

Golden Times

December 2017
Issue XII

Madison County Senior Citizens Center



CLOSED

The Center will be closed Monday, December 25th and Monday, January 1st.



Find the



hidden inside this newsletter. When you find the hat call the center at 740-852-3001 by Friday, December 15th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Last month the whisk was found on page 4.

Congratulations to Joyce McCafferty, the lucky winner!

2017 Governing Board Members

Larry Gessel-President

Sharon Manion-Vice President

Shirley Witwer-Secretary

Jean King Ron Cress

Donna Sheridan

Jerry Tompkins

Loretta Anthony

Eilene Duncan



Well, here we are December 2017. Where did the year go? They say time flies when you're having fun, we must be having a blast!

We had a wonderful November, the members (re)electd three great new board members, Larry Gessel, Shirley Witwer and Steve Saltsman. Our Veteran's Day program was very nice, the senior center chimers played for us, Karen Cooper accompanied Carl Fladt on the piano for a couple patriotic songs, Jim Downing provided information on the Honor Flight Program, we had a delicious lunch; it was a wonderful day. We had our fourth annual craft bazaar on November 4th, a very successful event for the center, thank you Janisse for organizing everything. Also another huge turn-out for our Thanksgiving Day lunch, we served over 220 people this year. A lot of time and preparation goes into the meal, thank you Joanna and Steve. Also, thank you to all the volunteers, staff and the Cedarville nursing students for helping us out again this year.

The last two weeks of December the kitchen is closed. We use this time to remove everything from the kitchen and give it and the equipment a deep clean, I know it isn't convenient, but it is necessary. The center is still open, billiards room, work out room, but we really use the time for serious cleaning and any maintenance that needs to be done on/in the building. Although most of the regular activities are not scheduled during this time because the main room is being used to store equipment during maintenance. The only time the doors will be locked will be the days we are cleaning and waxing the floors. Always best to call first during this time to check the schedule.

Just a quick housekeeping mention, several items have come up missing from the coat rack area. Although there is a lost and found box on the shelf there, the whole rack isn't lost and found items. Please do not remove an item from the rack, unless it belongs to you. Sorry, it is my job to point out the unpleasant stuff, but I want people to feel comfortable hanging their coat or putting their hat on the shelf and knowing it will be there when they go to leave.

We will be having an end of the year get together on December 29th, there will be a movie at 1:00. As usual we will have free popcorn, but also some other goodies to enjoy while you are watching the movie. Join us for lunch and stay for the movie.

Thank you to all the members for the laughter I hear every day and thank you to everyone that helps at the center every day!

Have a Merry Christmas!!! God Bless. *Misty*



Top Left: Cedarville nursing students love to play chair volleyball with our Spring Chickens! The students also help in the Day Center and will help with our Veterans Day lunch and our Thanksgiving Dinner. Don't forget to come for their presentation on December 6th at 1 p.m. on Dementia. The Dementia Experience bus will be here from 10-1 on that day so that you can experience what someone with Dementia goes through. Sign up for this informative class by calling the center at 740-852-3001.

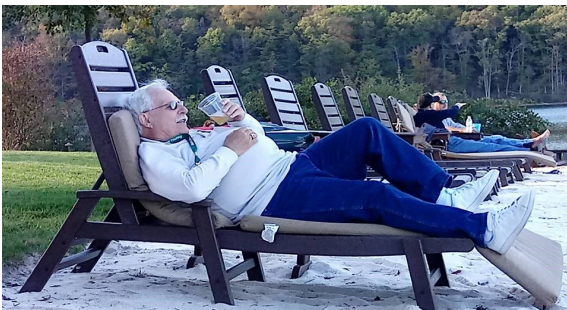


Right: We had a huge crowd (over 100 people) come for Fried Chicken lunch on November 8th. We also had a short Meet the Candidates program for our Board Election. It was great to see so many people come out for good food and good fellowship.



The picture left is our Veterans Day Lunch and Program. Above is our Thanksgiving Dinner. Jim Witwer and a Cedarville nurse help with desserts. We had a good crowd for both events.

Maryland



Our trip to Maryland was great! Below left is a picture of the Rocky Gap Casino Resort where we stayed. Above left is Jim having problems with a slipping chair pad. 😊



Above right is Dave enjoying a spot of tea at the Gordon Roberts historic house. Below right is our group picture in front of the train station. Much fun had by all!!



High Euchre Score

10-23-17 Larry Threlkeld 63

10-30-17 Helen Stevens & Roy Haggitt 61

11-6-17 Evelyn Sullivan 66

11-13-17 Roy Haggitt 67

High Bridge Score

10-25-17 Kay Majka 3680

11-1-17 Mardi Hanford 4460

11-8-17 Eleanor Ballard 4900

**Rays of Hope for Seasons of Life
Support Group**

Every Tuesday at 1:30 p.m.

All are welcome to attend and find out what this group is all about. In November we worked through being thankful even in a time of sadness. December will be a time of celebration at Ann & Tony's on the 12th, followed by a time to be shut down from scheduled meetings. Resuming January 2nd.

We said goodbye to one of our beloved attendees during two Nov. meetings, Phyllis Kelly. She brought joy and laughter to everyone in our group. We pray for her family during this time of mourning.

Donna Wharton, BCBC Lay Care Counselor

dmwharton342@yahoo.com

740-490-5936

FOOT CARE AVAILABLE

Call the center to make an appointment with Heather, a state licensed, certified foot care nurse.
740-852-3001

Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

Monday:

9:00 a.m.- Chair Volleyball

9:30 a.m. - Crocheting, Knitting & Needle Crafts

10:30 a.m. - Sitting Exercise/ Strengthening

1:00 p.m. - Euchre

Tuesday: NO Late Night Tuesdays December 19th & 26th

9:00 a.m.- 3 p.m. Quilting Class

10 a.m.-12:00 p.m. - Bowling at Madison Lanes

1:30 p.m.- Rays of Hope for Seasons of Life Support Group

5:00 p.m. - Cards and Billiards

5:00 p.m.- Beginner Line Dancing

6:00 p.m. - Advanced Line Dancing

Wednesday:

9:00 a.m. - Chair volleyball

9:30 a.m. - Woodcarvers not meeting in December

10:30 a.m. -Aerobics/Strengthening Class

12:05 p.m. - Bridge

1:00 p.m.- Yoga postponed until after the holidays

2:00 p.m.- Diabetes and Weight Loss Support Group Oct.

7:00 p.m. - Public Bingo (over 18 years of age.) December 6 & 13

Thursday:

9:00 a.m. - Chair volleyball

9:00 a.m.- Fun Bingo December 14th

Friday:

9:00 a.m.- Painting Class with Harry Croghan

10:00 a.m.- Chimes 1st and 3rd Fridays

10:00 a.m.-Choir 2nd and 4th Fridays

1:00 p.m.- Free Movie and Popcorn at the senior center. See what is playing on page 4.

****Fitness Room open Mon.-Fri. 8 a.m. to 4 p.m. and Tuesdays until 7:30 p.m.**

Showcase Displays

December: Please bring in pictures of Christmas past. When you were a kid or more recent is fine. We would love to see the older pictures though.

January: As of deadline for the December newsletter we don't have a display planned for January. If you have a collection you would like to share with us please call! We hate to see the show cases empty!

Volunteer Needed for AARP Tax Site

AARP in conjunction with the IRS, offers free tax services for lower income individuals. The site in London on Elm Street has been open for 5 tax seasons. We are in need of a Tax Preparer (Tax Counselor) for the upcoming tax year. No knowledge of the tax code is required. You will attend training for several days in January. The tax season starts the beginning of February and goes through the beginning of April. The hours are Monday and Wednesday from 9:00 a.m.— 4:00 p.m. If interested, please contact Brian Welch, 740-206-2468, bwelch@columbus.rr.com.

Attention Volunteers! See Janisse at the center if you are interested.

Why Join RSVP?

RSVP is part of the Senior Corps national service program, one of America's oldest and largest volunteer organizations. An RSVP volunteer plays an important role in RSVP's successful development and growth. The volunteer hours and information about the service you provide are essential.

By joining RSVP and reporting your hours (once per quarter), you support grant applications that bring money locally to maintain and grow supportive services, and prove the value of seniors to our community. The hours served are reported to Congress. In turn, legislators decide the allocations for federally funded programs based upon an accurate number of active volunteers, the number and types of partnering sites, and the impact of your donated time. The reporting of these hours during the current and previous presidents, administrations helped to reverse decisions to "zero out" the budget for non-profits in America. Through RSVP, you are giving back to your local community while serving your country at the same time.

We thank the RSVP volunteers who generously share their time! We hope you will join us too

Membership benefits

Free supplemental excess accident medical, volunteer liability and automobile liability insurance.

E-Newsletter, RSVP Response

Limited reimbursement for mileage for those who might otherwise find it difficult to volunteer

Recognition of service

Invitation to volunteer celebration

**Free
Popcorn!**

Friday Cinema



December 1st—It's A Wonderful Life-James Stewart, Donna Reed, 1947 Classic

December 8th—The Family Stone-Diane Keaton, Craig Nelson, 2005 PG-13

December 15th—Miracle on 34th Street-Maureen O'Hara, Natalie Wood 1947 Classic

December 29th—New Year's Eve-Halle Berry, Robert DeNiro, All Star Cast, 2011 PG-13

****Movies subject to change due to availability**

BOARD ELECTION RESULTS

Incumbents Shirley Witwer and Larry Gesel will be returning to their seats. Steve Saltsman will be joining the Board as well. Thanks to all that came in to vote.



Trip Meeting!

Friday, December 15th at 11:30 a.m. join us to learn all about the Ark Encounter Trip and also the Canyonlands of Arizona and Utah Trip. Wendt Tours will be here to tell us about what we will see and do and answer any questions you may have. People have started to sign up for these trips so don't delay!

Adult Day Center News

December Already! Hard to Believe!

We have so many people to thank for all of their support for ADC. Debbie Rowland for food from Fun Bingo, Helen Stevens for floral arrangements to sell at our Craft Bazaar table, monetary donation and prizes from Bobbi McCarty and Shirley Jones. Mamie O'Connor for doll magnets, Marilyn Henry for treats, Betty Mastin and Beverly Evans for Halloween treat bags, jewelry by Eleanor Ballard, Reba Norris donation of a handmade doll, Steve Elam for treats, Louise Holbrook for cupcakes and Rita Ricketts for presenting handmade necklaces to all female members of ADC. We need to send a special Thank You to all of our wonderful volunteers!

We had a successful Holiday Craft Show and many thanks for your support. We will be having our Christmas dinner on December 13th with a visit from Santa.

Merry Christmas and Happy New Year!

Beth, Pam and Jeanna



Turkey Broccoli Soup

1/2 cup chopped celery
3 tbsp. chopped onion
3 tbsp. butter
3 cups milk
1 can condensed cheddar cheese soup
1 tsp. dry mustard
1/2 tsp. Worcestershire sauce
1/4 tsp. salt
1/4 cup instant mashed potato flakes
2 cups cooked turkey, diced
1 (10 ounce) pkg. frozen broccoli

In The Kitchen With Joanna

I know a lot of you will have some leftover turkey after the holidays, so here is a soup to help use it up.

In a medium saucepan, cook celery and onion in butter until tender. Stir in milk, soup, mustard, Worcestershire sauce and salt. Gradually stir in instant potatoes. Cook until slightly thickened. Add turkey and broccoli. Cook until slightly thickened. Add turkey and broccoli. Cook 5 minutes. Makes 6 servings.



UPCOMING DAY TRIPS!!



Note New Departure Time!! CHRISTMAS SHOPPING AT TUTTLE MALL– Friday, December 8th. Trip fee is \$5. We will leave the center at **9:30 a.m.** to arrive when the mall opens at 10:00 a.m. Lunch is on your own at the mall and we will plan to leave at 2:00 p.m.

THE LIGHTS AT CLIFTON MILL– Monday, December 11th. Trip fee is \$5 to ride the van, You will pay \$10 admission at the Mill. They serve sandwiches, soup, hot chocolate, soft drinks and dessert so we will have our dinner there as well, on your own. We will leave the center at 4:30 p.m. to be there when they open the gates at 5:00 p.m. After dinner and time on your own to walk through the buildings and lights on the grounds, we will plan to leave at 7:00 p.m.

TROPICAL FRUIT & NUT COMPANY– Thursday, December 14th. Trip fee is \$5 to ride the van. We will leave at 9:00 a.m. Load up on all kinds of dried fruit, candies, nuts, etc. for holiday baking and gift giving. This is a really fun place to visit! We will also stop by Michaels. Lunch will be on your own at City Barbeque.

DECEMBER MYSTERY LUNCH–Wednesday, December 27th. Trip fee is \$5 to ride the van. Leaving the center at 11:30 a.m. This is a Mystery Lunch favorite.

JANUARY MYSTERY LUNCH–Friday, January 12th.–Trip fee is \$1, yes \$1, to ride the van. Leaving the center at 11:00 a.m. This is a local establishment, so you may drive if you want, parking is limited.

SNOOTY FOX THRIFT SHOPPING–Friday, April 27th—This trip is so much fun! We leave the Senior Center at 9:00 a.m. and we visit 5 Snooty Fox stores, receive free snacks, beverages and wine throughout the day. We get discount coupons to use at the stores! Trip fee is \$25 motor coach transportation. Lunch is on your own. Sign up early to guarantee your seat. We will only be taking 1 bus. Please pay when you sign up for this trip. Anyone that has not paid by March 1st will possibly forego their seat to someone on the waiting list.

THE WILDS (June of 2018) - We are planning to take a motor coach to The Wilds. If you are interested in joining us let us know. We are unable to get an exact date for this trip until the beginning of February when the office at The Wilds is open again. I am hoping we can do the Open Air Safari Tour. I will know more about the fee after February.

******Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

Day Trip Payment and Cancellation Policy

When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure. If you have questions please contact Janisse at 740-852-3001.

Delightful Dining

Don't forget to sign up for Delightful Dining so we can make accurate reservations!

Ride the vans for \$5.00 per person while the seats last or you may drive and meet us there.

Monday, December 4, 2017

Red Brick Tavern

1700 Cumberland Street (Rt. 40)

London, OH 43140

No vans for this trip. Please arrive at the restaurant around 5-5:15 p.m. Thank you!

Monday, January 8, 2018

Cappy's

225 Lafayette Street

London, OH 43140

No vans for this trip. Please arrive at the restaurant around 5-5:15 p.m. Thank you!

Overnight Trips

2018 The Ark Encounter— May 17-18, 2018 Includes motor coach transportation. Two days, 1 night. Admission to The Ark, tour the Kentucky Horse Park, visit St. Mary's Cathedral Basilica of the Assumption to see the largest stained glass window in the world, the Creation Museum, free time at Newport on the Levee, sightseeing cruise on the Ohio River. There will be a dinner stop on the way home (on your own). Includes 1 breakfast and 1 dinner. Double-\$329 pp, Single \$409. Triple-\$325. **Hold your spot on the motor coach with \$50 down payment!**

Philadelphia Freedom Tour— September 5-8, 2018 Three nights, 4 days, admission to Independence Hall, The Liberty Bell, American Revolution Museum, Gettysburg Battlefield tour, tour of Philadelphia and Amish Country, QVC Studio Tour, Flight 93 Memorial. **Save your spot with \$50 deposit by December 1, 2017.** After December 1, deposit is \$100. Half of balance due needs to be paid by April 1 and the final payment is due by July 1, 2018. Double-\$749 per person, single-\$899 per person and triple-\$699 per person. Travel insurance available. Pick up a brochure at the Senior Center front office. Send your payments for this trip to Prime Tours, 7177 Dublin Road, Dublin, OH 43017.

Canyonlands of Arizona & Utah—September 8-16, 2018 Nine days, 8 nights, round trip air fare, motor coach & rail transportation, 11 meals, 8 nights hotel lodging, entrance fees and baggage handling, gratuities for local guides and porters. First come, first served. Deposit of \$250 by March 16, 2018 will reserve your seat with the balance due by June 8, 2018. \$2,599 pp/Double, \$2,549 pp/Triple, \$3,099 pp/Single.

2019 Alaskan Cruise 2019 No definite details yet, but we are planning to go in September of 2019.

We will fly into Seattle the day before, so the day we board the ship won't be quite so rushed. You will put a deposit down and be able to make payments on this trip. It will be a trip full of amazing scenery and fun with friends! We will have more information soon, so if you are interested please call the office and let us know. 740-852-3001.

2018 Senior Center Dues

Please pay your \$15 dues for 2018 by January 31, 2018.

Bring them in to the Senior Center office or mail in to:

Madison County Senior Center, 280 West High Street, London, OH 43140.

Cash or Check accepted.

Senior Choir

Our Senior Choir is resuming for the holiday season with practices the second and fourth Fridays at 10:00 a.m. We will be brushing up on some of our favorites to be ready for the Christmas Singalong on December 11. Please join us!

Christmas Singalong!

Monday, December 11, 2017

12:15 p.m. in the Lunch Room

Join us to sing all your favorites with our



Senior
Choir!



Dementia Presentation 1:00 p.m. &

Virtual Dementia Bus 10:00a.m.-1:00 p.m.

Wednesday, December 6th at 1:00 p.m.

The Cedarville Nursing students will present a talk on Dementia at 1 p.m. There will also be a Virtual Dementia Bus at the center if you would like to get a feel for how dementia affects an individual. Please call the center to sign up! Time slots for the bus are filling up fast.

Congratulation Are In Order!!

Two members of our senior center, Wilma Sparks and Jim Donohoe, were chosen as winners for the Central Ohio Area Agency on Aging 2018 calendar. Their photos will be featured within the calendar. This is the 3rd time for Wilma to win and the 1st time for Jim. Wilma's will be May and Jim's will be October.

We will have the calendars available for pick up in December at our front office.

COAAA chooses 13 photos for the cover and interior of the calendar. They also choose 12 honorable mentions. This year there were 296 entries.

Entry forms for the contest and the finished calendars are always available at the central Ohio senior centers or online at the COAAA web site.

B	Judy Hastings	114	Bill Link	128	Skip Fout	120	Carolyn Garver	133
O	Karen King	135	Larry Threlkeld	123	Beverly Evans	136	Barb Florence	97
W	Carl King	162	Paul Hackworth	155	Dave Anders	120	Carol Nafzger	121
L	Barb Gordin	120	Charlie Johnson	150	Barb Cooper	86	Ray Sheridan	160
I	JR Venrick	160	John Conn	146	Cecil Herman	101	Bertha Hilsheime	120
N	Barb Andrix	100	Gene Noble	108	Jim Harden	120	Joe Brohard	109
G	Gary Sollars	120	Duane Glass	183	Valerie Mabra	136		



December Birthdays

Patron	Birthday	Patron	Birthday
Carl, Kay	12-01	Grooms, Dennis	12-16
Tiebout, Renee	12-02	Good, Mildred	12-17
Stedding, Juanita	12-03	Roark, Harold	12-17
Weimer, Loretta	12-04	Lilly, Mary	12-17
Liddil, Rita	12-05	Chenos, Rodney	12-17
Jones, Barbara	12-05	Wehrs, Grace	12-18
Hoffman, Nona	12-05	Mills, Ruth E.	12-18
Whaley, Beverly	12-06	Browning, Dorothy	12-18
Wright, Betty Jo	12-07	Edwards, Sidney	12-18
Stidham, Betty	12-08	Hackworth, Ed	12-18
Johnson, Charles	12-09	Shupp, Margaret	12-20
Payne, Richard	12-09	Welch, Betty	12-20
Henry, Marilyn	12-09	Nutt, Nellie	12-21
Roberts, Joe	12-11	Leonard, Kay	12-21
Estheimer, Robert	12-11	Burdett, David	12-22
Reynolds, Howard	12-12	Andrix, Mary	12-23
Jones, Richard Jr.	12-12	Hubbard, Margie	12-25
Hopkins, Marjorie	12-13	Castor, Arlene	12-26
Vinson, Jane	12-13	Bausch, Allan	12-26
Fisher, David	12-13	Shepler, Greg	12-26
Kramer, Margy	12-14	Johnson, Gordon	12-27
Blake, Deeann	12-15	Ward, Margaret	12-29
Wilson, Martiin	12-15	Hayman, Lola	12-29
Witwer, Shirley	12-15	Lawrence, Thomas	12-30
Morgan, Denna	12-16	Rosshirt, Mary	12-31
Browning, Celia	12-16	Blackburn, Carol	12-31
Webb, Chris	12-16		

Welcome New Members!

Freda Carter

Russell Baldwin

Steve Elam

Mary Lou Webber

Joan Cox

Letha McDonald

Janet Lang

Please be sure to welcome any new faces that you may see!



An Ohio Poem

It's winter in Ohio,
 And the gentle breezes blow,
 Seventy miles an hour,
 At thirty-five below.

Oh, how I love Ohio,
 When the snow's up to your butt,
 You take a breath of winter air,
 And your nose gets frozen shut.

Yes the weather here is wonderful,
 So I guess I'll hang around,
 I could never leave Ohio
 "Because I'm frozen to the ground!"

Too Old to Date

The neighbors thought it was odd, but 93 year old Morton was dating again. One Monday morning Morton woke up with a funny feeling that something important happened last night. It was during breakfast, that Morton finally remembered what it was. He had proposed to his date Greta. But what she answered he just couldn't seem to remember. Morton picked up the phone and dialed. "Hi Greta", said Morton, "I have a funny question for you, do you remember last night when I proposed?" "Oh my gosh" gushed Greta, "I'm so glad you called, I knew I said yes to somebody but I just couldn't recall who it was!"

As Requested.....

Let's Play Some Euchre

Saturday, January 20th at 1:00 p.m.

Madison County Senior Center

Tickets on sale December 1st for \$15 each. Rules available date of purchase. Tell your friends!!



**Friends of
Madison County
Parks & Trails**
 P.O. Box 308
 London, Ohio 43140
 WWW.FMCPT.COM

Membership Individual \$15
 Family \$25 Sponsor \$50+
 Individual Lifetime \$250
 Registration Form on Website
 E-mail FMCPT@columbus.rr.com

Support:

**The Madison
County
Park District**

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- ▶ FREE Cleaning and Checkup
- ▶ FREE Video Ear Inspection
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 mike.conway66@yahoo.com

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Termites, Bed Bugs, Mosquitos,
and all general pests**

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- Educational Events for all Ages
- Online Services/Computers
- Summer Concert Series
- Newest Books
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20 E. First Street, London Ohio



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Madison County Senior Citizens Center, Inc.

280 West High Street, London

1st & 3rd Wednesday 7:00 p.m.

Public

Welcome!

Coverall Jackpot

Progressive Games

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Timothy R. Stonecipher, Attorney **740-837-4967**

www.stonecipher.us.com

Madison County Senior Citizens Center

280 West High Street

London, OH 43140

Phone: 740-852-3001

Fax: 740-852-3052

We're on the Web!

mcsenior.org or on Facebook at Madison County
Senior Citizens Center

December 2017



Misty Bradley, Executive Director

Ramalingam Selvarajah, M.D., Medical Director

Janisse Williams, Activity Coordinator/Marketing

Marilyn Lowery, Front Office/ Substitute Driver

Ruth Kennedy, Staff Nurse/Wellness Coordinator

Beth Dillion, Daycare Aide

Pam Chenos, Daycare Aide

Jeanna Bernard, Daycare Aide

Bonnie Radcliff, Daycare Aide/Substitute

Sandy Darlington, Daycare Aide/Substitute

Jackie Cain, Homemaker

Joanna Sadler, Chef

Steven Wehrs, Cook

Brenda Castle, Transportation Coordinator

Carolyn Wilson, Driver

Wayne Bricker, Substitute Driver

Betty Lawrence, Substitute Driver

Dated Material

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.