



“Running to the Next Level”

### Feet on Fire Invite

Location: Vaughan Athletic Center, 2121 W. Indian Trail, Aurora, IL 60506

Time: 10:30 am

Admission: \$10.00

**Note:**

Every events are finals. Places are base on times.

**All runners must be at the track at 9:30 am.** This will give you time to warm up on the track. Once the meet begin you will not be able to get on the track.

Bring track spike if you have them. Bring your running flats. I am not sure if spikes are allow on the track.

Bring something to drink and eat. Do not bring **junk food** like potatoes chip, flaming hots, and candy bars. Bring fruits, sandwiches, and granola bars. There is a concession stand. You can eat there when you **finished competing**.

**Transportation: We will meet at the Vaughan Center. If you need a ride let coach Morrison know right away.**

If you need direction go to our club web site for a link to direction.

**If you have any question, give me a call or text me. Coach Heraldo Morrison, Jr. 773-680-0668.**

Girls

F 11-12 **Amina Riendeau**

400m dash NM

long jump NM

F 13-14 **Journee Moore**

60m dash 09.72

200m dash 34.44

F 13-14 **Sara Brundidge**

60m dash 09.77

200m dash 35.75

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Boys

M 13-14 **Dennis Butler**

60m dash 07.72

200m dash 25.05

M 15-16 **Jesse Guereca**

400m dash 56.00

800m run 2:31.00

M 15-16 **John Green**

200m dash 24.50

400m dash 54.00

M 11-12 **Rahjon Williams**

60m dash 10.49

200m dash 39.10

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