noticeably short of breath phone 999 as they may be suffering from another illness apart from Covid-19