



U5

Week by Week for Coaches

Refer to document: Coach Toolkit U3, U5, U7

You can find it in your email and there is a link on our website at

www.devonsoccer.com

PRACTICE NIGHTS

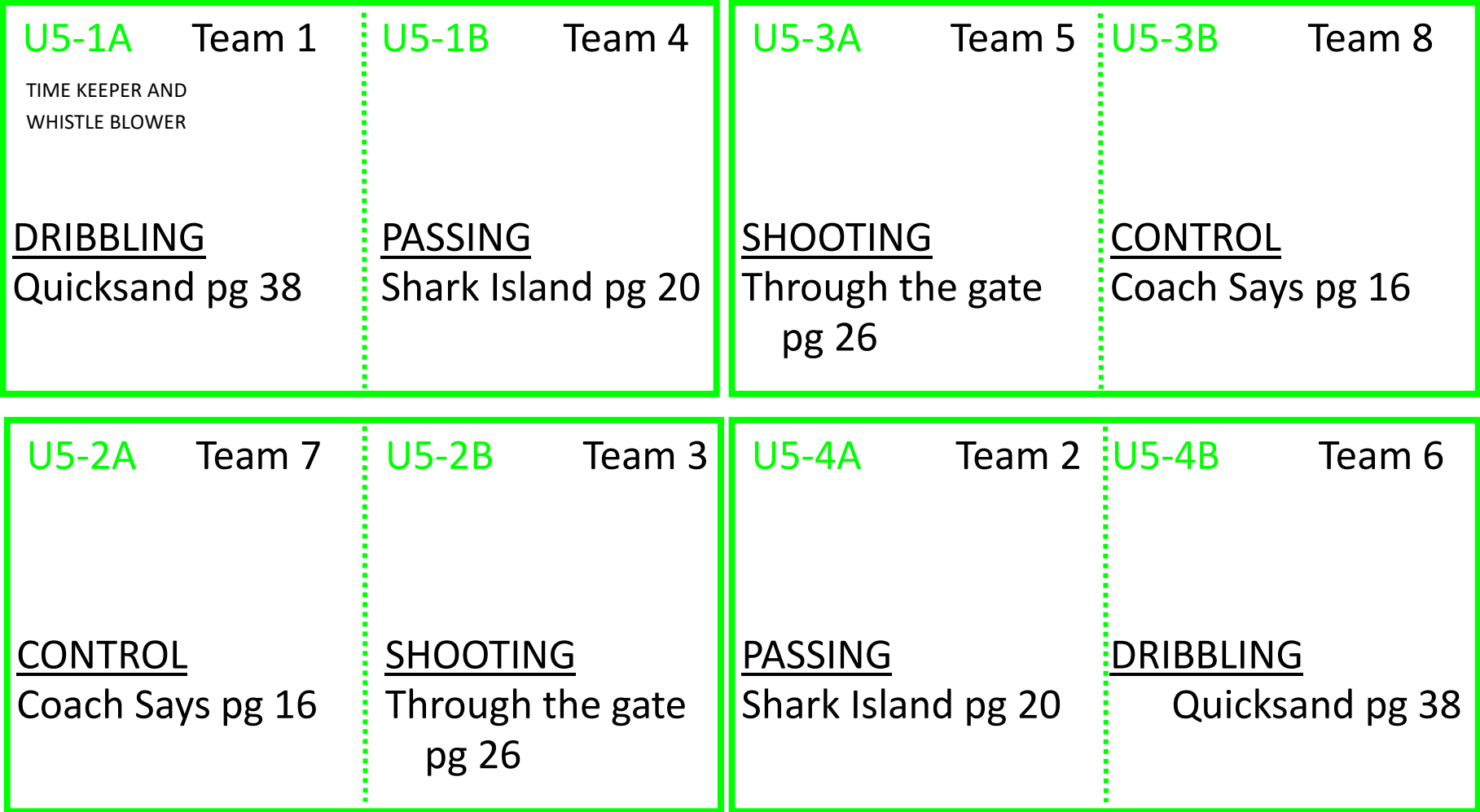
- The Team in U5-1A position will keep time and double blow whistle for rotation.
- Teams will rotate clockwise after 15 minutes (if 15 mins is too long, then time keeper can change rotation to 10 mins)
- 1 coach or co-coach stays on original field to teach the assigned drill to the next team of players
- Coach be prepared to set up and teach your skill

GAME NIGHTS

- 3 vs 3 no goal keeper
- One coach from each team to be on field; other coach should sit with players on sideline to assist with subbing
- Play game for 30 mins, taking water breaks as needed (more often in hot weather)

1-May

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1A moves to 1B; 1B moves to 3A; 3A moves to 3B; 3B moves to 4B;
 4B moves to 4A; 4A moves to 2B; 2B moves to 2A; 2A moves to 1A

3-May

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U5-1

Team 1 vs Team 4

U5-3

Team 5 vs Team 8

U5-2

Team 7 vs Team 3

U5-4

Team 2 vs Team 6

8-May

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	<p>U5-1A Team 2</p> <p>TIME KEEPER AND WHISTLE BLOWER</p> <p><u>DRIBBLING</u> Troll pg 13</p>	<p>U5-1B Team 3</p> <p><u>PASSING</u> Bowling pg 22</p>	<p>U5-3A Team 4</p> <p><u>SHOOTING</u> Knock it off pg 27</p>	<p>U5-3B Team 6</p> <p><u>CONTROL</u> Control and Pass pg 18</p>
	<p>U5-2A Team 1</p> <p><u>CONTROL</u> Control and Pass pg 18</p>	<p>U5-2B Team 5</p> <p><u>SHOOTING</u> Knock it off pg 27</p>	<p>U5-4A Team 8</p> <p><u>PASSING</u> Bowling pg 22</p>	<p>U5-4B Team 7</p> <p><u>DRIBBLING</u> Troll pg 13</p>

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1A moves to 1B; 1B moves to 3A; 3A moves to 3B; 3B moves to 4B;
4B moves to 4A; 4A moves to 2B; 2B moves to 2A; 2A moves to 1A

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U5-1

Team 2 vs Team 3

U5-3

Team 4 vs Team 6

U5-2

Team 1 vs Team 5

U5-4

Team 8 vs Team 7

15-May

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U5-1A Team 5
TIME KEEPER AND WHISTLE BLOWER

DRIBBLING
Survivor pg 9

U5-1B Team 7

PASSING
Freeze Tag pg 46

U5-3A Team 4

SHOOTING
Monkey in the middle pg 28

U5-3B Team 2

CONTROL
Make Friends with the ball pg 41

U5-2A Team 1

CONTROL
Make Friends with the ball pg 41

U5-2B Team 6

SHOOTING
Monkey in the Middle pg 28

U5-4A Team 3

PASSING
Freeze Tag pg 46

U5-4B Team 8

DRIBBLING
Survivor pg 9

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1A moves to 1B; 1B moves to 3A; 3A moves to 3B; 3B moves to 4B;

4B moves to 4A; 4A moves to 2B; 2B moves to 2A; 2A moves to 1A

17-May

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U5-1

Team 5 vs Team 7

U5-3

Team 4 vs Team 2

U5-2

Team 1 vs Team 6

U5-4

Team 3 vs Team 8

22-May

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<u>U5-1A</u> Team 7 TIME KEEPER AND WHISTLE BLOWER <u>DRIBBLING</u> Parts of the body Pg 35	<u>U5-1B</u> Team 6 <u>PASSING</u> Square Pass pg 44	<u>U5-3A</u> Team 2 <u>SHOOTING</u> Ground Ball pg 25	<u>U5-3B</u> Team 5 <u>CONTROL</u> Obstacle Course pg 39
<u>U5-2A</u> Team 8 <u>CONTROL</u> Obstacle Course pg 39	<u>U5-2B</u> Team 1 <u>SHOOTING</u> Ground Ball pg 25	<u>U5-4A</u> Team 4 <u>PASSING</u> Square Pass pg 44	<u>U5-4B</u> Team 3 <u>DRIBBLING</u> Parts of the body Pg 35

1A moves to 1B; 1B moves to 3A; 3A moves to 3B; 3B moves to 4B;
4B moves to 4A; 4A moves to 2B; 2B moves to 2A; 2A moves to 1A

24-May

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U5-1

Team 7 vs Team 6

U5-3

Team 2 vs Team 5

U5-2

Team 8 vs Team 1

U5-4

Team 4 vs Team 3

29-May

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<u>U5-1A</u> Team 5 TIME KEEPER AND WHISTLE BLOWER <u>DRIBBLING</u> Catch me if you can Pg 12	<u>U5-1B</u> Team 3 <u>PASSING</u> Clean your room pg 23	<u>U5-3A</u> Team 6 <u>SHOOTING</u> Wild West Shoot Out pg 58	<u>U5-3B</u> Team 8 <u>CONTROL</u> Up and Catch pg 40
<u>U5-2A</u> Team 2 <u>CONTROL</u> Up and Catch pg 40	<u>U5-2B</u> Team 4 <u>SHOOTING</u> Wild West Shoot Out pg 58	<u>U5-4A</u> Team 7 <u>PASSING</u> Clean your room pg 23	<u>U5-4B</u> Team 1 <u>DRIBBLING</u> Catch me if you can Pg 12

1A moves to 1B; 1B moves to 3A; 3A moves to 3B; 3B moves to 4B;
4B moves to 4A; 4A moves to 2B; 2B moves to 2A; 2A moves to 1A

31-May

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U5-1

Team 5 vs Team 3

U5-3

Team 6 vs Team 8

U5-2

Team 2 vs Team 4

U5-4

Team 7 vs Team 1

5-Jun

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<p>U5-1A Team 8</p> <p>TIME KEEPER AND WHISTLE BLOWER</p> <p><u>DRIBBLING</u> Freeze pg 36</p>	<p>U5-1B Team 4</p> <p><u>PASSING</u> Valley of Doom pg 43</p>	<p>U5-3A Team 7</p> <p><u>SHOOTING</u> Through the Gate Pg 32</p>	<p>U5-3B Team 5</p> <p><u>CONTROL</u> Juggling 101 pg 15</p>
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<p>U5-2A Team 6</p> <p><u>CONTROL</u> Juggling 101 pg 15</p>	<p>U5-2B Team 3</p> <p><u>SHOOTING</u> Through the Gate Pg 32</p>	<p>U5-4A Team 2</p> <p><u>PASSING</u> Valley of Doom Pg 43</p>	<p>U5-4B Team 1</p> <p><u>DRIBBLING</u> Freeze pg 36</p>
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1A moves to 1B; 1B moves to 3A; 3A moves to 3B; 3B moves to 4B;
4B moves to 4A; 4A moves to 2B; 2B moves to 2A; 2A moves to 1A

7-Jun

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U5-1

Team 8 vs Team 4

U5-3

Team 7 vs Team 5

U5-2

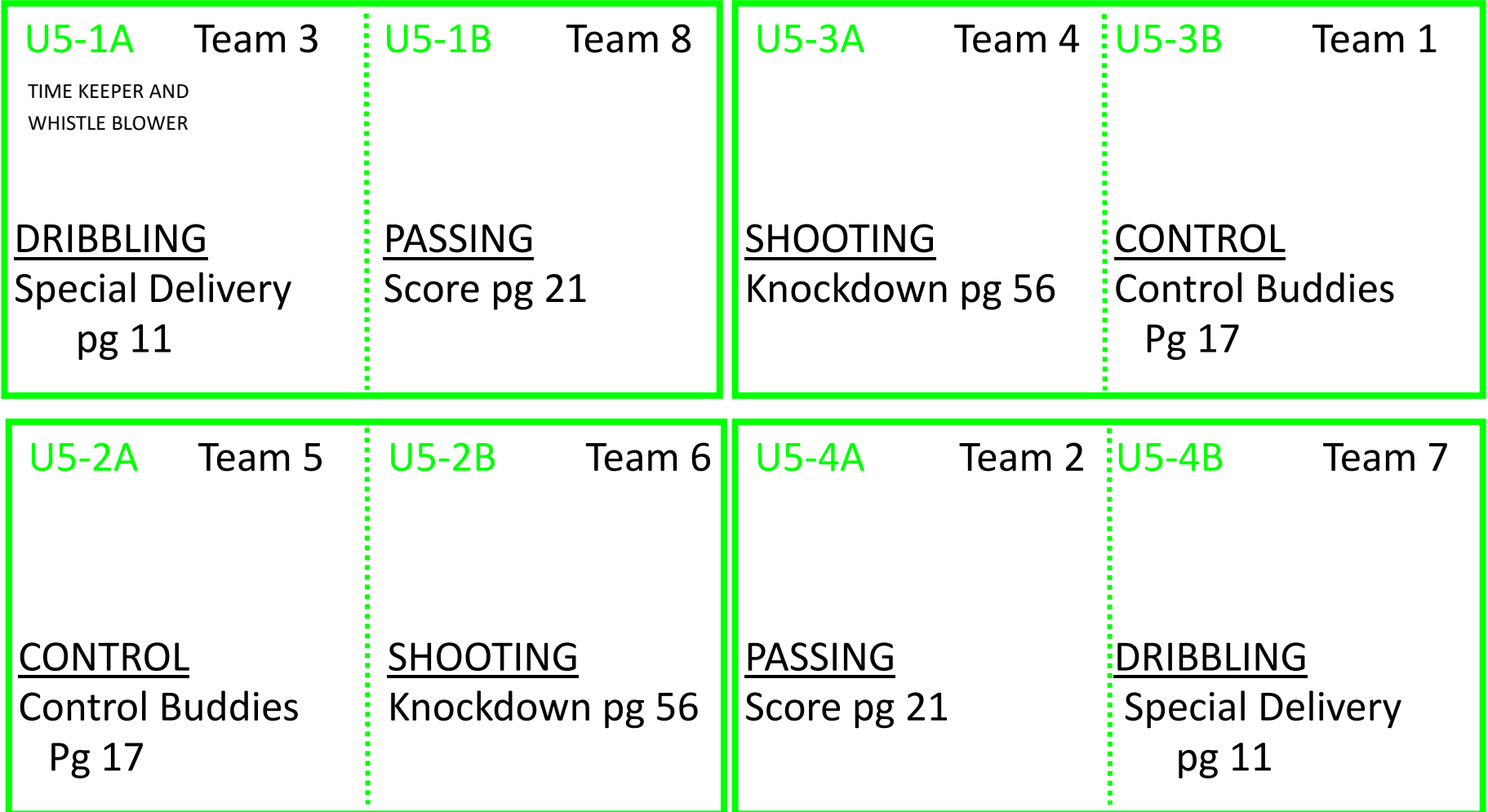
Team 6 vs Team 3

U5-4

Team 2 vs Team 1

12-Jun

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1A moves to 1B; 1B moves to 3A; 3A moves to 3B; 3B moves to 4B;

4B moves to 4A; 4A moves to 2B; 2B moves to 2A; 2A moves to 1A

14-Jun

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U5-1

Team 3 vs Team 8

U5-3

Team 4 vs Team 1

U5-2

Team 5 vs Team 6

U5-4

Team 2 vs Team 7

19-Jun

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<p>U5-1A Team 5</p> <p>TIME KEEPER AND WHISTLE BLOWER</p> <p><u>DRIBBLING</u> Timber pg 49</p>	<p>U5-1B Team 7</p> <p><u>PASSING</u> Truck & Trailer pg 30</p>	<p>U5-3A Team 4</p> <p><u>SHOOTING</u> To Your Corner pg 33</p>	<p>U5-3B Team 2</p> <p><u>CONTROL</u> Think Fast pg 31</p>
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<p>U5-2A Team 1</p> <p><u>CONTROL</u> Think Fast pg 31</p>	<p>U5-2B Team 6</p> <p><u>SHOOTING</u> To Your Corner pg 33</p>	<p>U5-4A Team 3</p> <p><u>PASSING</u> Truck & Trailer pg 30</p>	<p>U5-4B Team 8</p> <p><u>DRIBBLING</u> Timber pg 49</p>
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1A moves to 1B; 1B moves to 3A; 3A moves to 3B; 3B moves to 4B;
4B moves to 4A; 4A moves to 2B; 2B moves to 2A; 2A moves to 1A

21-Jun

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U5-1

Team 5 vs Team 7

U5-3

Team 4 vs Team 2

U5-2

Team 1 vs Team 6

U5-4

Team 3 vs Team 8