






# March 2017 Calendar of Events

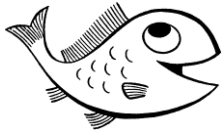



205 McMinn Ave./Athens, TN 37303 | 423-745-6830  
www.mcminnseniors.com | mcminnsenior@comcast.net  
Monday-Friday 8:00am-4:30 am

**Everyone is Irish  
on St. Patty's Day!**

**Weekly Events** **Maneuvers & Billiards: Daily** -- Exercise to Video: Mon & Wed 9am -- **Fiber Arts: Weaving, Crocheting, Knitting, Etc.: Tues 1pm** Rook: Tues 12pm -- **Pinochle: Thurs 12pm** -- Hand & Foot: Wed 12pm -- **Duplicate Bridge: Thurs 1pm**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Trip Info: Tennessee Aquarium, Chattanooga</b> <b>Wednesday, April 19, 2017</b> Dive into two worlds of wonder and excitement at the top-rated aquarium in America. Begin with the freshwater exhibits in the River Journey to see river otters, humongous catfish and eerie alligators. The adventure continues with the Ocean Journey as you stroll through a lush, tropical cove where you'll pet baby stingrays and bamboo sharks; get up close and personal with penguins, jellyfish and 10-foot sharks lurk in the shadows. Afterwards we'll stop at Hamilton Place Mall for lunch on your own and shopping at Tennessee's largest shopping mall. Cost \$60 with a \$10 deposit. Final payment of \$50 is due by Monday, March 20th. After Final Payment-Trip is Non-Refundable Unless the Trip is canceled by the Senior Center. Unless we have a waitlist YOU will be responsible for selling your ticket/seat.			<b>1</b> 10:00 Sign Language 10:00 Bingo/Camelia 11:20 Cong meals 12:00 Staff Meeting 1:00 Bowling 4:00 Pickleball (AMS) 	<b>2</b> Cumberland County Playhouse Trip.  11:20 Cong meals 12:00 Wii Bowling 2:00 Yoga for Seniors \$4 3:00 Chess Club 6:00 Bunco @ the Center	<b>3</b> 9:30 Dance/Jam Session 11:20 Cong meals 7-9 Friday Night Dance 	<b>4</b>
<b>5</b>	<b>6</b> 10:00 Bingo/ Athens Place 10:00 Sign Language 11:20 Cong Meals 3:00 Arthritis Exercise 6:30 Covered Dish Supper 7:00 Band/Dance	<b>7</b> 9:00 BP/Life Care 9:00 Quilting 10:00 Choir 11:20 Cong meals 2:00 Yoga for Seniors \$4 	<b>8</b> 10:00 Sign Language 10:00 Bingo/Eagle Home Care 11:20 Cong meals/picnic lunches 11:30-1:30 Woman/W.I.S.E. \$15 1:00 Bowling 3:00 Arthritis Exercise 4:00 Pickleball (AMS)	<b>9</b> NEW 9:00 Monthly Birthday Bash & Blended Senior Health Learning (Nutrition/NHC HomeCare Services) 11:20 Cong meals 12:00 Wii Bowling 2:00 Yoga for Seniors \$4 3:00 Chess Club	<b>10</b> 9:00 Grief Support Group/Amedisys 9:30-11:30 Mixed Media Art Class <i>Sponsored by a grant from the TN Arts Commission</i> 9:30 Dance/Jam Session 11:20 Cong meals 7-9 Friday Night Dance	<b>11</b>

12	<b>13</b> 10:00 Bingo/Avalon 10:00 Sign Language 11:20 Cong Meals 3:00 Arthritis Exercise 6:30 Covered Dish Supper 7:00 Band/Dance	<b>14</b> 9:00 BP/ Guardian 9:00 Quilting 10:00 Choir 11:20 Cong meals 1:00 Brain Game 2:00 Yoga for Seniors \$4	<b>15</b> 10:00 Bingo/Etowah Health Care 10:00 Sign Language 11:20 Cong meals 1:00 Bowling 3:00 Arthritis Exercise 4:00 Pickleball (AMS)	<b>16</b> 9am Computer Class II NEW 10:00 Noodleball 11:20 Cong meals 12:00 Wii Bowling No Yoga Class 3:00 Chess Club	<div> <div> <b>17</b>  9:00 St. Patrick's Day Party  9:30 Dance/Jam Session  11:20 Cong meals 6:30 Finger Foods  7-9 Friday Night Dance </div> </div>	
19	<b>20</b> 10:00 Bingo/Beltone 10:00 Sign Language 11:20 Cong Meals 3:00 Arthritis Exercise 6:30 Covered Dish Supper 7:00 Band/Dance  Final payment for Aquarium Trip! 	<b>21</b> 9:00 BP/NHC HomeCare 9:00 Quilting 10:00 Choir 11:20 Cong meals 2:00-3:00 Yoga for Seniors \$4 6:00 Bunco @ Cottage	<b>22</b> 9:00 Wellness Wednesday w/ARMC – Colon Cancer Prevention. 10:00 Bingo/Michael's Restaurant 10:00 Sign Language 11:20 Cong meals 1:00 Bowling 3:00 Arthritis Exercise 4:00 Pickleball (AMS)	<b>23</b> 9:30 Men's Pool Tournament 9:30 Bowen Massage 10-2 St. Mary's Clinic 11:20 Cong. Meal 12:00 Wii Bowling 12:00 Senior Olympic Mtg. 2:00-3:00 Yoga for Seniors \$4 3:00 Chess Club	<b>24</b> 9:00-11:00 Pottery Class <i>Sponsored by a grant from the TN Arts Commission</i> 9:30 Dance/Jam Session 11:20 Cong meals 7-9 Friday Night Dance	<b>25</b> <b>3<sup>rd</sup> Annual Bingo &amp; BBQ</b> Doors open at 5pm Tickets are \$10 in advance or \$12 at the door.
26	<b>27</b> 10:00am Bingo @ Shoney's by Caris Cares 10:00 Sign Language 11:20 Cong meals 3:00 Arthritis Exercise 6:30 Covered Dish Supper 7:00 Band/Dance  *Medicare Counseling Please call to make appt.	<b>28</b> 9:00 BP/ Starr Regional 9:00 VIPS Volunteer Meeting 9:00 Quilting 10:00 Choir 11:20 Cong meals 12:00 TWU Choir Presentation 1:00 Brain Games 2:00-3:00 Yoga for Seniors \$4	<b>29</b> 9:00-1:00 Vietnam Veterans Program 10:00 Bingo/Family HomeCare 10:00 Sign Language 11:20 Cong meals 1:00 Bowling 3:00 Arthritis Exercise 4:00 Pickleball (AMS)	<b>30</b> 11:20 Cong. Meal 12:00 Wii Bowling 12:00 Senior Olympic Mtg. 2:00-3:00 Yoga for Seniors \$4 3:00 Chess Club	<b>31</b> 9:30 Dance/Jam Session 11:20 Cong meals 7-9 Friday Night Dance  	

Dates and times for events are accurate at the time of printing but are subject to change. 3-3-17

