

Winter Session Newsletter 2017



Winter Session

Monday, January 23- Sunday, April 2
(9 weeks)

No Classes or Regular Open Gyms

Monday, March 13- Sunday, March 19

JOIN US FOR A

simply comfortable

FUNDRAISER

DRESSES • SKIRTS • LEGGINGS • TOPS • KID'S CLOTHES • & MORE

WHEN: Friday, February 10th 6:30-8pm

LOCATION: RFGC Gym N8234 945th St.

WHY: Mom's Night out to Support a non-profit program! Bring the kids for K-12 open gym for \$5/child & stay to shop!

SHOP TO SUPPORT 



spring break camp

Date: Monday, March 13-Thursday, March 16

Time: 9am- Noon

Ages: 3 and up! All levels welcome!

Choose to sign up for our 2-day options or join us for all 4 days! We will enjoy gymnastics, snack (provided by us), games and crafts!

2-day Options

- Monday & Wednesday: \$50
- Tuesday & Thursday: \$50

4 days

- Monday- Thursday: \$90

Register online today at www.riverfallsgymnastics.com
or call 715-425-6007

Spring and Summer Registration

Spring Session Registration: Opens to current families Friday, March 24th and to the public Monday, March 27th

Summer Session Registration: Opens to all families Monday, March 27th (no priority registration)

Summer Session will include both daytime and evening options. We suggest registering your child in the same level you register them in for the Spring Session for the Summer Session. Credit cards will not be charged for Summer Session registration until May 4th. If you register after May 4th your credit card will be processed as usual. Check out page 2 of the newsletter for more details on gymnast evaluations and a list of dates to save!

Spring Session: April 3-June 4 (9 weeks) | Summer Session: June 5-August 11 (8 weeks) | Spring and Summer Schedules will be Posted Soon!

Summer Camps: Day Camp (all ages): August 14-18 | Advanced Camp (Int 1 and up): August 21-25

Thank you for sponsoring the River Falls Gymnastics Club!



Contact emily.page@riverfallsgymnastics.com if your business is interested in sponsorship.



Evaluations

Near the end of most session, Winter Session included, a formal evaluation is distributed for Tigers levels though Intermediate 2 prior to the upcoming session's registration date. Boys and Dance classes do not currently have a formal evaluation and Koalas and Monkeys classes should follow the suggested ages when registering for classes.

We are making our way to move our evals online for you to view your child's progress through your online portal with us! It will list if a given skill has been attained or mastered. If it is not dated as attained then that means your gymnast is still working on the skill. We will share more details as they are known.

So how do we define Still Working and Mastered?

Still Working: Indicates that the child has been introduced to the skill and is able to perform the skill but still needs help or needs to perfect form (straight legs, pointed toes, etc.).

Mastered: Indicates that the child consistently excels at the performance of the skill while keeping correct form.

It takes the average gymnast the following number of sessions to advance:

- Beginner 1: 4 Sessions
- Beginner 2: 3 Sessions
- Beginner 3: 3 Sessions
- Intermediate 1: 3 Sessions
- Intermediate 2: 6 Sessions
- Intermediate 3: 7 Sessions

If you are involved in the Jungle Gym classes (pre-school classes) and Boys Classes, please follow the age recommendations.

Open Gyms*

- Preschool Open Gym: Fridays 11am-Noon
- K-12 Open Gym: Fridays 6:30-8pm
- All Ages Open Gym: Saturdays Noon-1:30pm

*Open Gyms are subject to change. Check the website calendar to view up to date open gym times and days. No regular open gyms over break March 13-19.

Make-ups

Gymnasts are allowed one make-up per session if space is available in another class. If space is not available then you will receive one free open gym pass. Please contact the office for make-ups.

Save the Date

Friday, February 10

Mom's Night Out- LuLaRoe Fundraiser
6:30-8pm

March 13-19

No Classes or Open Gyms

March 13-16

Spring Break Camp!

Friday, March 24

Priority Registration Opens
for Spring Session

Monday, March 27

Spring and Summer Session
Registration Opens to the Public

March 27-April 2

Last Week of Winter Session

Monday, April 3

Spring Session Begins
Join us Spring Session to participate in
the Spring Show Extravaganza to
show off all the gymnastics lessons

Monday, June 5

Summer Session Begins



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