



Summer Camp Families,

We want to thank you for attending our Summer Camp program. This is our 25th year of hosting these camps, and we are excited to work with you and your child. There are a few things that we wanted to make sure that you are aware of in order to assist the week in passing smoothly.

Camp Hours: Camp begins at 8:00am each day. Our staff arrives at around 7:45am, to begin set up, and to prepare for your children. Camp ends at 6:00 pm in the afternoon. No child may be dropped off after 9:30 am without prior discussion, as we must plan our transportation, staffing, and details for our Daily Activities. Your late arrival means forfeiture of the field trip for the day. There is no “make-up day”. No child may be dropped off at a field trip location, or retrieved from there. If you will need your child earlier than 4pm, they will remain at the gym that day.

Apply Sunblock before arriving at camp: Please apply sun block to your children before drop off. We will reapply it throughout the day as well, and as we see fit. You **MUST** send sunblock of your choosing to camp with your child. Without it, they will not be allowed to participate in sun-filled activities or field trips.

Sign your child in and out of camp: Every child must be signed IN and OUT for the camp day. Please do not send your children in to our building without a chaperone. We are not able to accept them into our program unless an adult has signed them in. If they arrive without an adult, we have no choice but to contact you, and you will need to return to our office in order to sign them in. Also, pickup must be made by someone over the age of 18 years old, and also someone who is on the pickup list for your child. No underage siblings, or others may retrieve our campers. Again, you must send an adult to sign in and to sign out daily. Also, please make sure that anyone picking up your child knows that they will need proper state issued Identification. Camp ends at 6pm daily.

SUMMER CAMP T SHIRT POLICY: Camp T Shirts are sold for \$15.00, these help us and others at the destinations we travel to know that we are group. The shirts may be paid for on the first day of camp. Your child must bring their shirt with them each day, and we will change into them before leaving on our trips. If your child does not bring theirs to camp, or you would like a second one for any reason; the cost of a second (or more) is just \$13.00. We will attempt to call you to get purchasing approval, but if we are unable to reach you, we will give them a replacement shirt, and you may pay for it later that same day.

Movies: At camp, and only on some occasions we do watch movies. We watch both G and PG movies that we find acceptable for the kids. If you have any concern about your child watching movies with either of these two ratings, please make us aware by email or at Monday morning drop off. Otherwise, we will assume that movies of G and PG ratings are acceptable to you.

We appreciate you trusting us with your child/ren,

The Academy-Lexington

The BEST Camp in Town



There is no reason to choose a Camp theme for each week !

Each morning, we will have a meeting and the children can choose what they do daily. If you specifically, or only care for them to do one specific “theme” please write that on the page where you choose Camp Dates. We have learned that most kids want to fluctuate between activities, and enjoy choosing daily.

1. Gymnastics Camp:

This camp is for those kids who have a desire to learn all aspects of Gymnastics. Children are broken up into groups based on age and ability, and there is instruction in all aspects/events of Gymnastics. We work on Floor, Bars, Balance Beam, Vault, Conditioning, Strength, Flexibility, and overall improvements of the skills.

2. Cheerleading Camp:

This camp is for those kids who have a desire to learn all aspects of Cheerleading. Children are broken up into groups based on age and ability, and there is instruction in all aspects/events of Cheerleading. They will learn Tumbling, Stunting, Sideline and Floor Cheers, Floor Positions, Jumps, Motions, and more.

3. ALL Sports Camp:

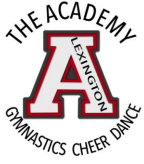
This camp is for those kids who have a desire to learn and play a variety of sports. Children are broken up into groups based on age and ability, and there is instruction in all aspects/events of Multiple Sports. They will learn the rules, play skills, technique, and further knowledge of a multitude of sports such as Basketball, Baseball, Soccer, Football, Gymnastics, Track and Field events, and more. We cover sports that they are interested in learning more about, and play those chosen sports. We make sure to cover these during the week. We teach these sports in a way that everyone can be successful, while getting a better understanding of all sports.

4. Farm Day Camp:

(We will transport them from our Gym in Lexington)

This camp will be a true “Day on the Farm”.... We will hike, Play in the waterfall, Take care of the animals with grooming and feeding, Ride horses, Build a bonfire, Ride 4 wheelers, do Farm projects, and more.....plenty of fun to be had on the farm!

SERVING LEXINGTON WITH SINCE 1991



Some Basic Camp Information and Rules



- 1) You supply Lunch and Snacks Monday through Friday.
- 2) Campers must arrive prior to 9:30am in order to attend that days field trip.
- 3) Children may not be dropped off, or picked up from any field trip location by a parent.
- 4) Parents may NOT attend field trips with their child.
- 5) There are times that Activities/Field Trips do not return until 4pm, plan on picking up your child at 4pm or later. If you need them earlier, they may stay at the gym on any given day.
- 6) No Cell phones, Game Systems, or other electronics are allowed at camp. We cannot be responsible for them, and they tend to be very distracting and disruptive during camp.

A cell phone is available number at all times, and this cell phone number will be given to you in case of emergencies., while your child/ren is here with us.
- 7) Please provide sunblock for your child, put their name on it with permanent marker. It is much easier if you can apply sunblock prior to drop off and we will maintain it throughout the day.
- 8) Bringing a water bottle is very helpful as well, as we will not utilize any water fountains.

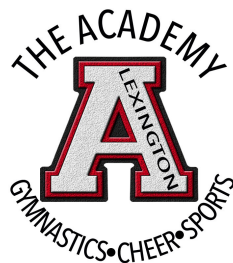
What to wear: clothes that allow for free movement, minimal zippers, buttons, jewelry, or anything that could cause harm while being active. Please make sure that your child has tennis shoes each day. (flip flops or sandals are fine on water/pool days)

Long hair should be put up in a ponytail or bun.

Please send an extra change of clothes for your child, in case they get dirty, wet, or need to change for any other reason.

Please do not send more than minimal money with your child, as we cannot be responsible for its theft or loss.

Sports equipment brought from home must have your child's name on it.





Summer Camp 2025 Registration Form

*Gymnastics *Cheerleading *All Sports *Farm Day Camp

Child's Name _____ Current Age _____ Gender Identity _____
Child's Name _____ Current Age _____ Gender Identity _____
Child's Name _____ Current Age _____ Gender Identity _____
Child's Name _____ Current Age _____ Gender Identity _____

Parent/Guardian Name _____ Parent/Guardian Name _____
Home Address _____ City _____ Zip Code _____
Telephone # for contact (____) _____ Telephone # for contact (____) _____
Email Address _____ @ _____ . _____

Emergency Contact Information

Point of Contact #1 Name _____ Relationship to child _____
Telephone # for contact (____) _____ Telephone # for contact (____) _____

Does your child have any medical conditions, limitations, or allergies that we need to be aware of? NO _____ YES _____

Details:

Person's who your child may be released to? Parents/Guardians do not need to be listed here

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Any special Concern / Situation we need to be aware of?

Policy Items– Initial and Sign below

SUMMER CAMP T SHIRT POLICY:

Camp T Shirts are sold for \$15.00, these help us and others at the destinations we travel to know that we are group. The shirts must be paid for by the first day of camp. Your child must bring their shirt with them each day, and we will change into them before leaving on our trips. If your child does not bring theirs to camp, or you would like a second one for any reason; the cost of a second one is just \$13.00.

_____ Initial that this has been read/agreed to.

Movies:

At camp, and only on some occasions we do watch movies. We watch both G and PG movies that we find acceptable for the kids. If you have any concern about your child watching movies with either of these two ratings, please make us aware by email or at Monday morning drop off. Otherwise, we will assume that movies of G and PG ratings are acceptable to you.

_____ Initial that this has been read/agreed to.

Weekly Activities/Field Trip List:

Our summer list of scheduled Activities will be available mid-Late May and will be sent to everyone Registered for camps, as well as posted in our main lobby here at the gym. This list will let you know any other specific items that might be needed. If you prefer that your child not attend a certain field trip or activity, as always they are welcome to remain at the gym while the other students attend their field trip.

**Things to pack Daily for the kids daily: *Lunch * Camp T Shirt *Tennis Shoes *Sunscreen
Bathing Suit *Towel *Extra clothes *Hair Ties *** Floaties are allowed only if US Coast Guard Approved**

**Things NOT allowed at camp: *Cell Phones *iPods *Gaming Devices * Music Devices * Smart Watches
*** No more than a couple dollars MAX should be given to any child attending our camps (Other than Movie days.)
(We are not responsible for any electronics or cash)**

_____ Initial that this has been read/agreed to.

The following Payments must be made no later than Friday, the week before your child will attend:

- 1) \$15 Camp T shirt worn on activities off property/traveling , extras are available for just \$13.00 each**
- 2) Weekly Registration Fees for Camp**
- 3) Annual Registration Fee of \$45.00 (Paid once yearly only per family, not per child)**

FACEBOOK

Follow us on Facebook at: The Academy-Lexington Gymnastics and Cheerleading

We post photos and announcements throughout the day, this is a great way to see how your child is doing while in our care. You can also share these memories with your friends, family, grandparents, etc. Even better, have them follow us as well!

Also, please remember to Check-in on Facebook while at our facility. This helps us to get the word out about our programs, and to let your friends know about us. Your help is much appreciated!!!

We would love a Facebook review of your experience here at our facility.

**RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT
(hereinafter referred to as the "Release Agreement")
PLEASE READ CAREFULLY BEFORE SIGNING**

The Academy-Lexington (the "Business") and its directors, officers, owners, independent contractors, instructors, trainers, agents, and/or employees are hereinafter referred to as "the Releasees".

In consideration of being allowed to participate or engage in any activities, programs and related events (collectively referred to as "Activities") offered or provided by the Releasees, the undersigned acknowledges, understands, and agrees that:

1. Participation in Activities includes possible exposure to and illness from infectious diseases, including but not limited to MRSA, influenza, and COVID-19. While facility rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
2. I KNOWINGLY AND FREELY UNDERSTAND, APPRECIATE AND ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the rules of the facility imposed by the Releasees intended to protect against infectious diseases. If, however, I observe any unusual or significant hazard during my presence or participation in Activities, I will remove myself from participation and bring such to the attention of the nearest representative of Releasees immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY AND HOLD HARMLESS THE RELEASEES WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.
FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18)**

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Signature _____ Date _____

Acknowledgment and Assumption of Risk

I have informed myself, fully understand, and am aware of the risks associated with participation in Gymnastics, Dance and Fitness programs and Sports activities, including the possibility of injury or death. I have informed myself and understand the nature of these Activities, my or my child's experience and capabilities and believe that I and/or my child is qualified, in good health, and in proper physical condition to participate in such Activities. I understand and acknowledge that the risk of injury and death exists in spite of all reasonable precautions that may be taken. By signing this form for myself, and/or my child, I hereby knowingly and willingly assume all of the risks for myself (and my child), including the risk of injury and even death. I grant permission for my child to be transported in the vehicles owned by The Academy, LLC. With this permission, I understand that accidents involving injury and death are possible, and I agree to be solely responsible for any injury that might occur.

Waiver, Release, Discharge, Indemnity, Hold Harmless and Covenant Not to Sue

I do hereby waive, release and discharge, for myself (and my child) and for all heirs, executors and administrators, any and all rights and claims for damages for personal injury or death suffered by me (us) against the owner, operators, coaches, and other agents of The Academy-Lexington Gymnastics and Cheerleading (Releasees), arising from or related to my (child's) participation in any Activities operated by The Academy-Lexington Gymnastics and Cheerleading; and I hereby, covenant not to sue and agree to indemnify and hold harmless all Releasees from any and all liabilities, claims, demands and causes of action for losses or damages arising from personal injuries or death that may be suffered now or in the future from my own or my child's participation in the Activities. Video/Photo Release

Participants and/or their parents hereby permit the taking of photos, audio and video while using the facilities or programs at The Academy-Lexington Gymnastics and Cheerleading for publications and use as The Academy-Lexington Gymnastics and Cheerleading sees fit.

By signing your name below, you agree to adhere to all aspects of the Release of Liability Waiver. Your signature documents that you fully understand, accept, and agree to ALL terms listed above.

Signature _____ Date _____

Please initial each item below to confirm that you have read, and understand the following:

Informed Consent/ Waiver

I willingly assume full responsibility for any and all risks that I am exposing myself, and my child to as a result of participation in The Academy-Lexington programs, and accept full responsibility for any injury or death that may result from participation in any activity, class, or other program. I also understand that transportation on private vehicles is a requirement of this program, and agree for my child to be transported from school in accordance with the daily camp protocol by The Academy-Lexington. I fully understand that transporting any person includes a risk, and I waive any claims, demands, causes of action or any claims for relief whatsoever against, and release The Academy-Lexington, its owners, employees, or other authorized agents, including independent contractors, from any/all liability, claims, and/or causes of action that I may have for injuries/other damages, arising out of participation in The Academy-Lexington programs, activities, and/or classes.

Signature _____

By signing this document, I acknowledge that I have voluntarily chosen to participate in a program of progressive, physical exercise. I acknowledge the strenuous nature of this sport and the potential for unusual, but possible, physiological results. By signing this document, I assume all risk for my health and that of my child, and hold The Academy-Lexington, as well as its owners, employees, or other authorized agents including independent contractors, harmless there from. I understand that questions about exercise procedure, and recommendations are encouraged and welcome.

Signature _____

Waiver and Release

I fully understand that the classes/programs I have chosen for myself/children may be strenuous, I choose to participate voluntarily. I accept all responsibility for my health, the health of my child, and any results, injury or mishaps that may affect my well-being or that of my child's health in any way. I waive any claims, demands, causes of action, or any claims for relief whatsoever against, and release The Academy-Lexington as well as any of its owners, employees, or other authorized agents, including independent contractors, from any/all liability, claims and/or causes of action that I may have for injuries/other damages, arising out of participation in The Academy Lexington activities, programs, and/or classes.

Signature _____

Photo/Video Release

I hereby grant The Academy-Lexington to use my or my child's photograph/video image in any and all publications for The Academy, including web-site entries, without payment or any other consideration in perpetuity. I hereby authorize The Academy-Lexington to edit, alter, copy, exhibit, publish, or distribute all photos and images. I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my/our photo appears. Additionally, I hereby hold harmless and release, and forever discharge The Academy-Lexington from all claims, demands, and causes of action which I, my heirs, representatives, executors, administrators, or other persons acting on the behalf of our/my estate.

Signature _____

Indemnification

I recognize that there is risk in all types of activities offered by The Academy-Lexington. Therefore, I accept financial responsibility for any injury that I may cause to myself or to any other participant due to his/her negligence. Should the above mentioned parties, or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to reimburse them for such fees and costs. I further agree to indemnify and hold harmless The Academy-Lexington, their principals, agents, employees, and volunteers from liability for the injury or death of any person (s) and damage to property that may result from my or my child's negligent or intentional act or omission while participating in activities offered by The Academy-Lexington.

Signature _____

I have fully read and fully understand the foregoing assumption of risk, and release of liability and I understand that signing it obligates me to indemnify the parties names for any liability for injury or death to me or my children. I understand that by signing this document, I am waiving certain legal rights. I have carefully read this Agreement, and fully understand its contents. I am aware that this is a release and Waiver of Liability and sign it knowingly, voluntarily, and of my own free will.

Signature _____ Date ____/____/____

Any questions or concerns with the above?

Sunscreen Consent Form



The Academy Summer Camp program requires that all children use sunscreen of at least SPF 50 protection while attending our Summer Camp programs regardless of skin tone.

This is a very time consuming task for our staff to apply the sunblock regularly, so we ask that you apply it prior to dropping off your child, and we will reapply it as we feel necessary throughout the day.

Please send a bottle (with their name on it) with your child. Only families with multiple children are allowed to share lotion bottles.

The #1 Pediatrician recommended brand, which is waterproof up to 80 minutes in the water is:
Coppertone Water Babies SPF 50

Please sign below to verify that you've read and understand this Sunscreen Consent Form.

I give permission for Coppertone Water Babies SPF 50 sunscreen to be applied as needed to my child/ren, between the dates of May 1, 2025 and August 15, 2025 as seen fit by the staff of The Academy.

OR

For personal reasons, allergies, etc. I would like for my child to only use the following Sunblock _____, which I have provided.

Parent's Signature _____ **Date** _____

Acknowledgment and Assumption of Risk

I have informed myself, fully understand, and am aware of the risks associated with participation in gymnastics, dance and fitness programs and Sports activities, including the possibility of injury or death. I have informed myself and understand the nature of these Activities, my or my child's experience and capabilities and believe that I and/or my child is qualified, in good health, and in proper physical condition to participate in such Activities. I understand and acknowledge that the risk of injury and death exists in spite of all reasonable precautions that may be taken. By signing this form for myself, and/or my child, I hereby knowingly and willingly assume all of the risks for myself (and my child), including the risk of injury and even death both while on site and while being transported by this Summer Camp program.

Initial, acknowledging the above _____

Waiver, Release, Discharge, Indemnity, Hold Harmless and Covenant Not to Sue

I do hereby waive, release and discharge, for myself (and my child) and for all heirs, executors and administrators, any and all rights and claims for damages for personal injury or death suffered by me (us) against the owner, operators, coaches, and other agents of The Academy-Lexington Gymnastics and Cheerleading (Releasees) arising from or related to my (child's) participation in the Activities at The Academy-Lexington Gymnastics and Cheerleading; as well as while on ALL activities or Field Trips. I hereby, covenant not to sue and agree to indemnify and hold harmless all Releasees from any and all liabilities, claims, demands and causes of action for losses or damages arising from personal injuries or death that may be suffered now or in the future from my own or my child's participation in the Activities.

Initial , acknowledging the above _____

By signing your name below and dating this submission you agree to adhere to all aspects of the Release of Liability Waiver.

Signature _____ Date _____

Printed Name _____

Choose your type of camp membership below:

- G.O.A.T CAMPER MEMBERSHIP, Payment of \$2100+ Tax** *(Save \$283.)*
Camp is 10 weeks long and if paid weekly will cost \$2300. This option includes all 10 weeks, 2 summer camp tee shirts, and we waive the Registration fee of \$45. You are responsible for the \$35 weekly Activity Fee. With this Membership, you make one payment of only \$2100 for the whole summer, and get 10 weeks of Summer Camp. *This option requires a payment in FULL for all fees (\$2450 will be due).*

- CONSTANT CAMPER MEMBERSHIP, Weekly Fee of \$215 +Tax**
(Save \$150 by committing to the full summer, and paying weekly)
Camp is 10 weeks long and if paid weekly will cost \$2300. This option includes all 10 weeks, and you receive a weekly discount for attending ALL weeks of Summer Camp. You pay for your t shirts, the \$45 Registration Fee, and your \$35 weekly Activity Fee. By choosing this rate, you are committed to the full 10 weeks of summer. *This option requires a \$50 deposit for each week you would like to attend, pay balance each week of camp.*

- WEEKLY WARRIOR MEMBERSHIP, Weekly Fee of \$230 +Tax**
Camp is 10 weeks long and if paid weekly will cost \$2300. This option includes only the weeks that you choose to attend. You pay for your t shirts, the \$45 Registration Fee, and your \$35 weekly Activity Fee. *This option requires a \$50 deposit for each week you would like to attend, pay balance each week of camp.*

SUMMER CAMP

T SHIRT ORDER FORM

Size and number of shirts needed:

Youth XS, # _____	Youth Small, # _____
Youth Medium, # _____	Youth Large, # _____
Adult Small, # _____	Adult Medium, # _____
Adult Large, # _____	Adult X-Large, # _____

First Shirt is \$15.00, more are just \$13.00/each

AFTERSCHOOL PICKUP AVAILABLE

\$50. non-refundable deposit for each week you are selecting needs to be made, unless you have Chosen the Option for GOAT on the previous page.

Please INITIAL to signify the weeks that your child/ren will be in attendance.

FIRST CHILD'S NAME _____

Week One June 2-6 _____
Week Two Jun9-13 _____
Week Three June 16-20 _____
Week Four June 23-27 _____
Week Five June 30-July 4 _____
Week Six July 7-11 _____
Week Seven July 14-18 _____
Week Eight July 21-25 _____
Week Nine July 28-Aug 1 _____
Week Ten Aug 4-8 _____

SECOND CHILD'S NAME _____

Week One June 2-6 _____
Week Two Jun9-13 _____
Week Three June 16-20 _____
Week Four June 23-27 _____
Week Five June 30-July 4 _____
Week Six July 7-11 _____
Week Seven July 14-18 _____
Week Eight July 21-25 _____
Week Nine July 28-Aug 1 _____
Week Ten Aug 4-8 _____

THIRD CHILD'S NAME _____

Week One June 2-6 _____
Week Two Jun9-13 _____
Week Three June 16-20 _____
Week Four June 23-27 _____
Week Five June 30-July 4 _____
Week Six July 7-11 _____
Week Seven July 14-18 _____
Week Eight July 21-25 _____
Week Nine July 28-Aug 1 _____
Week Ten Aug 4-8 _____

HERE IS A SPOT TO TELL US ANYTHING THAT YOU THINK WE MIGHT NEED/WANT TO KNOW
ALLERGIES-SENSITIVITIES-SPECIAL CIRCUMSTANCES AT HOME- ETC

All information listed here will be kept confidential

Emergency Contacts/Medical History

First Contact for Medical/Emergency Issue of any kind :

Name _____
Phone Number: Cell (_____) _____
Work(_____) _____

Contact Two for Medical/Emergency Issue of any kind :

Name _____
Phone Number: Cell (_____) _____
Work(_____) _____

Contact Two for Medical/Emergency Issue of any kind :

Name _____
Phone Number: Cell (_____) _____
Work(_____) _____

Credit Card Automatic Payment Authorization Form

This card will be charged weekly for the fees that are due.

Parent Name _____ Child's Name _____

Billing Address for Your Card

Type of Card: (Circle One) Visa Mastercard Amex Discover

Card # _____

Expiration Date _____ / _____ / _____

CVV# _____

Cardholders Signature _____ Date _____ / _____ / _____